



Peek At The Unique: Not Your Usual Home Tour



Peekers selling Chance at the Unique raffle tickets at Bailey's General Store

photos provided

submitted by Sue Denham

Now in its 17th year, Zonta's Peek at the Unique fundraiser offers a rare opportunity to islanders and others to "peek" into the fascinating homes of others – and also to support a cause that seeks to empower women and girls. Even rarer: you can still get tickets for the

event, coming up on Saturday, March 10.

"For those who have never gone on the Peek, this is not 'Parade of Homes,'" said Barbara Beran, event co-chair. "Zonta offers a white-glove, guided tour on air-conditioned buses, visiting four private and unique homes on the islands, homes that are lived-in yet unique in some way: the architecture, interior



Peekers boarding their bus on the 2017 tour

design, history or an element such as the homeowners' private art collection, antiques, pottery – or something else of interest."

The Zonta Club of Sanibel-Captiva created the Peek in 2002 and the event has grown in popularity, enabling Zonta to award more than \$1 million in grants to organizations, locally and globally, whose programs empower women and girls.

Special for this year: all four homes

featured are on water: on the Gulf of Mexico, on a bayou, a lake and a navigable canal. All four offer a never-before-seen "peek" into the homeowners' personal choices and styles, in homes with ages ranging from the 1970s (an updated Michigan home) to a post-hurricane remodel, to brand new.

At home base, the Sanibel Community Church on Periwinkle Way, and included

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Part I of II

BIG ARTS History: From Humble Beginnings

by Jeff Lysiak

From modest seeds of hope, planted by a small circle of inspired painters and poets, actors and artists, dancers and dreamers, has grown into a magnificent tree filled with ripe, colorful fruit.

"A group of Sanibel residents have formed an informal committee to explore ways of breathing life into the island's comatose cultural atmosphere," reads a newspaper report from July 13, 1979. That press clipping, part of BIG ARTS' large volume of historic artifacts filling massive scrapbooks, details the very humble beginnings of Sanibel's hugely popular arts-minded organization.

Almost 39 years ago, five islanders – Pete Smith, Ikki and Polly Matsumoto, and Emil and Bradley Fray – gathered in Smith's home. There, they envisioned an



From left, Davis Thurber, Shareen Groce, Pat Thurber, and Arlyn and Irwin Stein sorting through press clippings, posters, postcards, flyers and other artifacts from BIG ARTS' collection of historic heirlooms found in large bound volumes

photo by Jeff Lysiak

organization that would help promote the performing arts, fine arts and creative writers on Sanibel. That organization became known as the Barrier Island Group for the Arts, which was later shortened to BIG ARTS.

By the summer of 1979, the group grew to nearly two dozen members, who

held their third informal gathering at the Matsumoto's residence.

"The primary purpose of the meeting was to formulate a statement of principles and goals with which to govern the group's activities," a July 27, 1979 press clipping reads.

One of the first official events staged

by the group, Jazz On The Green, drew a crowd of nearly 400 music lovers. The inaugural concert featured the Edison Community College Jazz Ensemble. The following year, Peter Graves' Atlantean Driftwood Band, a 13-piece contemporary big band, along with Jaco Pastorius (of Weather Report fame) and Danny Morgan and his band performed before a crowd of more than 2,000. In its third year, a two-day music festival drew some 3,000 spectators.

Jazz On The Green, along with other events like the BIG ARTS Craft Fair, dance recitals, chamber ensemble concerts, workshops and film screenings helped the group grow very quickly in just a few years.

"The first meeting I remember was here... but this wall wasn't here and the Phillips Gallery wasn't built yet," recalled Irwin Stein, who along with his wife, Arlyn, have been a part of BIG ARTS' growth since 1982. "It was quite a group. Ikki and Polly Matsumoto were there, and so was Mike Klein, who had just served as mayor, and Pete Smith."

The Steins, along with several other longtime patrons, recently gathered at the

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Those who attended the SCCF Volunteer Appreciation Garden Party enjoyed lunch in the colorfully decorated pavilion at the Bailey Homestead Preserve photos provided

SCCF Celebrates Volunteers With Garden Party

More than 180 Sanibel-Captiva Conservation Foundation (SCCF) volunteers and guests gathered at the Bailey Homestead Preserve on February 27 for games, food and fun at SCCF's annual Volunteer Appreciation Garden Party.

Forty volunteers were honored for meeting milestones of service from five years to 25 years in all areas including activities at the Nature Center and the Native Landscapes & Garden Center, monitoring sea turtle and shore bird activity, working with the Hammerheads carpentry crew, being docents with Captiva Cruises, and serving on the board of trustees and other committees.

Volunteers, staff and guests challenged each other to games of bocce, croquet, bean bag toss and other garden games on the expansive lawn of the preserve before a lunch catered by Leslie Adams was served under the pavilion.

SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and

in the surrounding watershed through environmental education, land acquisition and stewardship, Native Landscapes & Garden Center, Marine Laboratory, natural resource policy, sea turtle and shorebird conservation, and wildlife and habitat management. Community support through membership dues and tax-deductible contributions, in addition to grants and staff-generated revenue, makes this work possible.

Volunteer Awards for 2016-17: Board of Trustees and Committees

- Bill and Tory Birch, 20 years
- Gwenda Hiatt-Clements, 20 years
- Linda and Tom Uhler, 20 years
- Deborah La Gorce, 15 years

Nature Center (Office, Trail Guides, Trail Blazers, Weeds & Seeds)

- Fran Cameron, 25 years
- Ed Rand, 25 years
- Inge Glissman, 25 years
- Sallie Soule, 25 years
- Sheilah Morley, 20 years
- Gillian Bath, 15 years
- Carol Gestwicki, 15 years
- Candice Ethridge, 15 years
- Pat Harig, 15 years
- Robin Kirk, 5 years
- Karl Werner, 5 years

Native Landscapes & Garden Center



From left, SCCF's Erick Lindblad with Hammerheads Wally Kain and Sandy Montclare.



From left, Erick Lindblad with board of trustees and committee honorees Gwenda Hiatt-Clements, Deborah La Gorce, Linda and Tom Uhler

- Joan Rogers, 15 years
 - Nancy Seaward, 15 years
 - Judy Evans, 10 years
- ## Sea Turtles and Shorebird Monitoring

- Red Anders, 25 years
- Irene Nolan, 15 years
- Claudia Burns, 15 years
- Linda Estep, 5 years
- Ann Heck, 5 years
- Donna Aldrich, 1,000 hours
- France Paulsen, 1,000 hours
- Diane Neitzel, 1,000 hours
- Nancy Riley, 1,000 hours

- Jewel Jensen, 500 hours
 - Mike Nabors, 500 hours
 - Marilyn and Philip Klaren, 500 hours
- ## Hammerheads
- Wally Kain, 9,000 hours
 - Demo Scutakes, 3,000 hours
 - Ed Riddlehoover, 1,000 hours
 - Ray Windust, 10 years, 500 hours
 - Sandy Montclare, 10 years
- ## Captiva Cruises
- Fay Carney, 20 years
 - Linda Tedeschi, 5 years
 - Jaye Boswell, 1,000 hours
 - Rich Garcia, 500 hours.✱



Sea Turtle and Shorebird monitoring volunteers, from left, Claudia Burns, Shorebird Coordinator Audrey Albrecht, Donna Aldrich, Jewel Jensen, Sea Turtle Coordinator Kelly Sloan, Diane Neitzel, Irene Nolan, Nancy Riley



Nature Center volunteers, from left, Robin Kirk, Carol Gestwicki, Fran Cameron, Gillian Bath, Living with Wildlife Educator Dee Serage-Century, Karl Werner, Sheilah Morley, Candice Ethridge and Ed Rand



Table buddies Gretta Livermon and Eden Fautz photos provided

Fun Times At Troll Crazy Hair Night

LOGOS kids at Sanibel Community Church showed up with colored hair, braided hair, and hair with all kinds of things attached to and woven into it on LOGOS Troll Crazy Hair Night recently.

After a meal of angel hair pasta, meatballs, salad, and cupcakes decorated with cotton candy hair and candy eyes, the kids were ready for Cheeto Head.



Jayden Alonso as Cheeto Head

Alonso was chosen by his table team to be Cheeto Head. After putting on goggles and a shower cap, the table parent applied a pile of shaving cream to his Jayden's head. His table team then tossed Cheetos at his head to see if they would stick.

This family fun midweek program happens each Wednesday for kids ages 3 years old through fifth grade.

Sanibel Community Church is located at 1740 Periwinkle Way.✱



Dinner dean Cindy Sifton interviews the winner of each grade category as they prepare for the final Stomp Off: kindergarten, Marlow Plassard; first grade, Daniel Tison; second grade, Brooks Selby; third grade, Kaylee Forsyth; fourth grade, Anna Anderson Kilgore (tying her shoe); and fifth grade, Heidi Hall photos provided

Camp Night At Sanibel Church

The LOGOS kids showed up in camp clothes recently at Sanibel Community Church. They had a stompin' good time as they anticipate this summer's camping program at Riverside Retreat. After a campfire foil dinner of cheeseburger, potatoes, carrots and s'mores, the kids had a Cup Stomp Contest. The loudest "pop" was the winner. This midweek family program involves families with children ages 3 years old through 5th grade.

Sanibel Community Church is located at 1740 Periwinkle Way.✱



The 2018 Cup Stomp champion Heidi Hall being congratulated by Cindy Sifton



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Captiva Island Historical Society

Landmark:
McCaul’s Tree House Gift Shop



McCaul’s Tree House Gift Shop photo courtesy Captiva Island Historical Society Archives

This week’s image features McCaul’s Tree House Gift Shop. The shop was owned by Dean and Wanda Marshall and was located north of the Captiva Post Office. The business sold driftwood, gifts and specimen shells. The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for more information. Visit the Captiva Island Historical Society website – www.captivaishistoricalociety.org/archives/research – to view many more images to bring you closer to Captiva.✧



Delaney Shankster and Pace Padgett support the Buy A Board fundraiser to help rebuild their preschool deck “one step at a time” photo provided

Donations Sought
For New Deck
At Preschool

The Children’s Education Center of the Islands (CECI) has been serving the families of Sanibel and Captiva for over 44 years. The preschool was set up as a nonprofit parent co-op in 1974 and was originally housed in the 50-year old pine building on the bay at the end of Bailey Road, which had been the home of Bailey’s General Store. Francis Bailey generously agreed to let the preschool

use the vacant building for \$1 a year. The preschool was founded with an emphasis on nature, science and the arts. Several years later, the preschool obtained its current location of a five-acre lot on Casa Ybel that was donated by the Sanibel-Captiva Lions Club and the Bailey family. Today, the preschool is still using the original buildings and decking that connected the buildings, but has plans to rebuild the 35-year-old deck due to the salty air and the deterioration it causes. If you would like to make a donation, send it to CECI, 350 Casa Ybel Road, Sanibel, FL 33957 and in the memo please note “Buy A Board.”✧

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OBITUARY



MARIA DE LOURDES CARLSON

Maria De Lourdes Carlson, 72, passed away in the loving embrace of her family on February 22, 2018. She spent her last months surrounded by her family, friends and a vibrant community that loved her dearly. A celebration of Maria's life was held on March 2 at Collective Church, 111 South Alabama Street in Deland, Florida.

Maria was born in Mexico City, Mexico on June 9, 1945 to her parents Mario Moguel and Dolores Coello

Moguel. She had a degree in elementary education, but passionately wanted to be a nun in the Roman Catholic faith. A vacation to Boston, Massachusetts changed her path forever when she met her future husband on a blind date. She remained devoutly Catholic and was forever a servant to her Lord and Savior. She married Roine Paige Carlson on November 8, 1969 and so began their adventurous journey that lasted 49 years, and allowed them to travel the world. They lived in Massachusetts, Pennsylvania, Kansas, Missouri, Mexico City and Minnesota. They finally decided to call Fort Myers, Florida their forever home, until Maria and Roine moved to Deland to have family assist with Maria's declining health.

Maria spent her working life teaching and volunteering as a social worker for the migrant community in South Florida, and as a translator for hospitals, within the judicial system, and in a college setting. She was passionate in every area of her life but especially when it came to her family. She always remained very connected to her family in Mexico, desiring nothing more than to be with her four grandchildren. She had collections of dolls, travel spoons, thimbles, Betty Boop, rosaries, watches, sunglasses...you name it, she collected it. She loved to dance, especially to the songs of her childhood and youth. She spent her last weeks dancing in her bed as best as she could, singing these songs that were the soundtrack to her life.

Maria was known to all who met

her as a loving friend. She was wildly mischievous, smart, funny and caring. She doted over her husband, children, grandchildren and their friends, as well as her pets, throughout her entire life. Her laugh and smile were infectious, and people couldn't help but gravitate to her. She made friends everywhere she ever went. She will be missed by all who knew her.

Maria is survived by her husband, Roine Paige Carlson of Fort Myers; her daughter, Natasha Watts (Mark) of Deland; son, Nathan Carlson (Kara) Bethlehem, New Hampshire; her four grandchildren, Baylor Watts, Grace Watts, Maya Watts and Nicholas Carlson; and her fur baby, Fluffy. She has too many aunts, uncles, nieces and nephews to name, but all were loved.*

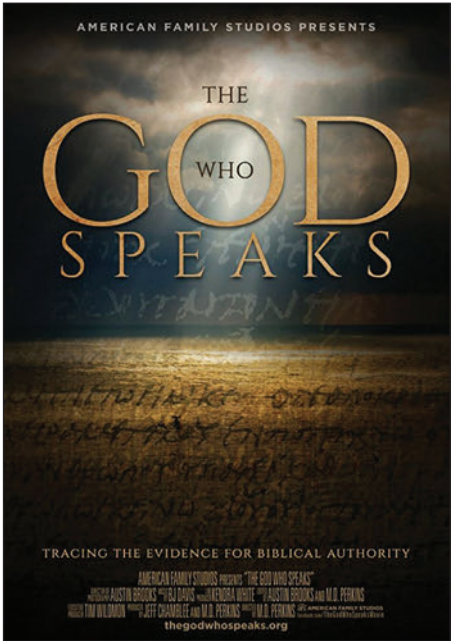
Dinner And A Movie Night At Sanibel Church

On Monday, March 12 at 6 p.m. in Fellowship Hall of the Sanibel Community Church, all are welcome to the debut screening of the new film *The God Who Speaks*. Dinner will be served prior to the film.

The God Who Speaks was produced by Bible scholars from around the world, presenting the message of the absolute reliability of the scriptures. Historic, scientific, archeological and theological perspectives are all brought to the table for this stimulating discussion. If you have ever wondered how the Bible came to be, and if it is reliably the "word of God," this film will answer many of your questions.

A love offering will be received for the meal.

Sanibel Community Church is located at 1740 Periwinkle Way



(next to Jerry's Market). For more information, call 472-2684 or visit www.sanibelchurch.com.*

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OBITUARY

**EUGENE LAWRENCE VIGLIONE**

Eugene Lawrence Viglione passed away on February 15, 2018 in Matthews, North Carolina.

Born in 1931 to Fedeli Franco and Caroline (Cantilina) Viglione, Gene was a fun-loving adventurer who thought nothing of moving over 80 times with his wife and their four children in tow, staying in each place until he got a

"better offer." Earning a full academic scholarship to New York City's Cooper Union wasn't satisfying enough for Gene, so he dropped out and began what would become a successful career in sales for Ford Motor Company, working in dealerships in New Jersey, California, Hawaii, Florida, Germany and Okinawa, selling cars from a card table he would set up outside the PX of military bases to servicemen returning to the United States. In the early 1980s, Gene purchased Valley Isle Motors and the Luau at the Marriott on Maui and in 2003 retired from Lexus of Beverly Hills.

Gene was a film producer and Screen Actors Guild actor who enjoyed bachelorhood for the past 20 years after having married twice, first to Vera Yonkers, mother of his four children – Victoria (Honolulu, Hawaii), David (deceased), Valerie (Fort Lauderdale) and Vanessa aka "Queenie" (Captiva) – and later to Evila Larez. An inspiration to his grandchildren Gaur, Amber and David and great grandchildren Sophia, Anthony, Ewan and Elle, Gene will be remembered as a Marine, outstanding salesman, Rotarian, light bringer, creative chef, friend to stray dogs, storyteller, wedding crasher, positive thinker and fan of surprise parties.

Memorials will be ongoing and take place worldwide, whenever friends and family gather.✱

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The Myakka River Bluegrass Band

photo provided

Bluegrass Sunday Service

One of the most popular services each year at Sanibel Congregational United Church of Christ is Bluegrass Sunday, which this year will be held on March 11. The Myakka River Bluegrass Band, a group that performs regularly in Southwest Florida and has an enthusiastic following, will play during the 9 and 11 a.m. services. The choir will join in at 11 a.m. with an anthem that fits the occasion.

Then, on Palm Sunday, March 25, the Suncoast Brass will play at both the 9 and 11 a.m. services. The choir will sing at both services on both Palm Sunday and

Easter, April 1.

These services with special music continue a long-standing tradition. The church also offers a chapel service at 7:45 a.m. every Sunday, at which John Fredericks usually plays the prelude. The trio of saxophonist/song leader Shawn Allison, pianist Abbey Allison and guitarist Dave Dust play for blended services at 9 a.m. and the choir, directed by Dr. Elwood Smith and accompanied by organist Norm Libby, sing at the 11 a.m. services.

Everyone is welcome to attend. There is a fellowship hour after the 9 a.m. service every Sunday, except on Easter.

The church is located at 2050 Periwinkle Way, across from Periwinkle Place. For more information, call 472-0497 or visit www.sanibelucc.org.✱

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Council Weighs Action On Special Events

by Jeff Lysiak

During Tuesday’s Sanibel City Council meeting, a trio of agenda items dealing with special events – SCCF’s Beer in the Bushes, San Cap Motor Club car shows and The Sanibel School’s Seahorse Festival – generated a substantial amount of discussion. By the end of the session, actions taken by council regarding all three events appeared to have been resolved with positive results.

First, a request from the Sanibel-Captiva Conservation Foundation (SCCF) to allow six food trucks to be parked at their Nature Center property on Sanibel-Captiva Road for the March 31 Beer in the Bushes fundraiser included verbiage to approve the request “for every year the event is held thereafter.”

Vice Mayor Mick Denham questioned whether it was appropriate to “grandfather” the special event permit. “It makes more sense to me to approve this every year rather than approve it in perpetuity,” he said.

Cheryl Giattini, SCCF’s campaigns and legacy program director, reported that the organization would be happy to come back for the permit request annually, if the council requested that action. “Our capacity is maxed out,” she said of the six food trucks. “We just didn’t want to bother you with the same request, year after year.”

Following a brief discussion on the subject, all council members agreed that unless there are any substantial changes in the plans for the event – including the number of trucks attending Beer in the Bushes – the city could agree to approve the permit indefinitely.

“It sounds like this has been a very successful event for you,” said Councilwoman Holly Smith. “If there are going to be any changes, certainly you would want to come back to us.”

Giattini confirmed that SCCF would comply with that request, and councilors approved the permit request unanimously.

Next, the owners of Periwinkle Place

Shopping Center requested a permit to conduct six additional San Cap Motor Club car shows (in April, May, September, October, November and December). Traditionally, the organizers of the seasonal automobile, truck and motorcycle displays had never been required to obtain a permit from the city to conduct the free event, held from 9 to 11 a.m. on the first Saturday of every month.

San Cap Motor Club member Scot Congress reported to the council that during February’s monthly “cruise-in,” some people attending the event inadvertently parked on adjacent properties and walked over to the car show. A member of the city staff observed this, and reported the incident to the club. Congress told the council that usually, people attending the event are directed to park onsite, within Periwinkle Place Shopping Center, utilizing spaces in the rear of the property. “We only use 20 percent of the parking spaces available at the center,” noted Congress. “And we’re out of there by 11 a.m.”

After being assured that the club will provide personnel to direct traffic to park in onsite spaces, Mayor Kevin Ruane suggested that he didn’t feel the San Cap Motor Club needed to apply for a special event permit, since last month’s issue appeared to be an isolated incident. Ruane’s fellow council members agreed.

Finally, The Sanibel School’s PTA representative Kimberly Paulus addressed the council with a request to allow alcohol to be served at the upcoming Seahorse Festival fundraiser, to be held on the grounds of Sanibel Community Park on April 21.

Paulus submitted a site plan for the event, which for the first time will be held on city property. In previous years, the festival had been held on the school campus as well as at The Dunes Golf & Tennis Club. However, on school grounds, alcohol sales or raffles are not allowed.

The major sticking point in approving the PTA’s request was parking, as both City Manager Judie Zimomra and Public Works Director Keith Williams noted. In addition to the Seahorse Festival that day, the Sanibel Community Association (SCA) has rented The Community House

for a wedding, and the Herb Strauss Theater has a performance that evening, making parking at both Periwinkle Way properties a considerable problem.

The Seahorse Festival, with games, inflatable activities, a performance stage, food and wine vendors, and a ticket/ID area, is expecting attendance to be “around 350 people,” with an additional 100 to 125 people from school and vendor workers along with event volunteers. NBC2’s Peter Bush will emcee the event.

After debating the parking dilemma, Richard Johnson of Bailey’s General Store suggested that the festival be pushed back one week, to April 28. Paulus responded that the alternate date would conflict with the school’s eighth graders being able to attend, since that is the weekend for their class trip to Washington, DC. However, after some additional debate, all agreed that moving

the event to April 28 would be the best available option.

“Logistically, the 28th seems like a better date,” said Ruane. “When you’re competing with other events on the same date, you don’t do as well. Everything about it just makes sense. You’ll have an opportunity to make more money.”

In other business, council approved the appointment of Matthew Kirchner to the city’s planning commission. Kirchner will fill the seat of John Talmage, who stepped down due to business commitments off island. Nine island residents had submitted applications to be considered for the appointment.

Kirchner was appointed following a nomination vote of 4 to 1, having been nominated by Ruane, Denham, Smith and Chauncey Goss; fellow applicant Tim Garmager had been nominated by Jason Maughan.*

City Of Sanibel Vegetation Committee Guided Native Vegetation Tours

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next tour dates are:

Wednesday, March 14 and Saturday, March 24;

Wednesday, April 11 and Saturday, April 28.

The guided tours begin at 10 a.m. at the bottom of the city hall main staircase.

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer, and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to city hall, located at 800 Dunlop Road. For more information, contact the city’s natural resources department at 472-3700.

*The Natural Resources Department section of the city’s website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel’s vegetation standards and codes, and the Environmental Reference Handbook prepared by the city’s vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.**



Rain Lily (*Zephyranthes Simpsonii*)
photo provided

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USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.
Postmaster: Send change of address to Island Sun,
1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
Published every Friday for the people and visitors of Sanibel and Captiva Islands.
Distribution: 8,000 - 10,000 per week (seasonal).
Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class
U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150
one year, six months \$75 (Allow 3-5 days for delivery).
Prices include state sales tax. Send subscription requests to:
Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
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Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation.fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 12, 2017 thru April 29, 2018 11580 Chapin Lane, Captiva 472-1646

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Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and

childrens church in the main sanctuary, 9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Workshop Service with Sunday School and nursery care at 9 a.m. 2050 Periwinkle Way 472-0497 www.sanibelucc.org.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion

Service Monday and Tuesday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service - third wednesday 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.*



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Rabbi To Give Talk On Common Goals

On Sunday, March 11, the Unitarian Universalists of the Islands will meet in the Fellowship Hall of Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way. The service begins at 5 p.m. The title of Rabbi Stephen Fuchs's talk will be Shared Sources, Common Goals. The public is welcome to attend.

Fuchs assumed the pulpit at Bat Yam Temple of the Islands in September. He is also rabbi emeritus at Congregation Beth Israel, has been a strong advocate for universal health care, playing a significant role in the passage of legislation for access to quality, affordable health care in Connecticut. He is a former president of the World Union for Progressive Judaism. During his extensive travels, Fuchs and his wife, Victoria, have visited many churches and schools in Germany to help educate young people about the significance of the Holocaust. His overarching message to the German students is this: "Wir können die Vergangenheit nicht ungeschehen machen." Translated: "We cannot undue the past, but the future is ours to shape."

Fuchs earned his doctor of ministry in biblical interpretation from the Divinity School in 1992. The graduate of Hamilton College was ordained a rabbi at Hebrew Union College-Jewish Institute of Religion. There he also received a bachelor and a master of arts in Hebrew letters, as well as a graduate certificate in Jewish communal



Rabbi Stephen Fuchs photo provided

studies. He was awarded an honorary doctor of divinity from HUC-JIR in 1999.

Fuchs served synagogues in Columbia, Maryland and in Nashville before moving to Congregation Beth Israel in West Hartford, Connecticut, where he was senior rabbi from 1997 to 2011. Under his leadership, one of the largest food drives of its kind in the United States was launched. He also has spoken out against violence in sports and the media.

The rabbi is the author of four books: The first book, *What's in It for Me? Finding Ourselves in Biblical Narratives*, is based on his Vanderbilt doctoral dissertation and has been translated into German, Russian and Spanish. Additional

publications include *Tora Highlights*; *Why the Kof? Getting the Best of Rabbi Fuchs*, a collection of his essays and blog posts, and *Why Triple Chai?***

Theological Studies On Sexuality, Guns

The Rev. Dr. John H. Danner will offer two theological studies courses on Wednesdays in March at Sanibel Congregational United Church of Christ. The first, A Theology of Sexuality, will be held on March 7 and 14. On March 21 and 28, he will present God, Guns and the Good Old USA. Each individual class will be presented in identical sessions at 10 a.m. and 7 p.m. These courses will be held in Fellowship Hall at the church, located at 2050 Periwinkle Way, and are free and open to the public.

Describing the March 7 and 14 course, A Theology of Sexuality, Pastor Danner said, "Through time people of faith have often been very leery to discuss sexuality. Yet in the Christian tradition, there are many instances of theologians who placed a great emphasis on the relationship between our sexual and our spiritual selves. Indeed, the Biblical book of the Song of Songs is often understood to be a piece of erotic literature.

"This course will examine how sexual issues are approached in the Bible, in the writings of various theologians of the past and the ways changing understandings of gender identity and sexual orientation

can be incorporated into a theological perspective. We will examine a variety of issues including what it means to be transgendered, the importance of an accepting approach to differing sexual orientations, and the role of ethics in discussions of sexuality," Pastor Danner said.

The March 21 and 28 course, God, Guns and the Good Old USA, will cover the history of gun rights and gun control in the history of the United States. The course will explore how the Second Amendment came into being and the various ways it has been interpreted over the last two centuries. It will also explore the various ways theological language has even been used in the debates over gun control. Pastor Danner will discuss possible ways to address gun violence in the United States, as well as the positions taken by various religious organizations on the current state of affairs in the United States.

"Both of these courses will be dealing with current issues at the crossroads of societal concerns and morality," said Pastor Danner. "While we will need to explore some of the basic historical, scientific, psychological and sociological issues involved in matters of sexuality and gun violence, we will be focusing especially on the theological conundrums presented by these two volatile issues.

"The temptation is always to see these things as new issues, as twenty-first century concerns, as matters that have only become important/relevant in our own day," he added. "But the reality is, we human beings have been wrestling

continued on page 12

Things have changed...

On October 28, 2016, Fr. Senk, Pastor of St. Isabel Catholic Church, was placed on administrative leave by Bishop Frank Dewane. Using a dismissed, meritless case as his justification, a case that had been closed by the Lee County Sheriff's Dept. and the State Attorney's Office months before, Bishop Dewane banished Fr. Senk from the St. Isabel property. Vehemently denying the false accusations against him, Fr. Senk is resisting Bishop Dewane's attempt to remove him from the priesthood. Over 500 parishioners supporting Fr. Senk have formed a group known as **Parishioners For Justice**. Since its formation, PFJ has vastly increased in the number of parishioners supporting Fr. Senk. As a group they have hired both a canon lawyer and civil lawyers to defend Fr. Senk against the actions brought against him by Bishop Dewane. In June 2017, Bishop Dewane sent the case to Rome seeking to permanently end Fr. Senk's 41 years as a priest.

In the 16 months since his removal, not only has Fr. Senk painfully suffered undue humiliation and the loss of his right to perform his duties as a priest, but parishioners, dissatisfied and spiritually unfulfilled by the temporary "priest in residence", have chosen to go off-island to other Catholic churches or attend the more welcoming St. Michael's Episcopal Church on Sanibel. A widely shared sentiment is that the church is no longer a joyful community without Fr. Senk.

Other changes have happened at the church that have also caused parishioners and visitors to stop attending Masses at St. Isabel Church. The forced resignation of the talented music director and other changes made by the "priest in residence" and the office manager have created an unpleasant atmosphere. It is difficult to imagine that those responsible for what has been taking place at St. Isabel don't realize that their actions only aggravate an already devastating situation. Some parishioners who still attend St. Isabel maintain that they are "fine", but church officials cannot deny that attendance is drastically diminished. The Orchid Ball always "sold out" with 200+ under Fr. Senk, but on February 23, 2018 it was attended by only a fraction of that number, even with complimentary tickets being given to some parishioners.

Understandably upset by what has happened to Fr. Senk and to their beloved parish, parishioners have expressed their discontent by withholding financial support, 26% of which is taken by Bishop Dewane and the diocese. Some parishioners have reluctantly stopped performing their personal ministries due to the actions of the "priest in residence" and the office staff, and most social and charity functions sponsored by the church's Women's Guild have been canceled because of new draconian restrictions imposed by the staff and diocese. However, unwilling to cease their charitable work in the community, a group of Sanibel Catholics is now holding their charity and social events at other locations.

While Bishop Dewane and the parish staff work against Fr. Senk and his supporters, Parishioners For Justice continue to fight for Fr. Senk and their Parish. If you would like to find out more about Fr. Senk's case, go to parishionersforjustice.com. Sign up to be a Follower and receive current notifications about the Tuesday morning Prayer Services for Fr. Christopher and many other topics pertaining to his case.

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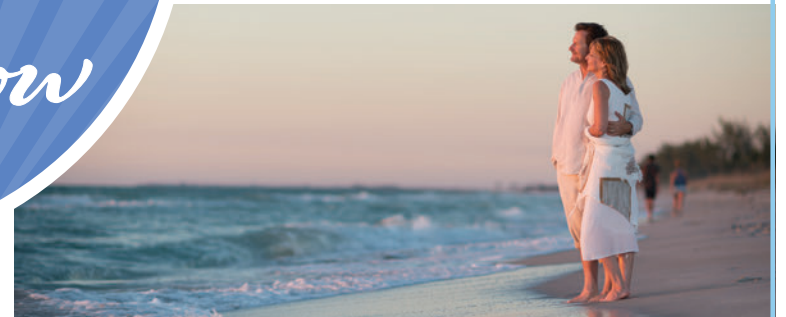
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LOCATION: Sanibel Community House
2173 Periwinkle Way, Sanibel Island

DATE: Wednesday, March 14, 2018

TIME: 9:30 a.m. — 11:00 a.m.

Refreshments will be served. Reservations are required.



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What's Happening At The House

Mon., March 5

Kids Cooking 2:30-5:30pm
\$35

Wed., March 7

Hands On Cooking 10am - 1pm
"Soups & Sauces"
\$75/Members, \$95/Guests

Thurs., March 8

"Beachy Stool" 6 - 9pm
Art By You with Jenny
\$75/ Member, \$85/Guest

Mon., March 12

"Color Your Life" Noon - 2pm
Decorating Den Topic & Lunch
\$30

Wed., March 14

Art by You with Jenny 6 - 9pm
Painting on silk
\$80/Member, \$90/Guest

Mon., March 19, 5 - 7pm

Cooking Demo "Desserts"
\$75/Members, \$95/Guests

Photos & Postcards 7pm
\$7/Ticket

Tues., March 20

How Does Your Garden Grow 11am
"MicroGreens" Farmer Ken Ryan \$30

Art by You with Jenny 6-9pm
"Painted Glassware" \$40/Members, \$50/Guests

Wed., March 21, 7 - 9pm

Colorful Sips with Sissi
\$50/Members, \$60 Guests

Sun., March 25, 4 - 6pm

Foodies & Yogies \$49/Person
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www.SanibelCommunityHouse.net

Visit www.SanibelCommunityHouse.net
for more information



The Community House

SANIBEL COMMUNITY ASSOCIATION

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OBITUARY

MARY MARGARET WATSON

Mary Margaret Watson, age 85, of Sanibel, Florida, died peacefully surrounded by family on Thursday March 1, 2018. Born in 1932 in Lake Placid, New York, the daughter of Daisy and Julian Reiss, Mary grew up in Lake Placid, New York. She attended St. Bernard's School in Saranac Lake, New York, received a bachelor's degree in social studies from Barry College in 1953 and received her master's degree in religious education from Fordham University.

Mary worked as an elf at Santa's Workshop, founded by her father in Jay, New York. In addition to the theme park activities, she was involved in Operation Toy Lift and the Macy's Thanksgiving Day Parade float. Through her position as the director of religious education at the Church of St. Augustine in Larchmont, New York, she dedicated her many talents to inspire and educate youth about the Catholic faith.

Throughout her life, she was deeply involved in the Catholic church and numerous charities. She taught catechism and served on the Parish Council at Saint Mary's Church in Greenwich, Connecticut and was a member of Greenwich Ecumenical World Hunger Organization. She was also a lector and eucharistic minister at Saint Mary Church and Our Lady of the Assumption Church in Fairfield, Connecticut. She was a member of the Resurrection Choir in Our Lady of the Assumption Church and the choir of

St. Isabel Church, Sanibel, Florida. Mary also had the special honor to be a Lady of the Holy Sepulchre of Jerusalem.

Mary was an active member and contributor to the Friends of the Library in Easton Connecticut, Mercy Care for the Adirondacks, Lake Placid Sinfonietta, the Upper Saranac Lake Association, and The Wild Center in Tupper Lake, New York. Mary shared a lifetime love of reading, skating, skiing and sailing, and was an accomplished singer and musician. For all of her accomplishments, her greatest joy came from her family.

She was married in 1958 in Saint Agnes Church, Lake Placid, New York to John James Watson and they celebrated a wonderful 50 years together. She is predeceased by her husband and two brothers, Robert and Thomas Reiss. She is survived by two brothers: Paul, Lake Placid, New York and Peter, Westport, Connecticut and sister Patti Brooks, East Lyme, Connecticut; five children, John Gavin Watson (Andrea Heap), Ridgefield, Connecticut; James Thomas Watson (Brenda), Trumbull, Connecticut; Mary Margaret Watson (John) Parachute, Colorado; Miriam Ann Monahan (Thomas Jay) Novato, California; and Moira Elizabeth Hollums (Mark) Easton, Connecticut; in addition to six grandchildren, Sarah, James, Mary, Mackenzie, Mark, and Cameron; and two great granddaughters, Elisabeth and Kristen.

Arrangements are being handled through MB Clark, Inc. Funeral Home, Lake Placid, New York. Funeral services will be held at Saint Agnes Church in Lake

Placid, New York on Saturday, March 10 at 11 a.m. A special memorial service was held at St. Pius X Church of Fairfield on Thursday, March 8 at 10:30 a.m. There will also be a memorial service at St. Agnes Church on July 28 at 10 a.m. followed by interment at St. Agnes Cemetery.

Donations are suggested to charitable organizations that had great significance for her including the Julian Reiss Foundation in Lake Placid, New York, Mercy Care for the Adirondacks, and The Wild Center.

Relatives and friends are invited to share a memory, order flowers, upload a photograph or leave condolences at www.mbclarkfuneralhome.com.✱

CECI Yard Sale This Saturday

The Children's Education Center of the Islands (CECI) is holding its annual yard sale on Saturday, March 10 from 7 to 11 a.m. This huge, multi-family sale will feature many gently-loved items, including children's and adult clothing, toys, bicycles, books, furniture, strollers, baby gear and goodies for grown-ups.

Donations are also accepted. Bring your items to CECI, located at 350 Casa Ybel Road on Sanibel. All proceeds benefit the nonprofit preschool, which serves children ages 12 months to 5 years whose parents live or work on the islands.✱

From page 10

Studies

with sex and violence from the beginning of human history.

"Lent is a season of reflection, a season of contemplation. And while it might seem a bit odd to be exploring such issues in the season of preparation for Holy Week and Easter, I propose that this is exactly the right time to look at them. For our faith is rooted in the story of Jesus, a man whose birth was surrounded by sexual questions and whose death happened in a most violent way. From the beginning, it included questions about sex and violence, and how to make sense of them. How appropriate, then, that we ask such questions of our own day and our own lives."

For more information, call 472-0497 or visit www.sanibelucc.org.✱

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Lynne Dugan photo provided

Chapel By The Sea To Host Organ Recital

On Sunday, March 11 beginning at 2 p.m., Captiva's Chapel by the Sea will present an organ recital by Lynne Dugan. The recital is free of charge and all are welcome to attend.

Dugan has served as the chapel's music director and organist for 11 seasons. She will play a varied selection of her favorite music. From Bach's *Prelude IV* to the spirituals *It Is Well With My Soul* and *Swing Low*, Dugan has planned a special repertoire.

A graduate of the Conservatory of Music at Baldwin Wallace College in Berea, Ohio, Dugan earned a bachelor of music education degree with a major in organ performance. She has been active as a church musician, theater pianist and public school music teacher.

Captiva's Chapel by the Sea is located at 11580 Chapin Lane.✧

Passover Seder Celebration

According to the Hebrew lunar calendar, the Passover festival this year begins in March rather than April. Temple Bat Yam will hold its community Passover Seder on Friday, March 30 at 6 p.m. at The Community House, located at 2173 Periwinkle Way. Rabbi Stephen Fuchs will lead the Seder with the musical assistance of Cantor Murray Simon. It is expected to be a moving and memorable evening of remembrance, family, friends and food.

Every spring, Jews around the world celebrate the Passover holiday to commemorate the liberation of the ancient Israelites from Egyptian slavery. The story is described in the *Hebrew Bible* (Old Testament) in the *Book of Exodus*. Passover also serves as the spring harvest festival.

The name of the holiday derives from the last of the 10 plagues inflicted to convince the Egyptian pharaoh to let the Israelite slaves go from Egypt. The doorposts of the Israelites were specially marked so that the Angel of Death would know to "Pass Over" the Jewish households.

When the Egyptian pharaoh finally relented and freed the Israelites, it is said that they left in such a hurry that they could not wait for the bread dough to rise (leaven). Therefore, the tradition has continued so that for the duration of the Passover holiday, matzos – flat, unleavened bread – is eaten.

The Jewish family-oriented Passover Seder meal is steeped in tradition and

ritual. The focal points of the Seder are matzo to remember the hasty departure, bitter herbs as a taste of the bitter slavery in Egypt, and wine to celebrate freedom. The *Haggadah* is the special textbook that describes the events that bring the Israelites from slavery in Egypt to freedom. Reading the *Haggadah* fulfills the biblical obligation to make the story known to our children so that the message and meaning are not forgotten.

The Passover Seder will be a catered dinner including all the favorite traditional foods, supplemented by some homemade dishes and desserts. Guests are encouraged to bring their own personal Seder plates, matzo covers, Elijah and Miriam cups and any other

traditional Passover Seder table items to create a homelike ambience. The food items for the Seder plates will be provided.

To make reservations, contact Temple Bat Yam's event coordinators Sue Danford at 579-0744 or Annette Pacyga at 941-740-1650 for information about the cost, reservations and where to send your check to guarantee seating.

The Sanibel, Captiva and Fort Myers communities are welcome to join with Temple Bat Yam congregants, family and guests for this special evening, but reservations and payment are required. The deadline for reservations is Tuesday, March 20 and space is limited.✧



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Plant Smart

Irrepressible Blue Mistflower

by Gerri Reaves

Blue mistflower (*Conoclinium coelestinum*) is native to Florida and found throughout the state, indeed, in much of the eastern U.S.

In the wild, it usually grows in moist areas along ponds or in wet meadows, ditches, woods, or marshes. Over-irrigated landscapes welcome it too.

Other names for this member of the aster, or daisy, family include false or wild ageratum, pink eupatorium, hardy ageratum and blue boneset.

This short-lived perennial easily self-propagates -- so well that some people consider it an invasive weed in some settings.

It spreads via root-like underground stems called rhizomes, as well as by abundant seed dispersal.

The one- to three-inch leaves are opposite, oval or triangular, toothed, coarse, and hairy.

The showy flowers bloom in dense flat clusters on branched stems at the top of the plant. Flowerheads hold up to 70 flowers.

Colors range from soft blue to lavender to pink or violet -- thus the term *coelestinum*, which means "sky blue." The soft fuzzy appearance created by long stamens inspires the term mistflower.

As is sometimes the case with asters, its flowers consist of only disk flowers



Densely packed flowerheads with long stamens give the blue clusters a soft fuzzy look photo by Gerri Reaves

and lack ray flowers, or petals.

This fast grower reaches one to three feet tall and is especially pretty as a mass planting. It blooms all year, but more plentifully in summer and fall.

It will grow in almost any soil but prefers rather rich soil and plenty of moisture. It blooms best in full sun but will tolerate some shade. It is not salt tolerant.

It's perfect for a natural garden, providing nectar for native butterflies and skippers and attracting other pollinators.

Propagate it with seeds or by division.

The tiny black elongated seeds have white hairs on one end.

In traditional medicine, it is used as a cold and cough treatment.

Sources: *Gardening for Florida's Butterflies* by Pamela F. Traas, *Native*

Florida Plants by Robert G. Haehle and Joan Brookwell, *Wildflowers of Florida Field Guide* by Jaret C. Daniels and Stan Tekiela, www.floridata.com, www.fnps.org, www.plants.usda.gov, and www.regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.*



Art collections are among the rare treats offered on the tour

images provided

From page 1

Home Tour

in the ticket price, "Peekers" enjoy taste treats provided by island restaurants and caterers before boarding their assigned bus for the three-hour tour. A keepsake booklet will be included. During the mid-day hours, there will be music by Sanibel's own Danny Morgan.

Also on tap will be the opportunity to purchase raffle tickets for Six Chances at the Unique, with prizes ranging in value from \$550 to \$1,000 and with something for everyone. One more treat: Peekers may bid on a five-night stay in a luxury New York City apartment, donated by a Zonta member and her husband.

Most of all, with innovations such as these and the support of generous island businesses and individuals, Zonta has raised more every year, even as needs have grown. Zonta focuses on improving women's safety, health and economic

opportunity. In that spirit, through partnership with Community Housing & Resources (CHR), Sanibel's affordable housing provider, Peekers are invited to visit one of CHR's island complexes, Casa Mariposa, from 10 a.m. to 2 p.m. before or after their tour. Below market rate housing is an integral and unique part of living on Sanibel and Zonta is proud to add this opportunity to the 2018 Peek.

Tickets are \$100 each, plus a small service fee, available through EventBrite, but only until March 9. Go to www.Zonta2018Peek.EventBrite.com and scroll down for choice of afternoon departures.

However, on March 10, Peek Day, you may take a chance. Stop by the Sanibel Community Church on Periwinkle Way to check on ticket availability. Checks and credit cards are accepted.

Zonta's foundation is a 501(c)3 and all donations are tax-deductible to the full extent of the law. For more information on this award-winning club, visit www.zontasancap.com.*

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Lecture Hails Preservation Of Wilderness

In the oversized, richly illustrated coffee table compendium *Wildlands Philosophy: The Great American Tradition*, author Tom Butler tells the stories of dozens of generous, conservation-minded Americans who have helped save the nation's wilderness. On Friday, March 16, the author will be presenting two free programs at 10 a.m. and 1 p.m., part of the 2018 "Ding" Darling Lecture Series at JN "Ding" Darling National Wildlife Refuge.

Vice president for conservation advocacy for Tompkins Conservation and past board president of Northeast Wilderness Trust regional land trust, Butler is a longtime conservation activist focused on wilderness and biodiversity. On the heels of his *Plundering Appalachia; The Tragedy of Mountaintop Removal Coal Mining; Wild Earth: Wild Ideas for a World out of Balance*; and other books, *Wildlands Philosophy* tells tales of struggle and success. Butler said he found both inspiration and a greater appreciation for the way protected areas have richly affected the American experience, offering blessings of beauty, wildness and hope to future generations.

The author will sign copies of the book, available in the Refuge Nature Store, following the two lectures. Proceeds from Nature Store sales directly benefit refuge wildlife, education and research.

HighTower/Thomas & Swartz Wealth



Tom Butler

photo provided

Management sponsors the free 12-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures will be held twice each Friday at 10 a.m. and 1 p.m. (also at 3 p.m. for the March 23 lecture). The season's schedule of remaining lectures follows.

Seating is limited and available on a first-come basis. Early arrivals can save one extra seat each with personal items and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to enjoy the free Visitor & Education Center, Indigo Trail and recreational opportunities at Tarpon Bay Explorers, the refuge's official

continued on page 30

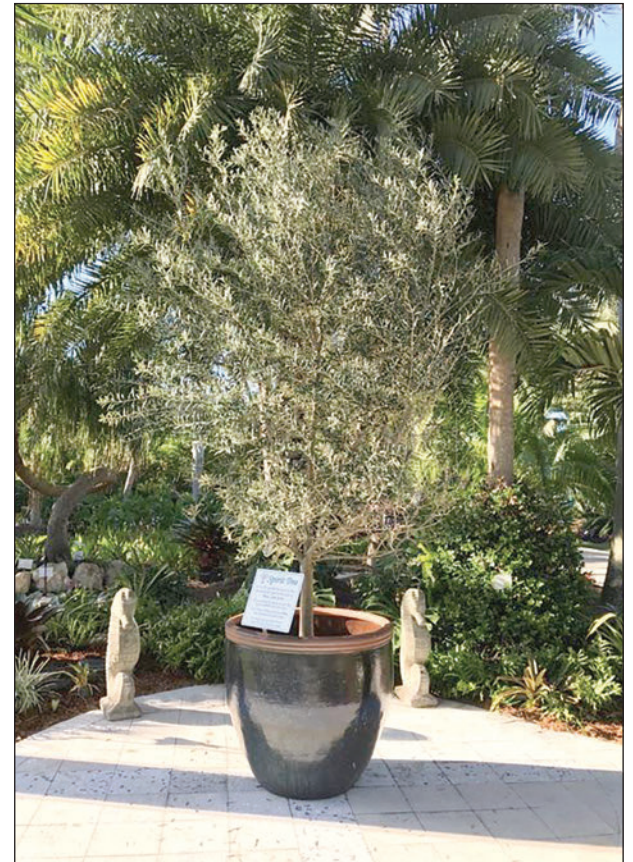
Spirit Tree Blessings For Nonprofits

RS Walsh In The Garden has planted a spirit tree that will benefit island nonprofits. The olive tree was chosen because it represents love and charity. The Captiva Island Historical Society (CIHS) is the March recipient.

Established in 2011, CIHS is committed to the gathering, preserving, interpreting and sharing of Captiva's history while providing education about the remarkable people and events that have shaped its past.

"We are inviting everyone to stop by and add their good thoughts, well-wishes and blessings to our spirit tree," said Lisa Walsh, owner of In The Garden and RS Walsh Landscaping. "Canvas tags are available in our gift shop for \$2, and the entire amount will be donated to different local charity each month."

RS Walsh In The Garden is located at 3889 Sanibel-Captiva Road, across from The Sanibel School, and is open Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 9 a.m. to 1 p.m. For more information, call 395-5859 or visit www.rswalsh.com.✱



Spirit tree

photo provided



Sanibel Historical Village

Sanibel Historical Village Announces Changes In Its Remaining Twilight Talks Schedule

March 20, 7 p.m. at The Community House
In the Founders' Room
Gramma Dot's story told by her granddaughters...
how they all came to Sanibel

Gramma Dot came to Sanibel full-time in 1965 and was a friend of Priscilla Murphy, from whom she bought real estate in 1948. Hear how her granddaughters went to the Sanibel School - with Charlotta Matthews as their bus driver.

Tickets are \$10 each. Seating is limited; reserve your seat today.

For more information, contact Emilie at 472-4648

or via email at info@sanibelmuseum.org

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A Challenging Yet Gratifying Week



by Capt. Matt Mitchell

So we thought we had dodged winter, then the first week of March starts off with two cold fronts bringing us wind and cold like we have not had to deal with since January. With the warmest February on record behind us, the jet stream has now dipped down lower as it usually does in March, bringing us a weather pattern that I'm sure will include more cold and windy days. With the crazy February heat wave, we went more than a month without a single weather-caused trip cancellation. Now only three days into March, we have already started rescheduling and juggling trips due to the bad weather. When Mother Nature is your boss, you just have to take the good with the bad.

This week's fishing brought some of the slower action I have dealt with in months, although we always ended up catching good fish. We avoided the passes all week to stay away from patchy red tide that would kill your live well full of bait, and then had constantly changing wind direction making us really work for every decent fish we caught. Days included going from spot to spot with only a few bites here and there, then as soon as it got right, we would catch all of our quality fish in basically one location and make the trip.

One such memorable day like that this week came after a few slow hours with only a handful of ladyfish and trout caught until we hit the lotto with three large snook, a big jack crevalle and a small tarpon all within 15 minutes at one place. This was a great way to finish out a trip but it's extremely frustrating when it goes down like this as a guide. If I could only spread out those quality fish over the length of the charter it would be a great day. But you don't get to pick when it happens, and I will happily take em when they choose to feed. Every day this week, it took lots of patience and persistence to get the job done.

Most of my week's fishing was spent in the southern end of the sound on grass flats, oyster bars and deeper mangrove, basically doing whatever type of fishing it took to bend the rods. We would often change up the target species when we struck out. We did manage to catch snook, big gator trout, ladyfish and an occasional redfish, even though

the action at times was just slow. Every part of this week was just much more challenging than usual. When I reflect back at the week's fishing trips, we had some real quality fish including some of the largest trout I have caught in a while. But changing wind and conditions just never allowed the fish to get into any kind of pattern. Everyday was like starting from scratch when usually I can take clients to where I caught fish on the same set-up the day before and have success.

After fishing 'Ding' Darling with great results all winter long, the snook and trout fishing in these mangrove creeks totally grounded to a halt. I would guess this was due to slight effects of red tide pushing into the refuge and making the fish move out. For some reason, this almost guaranteed winter fishery simply quit. Even when I chummed live shiners, there was not a single blow-up by even a mangrove snapper, which have been in there by the thousands. I did see a few dead mullet on the bottom in some of my favorite 'Ding' Darling creek systems, but schools of happy mullet along with sheepshead swam by the boat in the clear water unaffected.

With a stronger secondary cold front forecast to come through later this week, the big cool-off will do wonders for the spawning sheepshead bite and also push lots of snook and trout back into the sheltered mangrove creek systems. Our winter fishery can be challenging and is all about adapting to what the day's conditions are. This year has proved an extreme February heat wave can move fish into an open water, spring-like pattern before pushing them back into the sheltered waters of winter as we get another major cool down. From tarpon fishing back to sheepshead fishing all in a week, welcome to March.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱



Mauri Sheer with a gator trout caught this week while fishing with Capt. Matt Mitchell photo provided

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.

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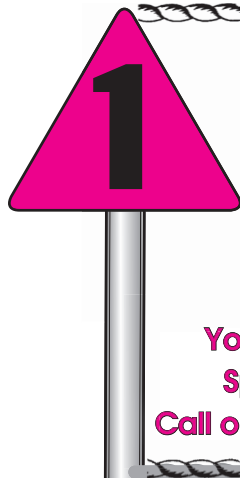


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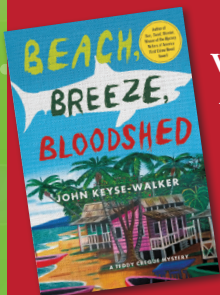
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Shell Of The Week

Modest Triphora



by José H. Leal,
PhD, Bailey-
Matthews National
Shell Museum
Science Director
and Curator

Many believe
that the
Lightning
Whelk,
Sinistrofulgur
sinistrum, is the

only left-handed gastropod in our area. The fact is there are a handful of local species in the family Triphoridae that also display that feature. (Most species of Triphoridae are left-handed.) Of those, the most commonly found is the Modest Triphora, *Marshallora modesta* (CB Adams, 1850). The shell is small, reaching at most 5 mm (about 0.2 inch), and typically with three spiral rows of whitish beads set against a glossy-brown background. Triphorids live in association with sea sponges (which in turn may be found living on rocks and other hard surfaces). Learn more about local mollusks at www.shellmuseum.org/shells/southwest-florida-shells.

Shell Museum Events

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The Modest Triphora, *Marshallora modesta*, from Sanibel

shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233.

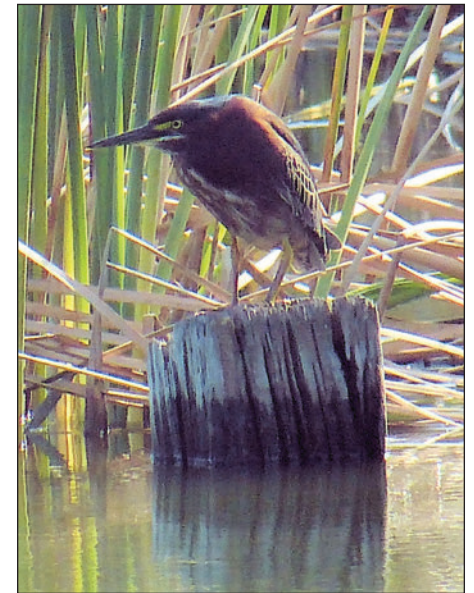
The Bailey-Matthews National Shell

Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.✱

photo by José H. Leal



Pond Apple Trail Bird Walk



Green heron photo by Sam Huntington

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, March 10 at Pond Apple Trail on Sanibel. Participants will meet in the Matzaluna Restaurant parking lot (nearest Periwinkle Way) at 8 a.m. These bird walks are open to the public and all levels of experience. A \$5 donation is appreciated. For more information, visit www.san-capaudubon.org.✱

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BREAKFAST LUNCH DINNER

Bowman's Beach: A Gem For Paddlers



by Walter Cheatham

Bowman's Beach, located at the western end of Sanibel, is not just for shell seekers and sunbathers. The publicly accessible area has convenient parking and an

excellent kayak launch, and I have grown quite fond of paddling there recently.

Bowman's Beach is located at 1700 Bowman's Beach Road. Parking for the kayak launch is rather hidden, and can be found past the initial beach parking lot. Once you are in the kayak launch parking area, there is an easy drop-off for paddlecraft and parking spaces are located nearby. One added benefit is the extra long spaces for parking with kayak trailers. Parking is \$5 per hour for those without the necessary parking permit sticker.

Once at the launch, you have a choice to go right or left. Or more specifically, southeast or northwest. The southeast route ends fairly quickly, so I recommend heading northwest towards Old Blind Pass. Take note of the bridge, as it is an excellent landmark for spotting the kayak launch from the water upon your return.

The paddling route runs between two long stretches of mangroves. There is a yellow-crowned night heron that tends to hang out just west of the bridge.

Continuing west, you will come to a switchback. This switchback is Old Blind Pass, which will lead to Clam Bayou. With some creative zig-zagging through Clam Bayou, it is possible to reach Dinkins Bayou and the gulf.

But for me, the real treat is where Old Blind Pass comes in. A small sandbar is exposed during low tides, and dozens of pelicans like to sun themselves there in the mornings. This is also where one can park a kayak on the back side of Bowman's Beach to access the more secluded areas.

Before heading home, there's even a hose available near the kayak launch to rinse your feet and equipment. Happy paddling.

*Walter Cheatham is an experienced paddler and ACA-Certified Paddling Instructor. Ocean Tribe Paddlers helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit oceantribepaddlers.org or follow on Facebook to learn more.**

Duplicate Bridge

Duplicate bridge will be played on Thursday, March 15 at 12:30 p.m. in Heron Hall at Sanibel Congregational United Church of Christ. The church is located at 2050 Periwinkle Way. For more information, call 203-770-0216.*

Free Seminars At Sanibel Sea School

Sanibel Sea School will offer two Community Seminars in March. The first, Fracking Explained, will be taught by geologist Connie Jump and will be held on Thursday, March 15 at 4 p.m. The second seminar is titled Making Better Nature Photos and will be led by photographer Cliff Beittel on Thursday, March 22 at 4 p.m. Both are free opportunities for community members to learn about a new topic or skill.

Fracking Explained will cover the history of fracking, as well as why, how and where it is carried out today. While fracking is a controversial topic, this event is intended as a technical information session only, and will not be formatted as a debate. Jump is retired after more than 30 years of experience in the oil industry, and wants to support people in becoming more knowledgeable and informed about the environmental issues they care about.

Beittel, an acclaimed bird photographer, will offer participants tips to capture the best possible nature photos with the equipment they have available. Topics will include how to choose a camera, the basics of capturing a good photo, lighting, timing and subjects. This is the perfect seminar for anyone who would like to improve

their photography skills.

All Community Seminars will be held at Sanibel Sea School, located at 455 Periwinkle Way. No reservations are necessary. To learn more, visit www.sanibelseaschool.org or call 472-8585.*

Free Guided Beach Walk This Saturday

On Saturday, March 10, Sanibel Sea School will offer a free community beach walk.

The walk will be guided by Walter Cheatham, a marine educator who is also the organization's outdoor education coordinator. This walk will provide an opportunity for participants to learn about some of the items that commonly wash ashore on our beaches.

"I love guiding beach walks, because you never know what the ocean has in store. We find something new and different every time," said Cheatham. "I also like to challenge people to find things I can't identify, and I encourage everyone to ask lots of questions," he added.

To join the walk, meet at Sanibel Sea School's Flagship Campus, located at 455 Periwinkle Way, at 9 a.m. The walk will last approximately two hours, but you are welcome to come and go at your leisure. All ages are welcome, but children must be accompanied by an adult.*

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Early morning on the Shipley Trail



Shipley Trail at the Bailey Homestead Walk

Take a guided walk on the SCCF Shipley Trail. Stroll across the Star Thomas Memorial Bridge and then connect with Pond Apple Trail. Learn how SCCF manages this property as wildlife habitat on Sanibel's populated east end. This 1-hr mostly shaded, easy walk meanders along Pond Apple trail around the man-made ponds that are home to wildlife such as alligators, anhingas, and woodstorks. Even eagles may be spotted. Park and meet your guide at the Welcome Kiosk at the head of the Shipley Trail, at the SCCF Bailey Homestead Preserve at 1300 Periwinkle Way. The kiosk is immediately to the left as you enter thru the gate into the preserve. *Fridays at 10 a.m. through March 30. No charge for the walks. Meet your guide at the Welcome Kiosk at the head of the Shipley Trail, near the entrance.*

Bowman's Beach & Bayou Walk



Explore Bowman's along the beach and the bayou

Meet your SCCF guide at Bowman's Beach at the foot of the bridge that crosses the bayou on the way to the beach. Your

guide will lead you along the beach towards Blind Pass and back along the back dune/bayou trail. Keep your eyes open for shorebirds and gopher tortoises. Learn about SCCF's 50-year role in island preservation. Free to all. You must pay to park. *Wednesdays at 9 a.m. through March. Meet your SCCF guide at Bowman's Beach at the foot of the bridge that crosses the bayou on the way to the beach.*



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 MARCH	12 Weeds & Seeds-8:45 Hurricanes & Lightning-10	13 Conservation Photography-10 Nature Ctr Trail Walk-11	14 Bowman's Beach Walk-9 Making Land Work tour at Bailey Homestead-10 Gator/Croc Tales-10 Nature Ctr Trail Walk-11	15 Turtle Tracks-10 Nature Ctr Trail Walk-11 Shorebirds-2	16 Shipley Trail Tour-10@ BHP Nature Ctr Trail Walk-11 Garden Walk-1@ BHP	17 Programs meet at the Nature Center unless otherwise noted.
18 Caloosahatchee Oxbow & Riverlore Cruise - March cruises are full; next cruises on April 15 and May 13. Advance online reservation	19 Sanibel-The City That Almost Wasn't -10	20 Bobcat Tales -10 Nature Ctr Trail Walk-11	21 Bowman's Beach Walk-9 Making Land Work tour at Bailey Homestead-10 Nature Ctr Trail Walk-11	22 Nature Ctr Trail Walk-11	23 Shipley Trail Tour-10@ BHP Nature Ctr Trail Walk-11 Garden Walk-1 @ BHP	24 SCCF Tennis and Pickleball Tournament coming up April 7-8. Call 472-2329
25 required: from sccf.org, click on Resources, then Oxbow Cruise dropdown. \$45 per person.	26 Weeds & Seeds-8:45 Tides & Sea Level-10	27 Nature Ctr Trail Walk-11	28 Bowman's Beach Walk-9 Making Land Work tour at Bailey Homestead-10 Otter Tales -10 Nature Ctr Trail Walk-11	29 Nature Ctr Trail Walk-11 Shorebirds-2	30 Shipley Trail Tour-10@ BHP Nature Ctr Trail Walk-11 Garden Walk-1 @ BHP	31 Beer in the Bushes! 6-10 pm Tickets \$70 sccfbeer.eventbrite.com

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Two of the six barn owls released by CROW in 2013 within the JN "Ding" Darling National Wildlife Refuge photos courtesy CROW

Juvenile Barn Owl Treated At CROW

by Jeff Lysiak

On February 26, the Clinic for the Rehabilitation of Wildlife (CROW) received a call reporting a juvenile barn owl on the ground near the Sanibel ball fields. Staff responded to the area, located across the street from the wildlife hospital, and found the baby bird in the woods adjacent to one of the baseball diamonds.

After collecting the owl, veterinarians admitted the juvenile, whom they discovered was "uninjured and healthy," according to Yvette Carrasco, certified wildlife rehabilitator at CROW.

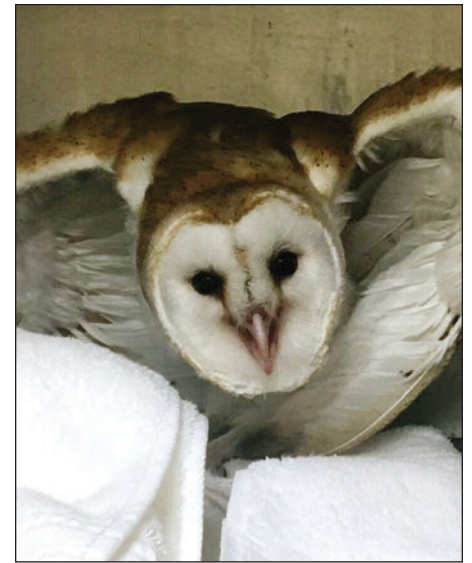
After their examination, the bird was returned to the location where it had been found. It had likely fallen from its nest and, being a young fledgling, couldn't fly back up to its home.

"He was perfectly fine," said Dr. Heather Barron, CROW's hospital director. "He was probably doing what we call 'branching,' which is when fledglings leave their nests but aren't ready to fly yet. They go out onto branches to test their wings, and he probably fell."

So why is finding a juvenile barn owl big news? According to Dr. Barron, it's the first young owl of this species to be discovered on Sanibel in many years.

Dee Serage-Century, Living with Wildlife educator for the Sanibel-Captiva Conservation Foundation (SCCF) recently reported that barn owls are back on the island for the first time since 2005.

"For me, it is a joy to have a reproductive pair of barn owls back



A juvenile barn owl was discovered on the property near The Sanibel School on February 26

on Sanibel," said Serage-Century. "I have also documented barn owls on the east end of Sanibel at the Bailey Homestead. I believe there is a nesting pair close, but have not found it."

In 2013, CROW worked with officials from the JN "Ding" Darling National Wildlife Refuge to find a home for six barn owls, who had been abandoned at various locations throughout Lee County. After being treated at the hospital and rehabilitated in their outdoor bird enclosures, the owls were released to a "pole barn" in a protected area within the refuge.

"They were released there and monitored and fed every day until they flew away," said Dr. Barron, who noted that the juvenile barn owl discovered last week is "very likely" the offspring of the half-dozen owls released almost five years ago.

Carrasco also responded to a call on the morning of March 1, when an employee of The Sanibel School reported the young owl had been discovered walking underneath automobiles in the school's parking lot. The owl was captured and returned to the original site.

"He was probably the first from his nest to fledge," said Carrasco, who guessed that there is probably a family of "at least four" barn owls nesting at that location. The juvenile still had its pinfeathers, and CROW staff estimated the bird – who is likely a male, based upon its predominately pale white appearance – to be about six weeks old.

"They gave him a quick check-over, then put him back where his parents can watch him and protect him," added Dr. Barron.

According to The Cornell Lab of

continued on page 28

BARN OWL FACTS

(provided by SCCF)

Barn owls eat mostly rabbits, mice and rats.

Food is often swallowed whole – bits of fur and bone are then regurgitated (coughed up) as an owl pellet.

Barn owls screech – they never hoot.

The barn owl can fly almost silently.

Their heart-shaped face collects sound in the same way as human ears.

91 percent of barn owls post-mortem were found to contain rat poison.

CROW Case Of The Week:

Sea Turtles



by Bob Petcher

Sea turtles (*superfamily Chelonioidae*) are prehistoric aquatic creatures that can be found in all warm and temperate waters throughout the world. These marine turtles migrate hundreds of miles between nesting and feeding grounds. There are seven species of these reptiles, but the most common found in local waters are loggerheads and green

turtles.

At CROW, two sea turtles – one loggerhead and one green – were admitted to the hospital after both were found floating in the water. The green sea turtle was found unable to submerge at Stump Pass near Manasota Key. This condition, referred to as “bubble butt,” involved gas trapped in the patient’s coelom, or body cavity. Reports say the green turtle has an older fracture from a suspected boat strike that has healed over.

“Bubble butt syndrome” is the term used to describe abnormal floating related to a buoyancy issue in the turtle,” said Dr. Robin Bast, CROW veterinary intern. “The green sea turtle presented unable to dive because it had abnormal buoyancy, causing its hind end to float above the surface of the water.

“In the green’s case, the most likely cause is air trapped in the coelom due to trauma from boat strike. It could be free air that was trapped when the initial wound healed over, or it could be due to trauma to the lungs.”

The loggerhead patient was found just off the Sanibel Causeway. The approximately 160-pound turtle arrived with no obvious injuries, but was thin with



Patient #18-0371, a green turtle, after air was removed from its body cavity

photos by Brian Bohlman

generalized weakness. Its shell was covered in heavy barnacles and algae.

“The loggerhead presented floating due to being in a debilitated state, not due to a buoyancy issue. It was thin, dehydrated and anemic,” said Dr. Bast. “This could be secondary to toxin exposure, such as brevetoxicosis, or it could also be due to loggerhead anemia syndrome. A specific cause of loggerhead anemia syndrome has not yet been identified, but possible underlying causes include parasite burden or spirorchids, toxins, or chronic infection. As part of its treatment, the loggerhead was given a deworming medication for any parasites, and is receiving regular iron injections in addition to its fluid therapy.”

Blood samples were taken from both sea turtles for brevetoxin testing. The loggerhead turtle was started on an aggressive fluid plan to rehydrate.

“The green sea turtle’s in-house bloodwork – complete blood count, packed cell volume and total solids – were all within normal limits. A blood sample



Patient #18-0372, a loggerhead, is still anemic and receiving iron injections regularly

was sent to an outside lab to test for any underlying brevetoxin exposure. This result is still pending,” said Dr. Bast. “In the loggerhead’s case, it received boluses of a colloid fluid called Hetastarch in order to treat its anemia. It also received crystalloid fluids supplemented with electrolytes the first few days in order to correct blood abnormalities including hypokalemia, low potassium levels.”

After just nine days at the clinic, both patients are improving.

“Both turtles have made progress since admission. The green sea turtle underwent a procedure called coelomocentesis, tapping free air from the body cavity, in an attempt to help correct the bubble butt. Approximately 560 (milliliters) of air was removed during the procedure. It also had temporary weights applied to its shell to help correct buoyancy issues, a common part of the treatment for bubble butt. Its back flippers are moving, but weaker than the front flippers,

continued on page 36



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From left, Bob and Kathy Wiesemann, John and Lisa Schmidlin, Deb and Lee Wilson
photos provided

Celebrating The Circle Of Life At FISH Fundraiser

The 5th annual Go FISH! fundraiser was held at The Sanctuary Golf Club on March 4. This year, the theme was Celebrating the Circle of Life, with live performances of *The Lion King* by The Sanibel School Performing Arts students under the direction of Joseph Giangreco, musical director. FISH of SanCap President and CEO Maggi Feiner said, "We are always so humbled by the generosity of our community. Every dollar raised goes directly back to this community. I cannot even find the words to reflect the deep appreciation I feel toward each and every person, business and organization who contributed, from our volunteers who worked so hard, to our sponsors, to our staff, to our board and to The Sanibel School Performing Arts students."

With a 43 percent increase in demand for services from 2017 and 2016, FISH showcased Island Giving opportunities to bring increased awareness to FISH programming and give guests the opportunity to donate towards one or more of these programs. Auctioneer Eric

Pfeifer and FISH Board Chair Nicole McHale entertained more than 250 guests while helping to raise both funds and awareness of the mission at FISH. "What a wonderful evening. We never cease to be amazed by the generous hearts of our island neighbors," said Doug and Sherry Gentry, honorary event chairs.

Live auction packages included:

- Six hand-painted dessert plates by Patty Sprankle, paired with six desserts from The Sanctuary Golf Club;
- Lazy Flamingo* wood sculpture by Jim Sprankle;
- Private gourmet dinner for eight with wine pairings prepared by Joe Albertelli, certified executive chef, Olympic Culinarian and executive chef of The Sanctuary Golf Club, at the home of Sheridan and Dick Snell;
- Two-room/two-night package for The Gasparilla Inn Food & Wine Weekend;
- I. Reiss 14k yellow and white gold cuff with round pave diamonds donated by Congress Jewelers;
- Large collection of fine wines;
- Three-night, two-bedroom villa and golf excursion at the Golden Ocala Golf & Equestrian Club;
- Private sunset dolphin cruise with Adventures in Paradise catered by Sanibel Catering Company by Bailey's.✱



Doug and Sherry Gentry



Nancy and Chip Roach



Mike and Helene Hall



Robert and Dixie Bowden



Jim Sprankle's *Lazy Flamingo*



Jim and Patty Sprankle



Don and Gaither DeLuca



Pam Sullivan and Pat Middendorf



Steve and Debbie Klug



Bob and Lisa Ann Miller



The Sanibel School Performing Arts students with music director Joseph Giangreco, center



Jack and Inky Meng



Ann-Marie Wildman



From left, Eric Pfeifer, Maggi Feiner and Nicole McHale



BIG ARTS
SANIBEL ISLAND

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SPECIAL ADDED LECTURE:

March 18, Schein Hall at 7:30 PM

STEPHEN HADLEY

National Security: An Open Dialog with Stephen Hadley

Stephen Hadley served as national security advisor to President George W. Bush from 2005 to 2009. In addition to covering the full range of national security issues, Mr. Hadley had special responsibilities in several areas including a U.S./Russia political dialogue, the Israeli disengagement from Gaza, and developing a strategic relationship with India. Hadley will be discussing current foreign affairs and national security issues and, after opening comments, will respond to audience questions.

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or dwaszmer@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

Friday, March 9, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, March 9, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, March 9, 2 to 3:30

p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, March 9, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Saturday, March 10, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them. Juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, March 10, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Monday, March 12, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, March 12, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Monday, March 12, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Wild About Rehabilitation (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Tuesday, March 13, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended

for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, March 13, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Tuesday, March 13, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, March 13, 4:15 p.m., adults \$10, teens \$5, age 12 and under no charge, advance registration recommended – Speaker Series: The Story of Ospreys (seasonal program) presented by Claudia Burns, International Osprey Foundation volunteer.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their behavior is easy to observe, but not always easy to understand. This presentation uses photos, videos and recorded vocalizations to explain osprey behavior.


Wednesday, March 14, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of

continued on page 36






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Paddlers To Host New Moon Evening Outing

submitted by Leah Biery

Sanibel Sea School's Ocean Tribe Paddlers, a club for paddling enthusiasts, will host a New Moon Paddle on Saturday, March 17. Participants will take an evening paddle in the waters around Bowman's Beach under the night sky, guided by Sanibel Sea School's paddling instructor Walter Cheatham.

"Back in January, we paddled under the full moon, so now we want to see what it's like to paddle in complete darkness with no moon visible," said Cheatham. "We expect to see bioluminescence, and if it's a clear night, beautiful views of the stars."

The group will meet at the Bowman's Beach kayak launch at 8 p.m. on Saturday, March 17. Parking is available with a valid City of Sanibel parking pass, or for a small hourly fee. This event is free for first-time attendees, all others should have an annual Ocean Tribe

Paddlers membership, available on the club's website. Bring your own vessel, if possible – all kayaks, SUPs and other paddle-powered vessels are welcome. A limited number of paddleboards are available to borrow, but you must make a request by email in advance. Any weather-related changes will be announced via the Ocean Tribe Paddlers Facebook page. Interested paddlers should RSVP to oceantribepaddlers@sanibelseaschool.org.✱

Bonsai Society Meeting

The Bonsai Society of Southwest Florida, Inc. will hold its next meeting at the Berne Davis Botanical Garden on Saturday, March 17 at 9 a.m.

Martha Goff will conduct a workshop on gardenias. The cost to participate is \$20 and includes materials. Coffee will be provided. Admission and parking are free.

Berne Davis Botanical Garden is located at 2166 Virginia Avenue in Fort Myers.✱

Osprey Presentation At CROW

If you're curious about those large brown and white birds who nest in high trees and make a lot of noise, come to the Clinic for the Rehabilitation of Wildlife (CROW) for The Story of Ospreys on Tuesday, March 13 at 4:15 p.m. in the Visitor Education Center, located at 3883 Sanibel-Captiva Road.

Ospreys breed in Southwest Florida from December through April. Because they build their nests right out in the open, their behavior is easy to observe. But it is not always easy to understand, so presenter Claudia Burns, who has monitored osprey nests for 25-plus years as an International Osprey Foundation volunteer, uses photos, videos and recorded vocalizations to explain osprey behavior. The presentation is dedicated to Mark "Bird" Westall, founder of The International Osprey Foundation, who lost his battle with ALS last year.

Prior to the presentation, visitors are encouraged to explore the Visitor



Osprey carrying a fish photo courtesy The International Osprey Foundation

Education Center, which exhibits CROW's commitment to save wildlife through state-of-the-art veterinary care, research, education and conservation medicine, and is located across from The Sanibel School. Reservations are recommended for the presentation, with admission of \$10 for adults, \$5 for teens, free for children under 13.

For reservations or more information, call 472-3644 ext. 229 or email dwaszmer@crowclinic.org. To learn more about CROW, visit www.crowclinic.org.✱

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Jaye Boswell photos provided *Two Jungle Drummers* by Jaye Boswell



Art Exhibit And Artist Reception

Sanibel Captiva Art League member Jaye Boswell is exhibiting her artwork during the month of March at Sanibel Captiva Community Bank, located at 2475 Library Way. The public is invited to join Boswell and talk about her art at a reception on Thursday, March 15 from 4:15 to 5:30 p.m. Admission is free. For more information, visit www.sancapart.com.✽

From page 22

Barn Owls



This young barn owl was found on the ground behind the Sanibel ball fields photo courtesy CROW

Ornithology, barn owls nest and roost in tree cavities, abandoned barns and other buildings. At night, they hunt by flying low, back and forth over open habitats, searching for small rodents primarily by sound. Barn owls require large areas of open land over which to hunt. This can either be marsh, grasslands or mixed agricultural fields. For nesting and roosting, they prefer quiet cavities, either in trees or man-made structures such as barns or silos.

“The Sanibel Island Golf Club has

installed a new barn owl box from SCCF on their course and are hoping a barn owl will take up residence,” said Serage-Century. “The golf course owners had their pest control company switch to a more wildlife-friendly rat poison. In addition, the president of the Beachview Homeowners Association emailed the new SCCF Bring Back The Barn Owls brochure to this community. By not using rat poisons, homeowners can protect our bobcats, hawks, owls and eagles that might eat the poisoned rats.”✽



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A community parade promoted the opening of BIG ARTS' new facility in February 1997
photos provided

From page 1

BIG ARTS History

BIG ARTS original structure – a duplex cottage donated to the group which currently houses the Founders Gallery, box office, gift shop, a kitchen/library space and administrative offices – to reflect upon the early days of the arts organization.

"It really started with a couple of guys who had some knowledge about the theater. Then it became a bunch of committees who each had their own specialty," said Arlyn Stein. "That's what's nice about art – it brings together all sorts of people."

During its infancy, gatherings of art

aficionados many times meant people bringing their own folding chairs to sit on, or standing underneath the Florida sun for hours – "And praying that it wouldn't rain!" somebody added with a chuckle – while watching a performance or listening to a concert. Before BIG ARTS opened on Dunlop Road, events were staged at The Community House, at the Sanibel Public Library or on the grounds of Sanibel Congregational United Church of Christ. There had even been plans of renovating a former Mississippi River steamwheel boat – the SS *Algiers* – before the vessel had to be demolished following a fire.

"For eight or nine years, we met in each other's homes, in churches, at the library, on the beach... wherever we could



Vintage photograph showing the construction of the Barrier Island Center for the Arts – today's BIG ARTS – in late 1987

find space," said Polly Matsumoto. "It started as artists and friends supporting one another, and it just grew in leaps and bounds."

Finally, after many years of wishing, planning and praying, BIG ARTS organizers would have their own home to be proud of. Thanks to a donation made by islander Scott Naumann in 1987, a beach cottage from The Colony was moved onto city-owned land on Dunlop Road, just east of Wooster Lane. The community rallied together and helped raise \$15,000 to have the building relocated and renovated. Once there, BIG ARTS held concerts in an outdoor amphitheatre located underneath a shaded tent. Today, that area is the Boler Garden, where performances by the Island Jazz ensemble are held on Sunday afternoons throughout season.

"One of the first things I did here was

gardening out there," said Irwin Stein. "And the guy working next to me in the garden was the president of IBM."

Before long, BIG ARTS was attracting some big names to the island. The group welcomed acts like the Glenn Miller and Count Basie orchestras, New Orleans' renowned Preservation Hall Jazz Band, singer Leon Redbone, jazz-pop trumpeter Chuck Mangione, swing guitarist John Pizzarelli, folk musician Livingston Taylor, crooner Cab Calloway, the annual Hemingway Literary Festival and lectures by authors including James Dickey (*Deliverance*) and Douglas Brinkley (*The Magic Bus: An American Odyssey*).

And as the quality and prominence of musicians, writers, lecturers, theatrical acts and performance artists continued to grow, so too did the desire for BIG ARTS to expand its facilities.

Next week: *BIG ARTS History Part II*✱

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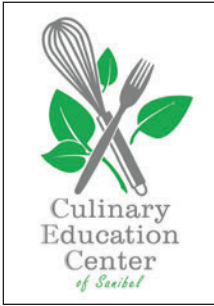
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The Community House

The Strawberry



by Resident Chef Jarred Harris

It's springtime in Florida, and one of the first fruits to ripen is strawberries. Florida strawberries are in season now and everyone should be eating this delicious, nutritious and versatile fruit. I use green, unripe strawberries in savory recipes as well as the ripe berries for bread, cookies and tarts.

Did you know the strawberry plant is a member of the rose family? The word strawberry comes from the Old English words "steowberie" and "strewbelige." Strawberries are not true berries. Technically, a berry's seeds are found inside the fruit. Strawberry seeds are found on the outside of the fruit and, in fact, strawberries are the only fruit that bears its seeds on the outside.

Native Americans introduced strawberries to the first colonists by making cornbread with cornmeal and crushed strawberries. This was the inspiration for strawberry shortcake.

There are over 600 varieties of

strawberries and several varieties are found growing wild. Strawberries come in many different colors, shapes and sizes. They can be white, yellow, blue, black and purple. They can also be as small as a pea and as large as an apple in size.

Strawberries have many health benefits. Eating this fruit lowers blood pressure and can help reduce the risk of certain types of cancer and heart disease. Strawberries contains more vitamin C than oranges. They also contain dietary fiber, vitamins A, B6, K and potassium. This fruit contains powerful antioxidants that reduce the formulation of blood clots related to strokes.

Here is a simple recipe for you to try.

Strawberry Cookies

Makes 24 cookies

Ingredients

4 oz. cream cheese (softened)

1 stick butter (softened)

1 cup sugar

1 egg

2 cups all purpose flour

½ tsp. baking powder

½ sp. salt

¼ tsp. baking soda

1 cup white chocolate chips

1½ cups frozen strawberries (fine diced)

Instructions

Preheat oven to 350 degrees F.

In a large bowl, add the cream cheese and butter. Mix until well blended.

Add the sugar and egg, then mix well.

In a separate bowl, add baking powder, salt and baking soda to the flour and mix well.

Add the flour mix to the cream cheese mixture and use a rubber spatula to form a dough.

Fold in the white chocolate chips and

frozen strawberries.

Using a mini cookie scoop, scoop out the cookie dough and place on non-stick baking sheet.

Bake for 10 minutes.

Transfer cookies to a cooling rack.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.*

From page 15

Lecture

recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to www.dingdarlingsociety.org/articles/lecture-and-film-series.

*March 23 – Photographer-sound recordist Gerrit Vyn, *The Living Bird: 100 Years of Listening to Nature*.

*March 30 – Artist and author Dawn and Blair Witherington, *Florida's Living Beaches: A Guide for the Curious Beachcomber*.

April 6 – Mote Marine Researcher Dr. Erinn Muller, *Coral Restoration*

April 13 – Avian researcher Dr. Kenneth Meyer, *Swallow-tailed Kites: 10,000 Miles to Survival*.

starred lecture indicates book signing to follow.

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traders Gulf Coast Grill & Gifts has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Barbara Dexter Duo performs on Saturday and Wednesday. Woody Brubaker plays on Sunday. Mike Arnone performs on Monday. Woody Brubaker Duo plays on Tuesday. On Thursday, it's Busted Stuff.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.*

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The StepCrew

photo provided

Step Dancers Performing At Shell Point

Shell Point Retirement Community continues the Performing Arts program of its 2017-18 Concert Series with The StepCrew at the Village

Church at Shell Point on Thursday, March 22 at 7:30 p.m. Cost is \$35 and the concert is open to the public.

The StepCrew is a dancing sensation that will take audiences on a breathtaking journey, bringing together three styles of exhilarating dance forms: Ottawa Valley step dance, tap dance and Irish step dance. Members of The StepCrew are champions in their respective art forms and demonstrate

the amazing ability to showcase the similarities and differences between these three captivating styles.

Virtuosic dancers and musicians from The Chieftains, Cherish the Ladies and Bowfire round out a cast of outstanding talent. The StepCrew also boasts three world-class fiddlers and is backed by a brilliant five-piece ensemble, comprised of some of the most renowned and respected musicians in the Celtic music industry today.

The Village Church at Shell Point is located at 15100 Shell Point Boulevard in Fort Myers. For more information and tickets, visit www.shellpoint.org/concerts or call 454-2067.✱

BIG ARTS Corner

Workshops And Seminars

BIG ARTS is offering the following workshops and seminars.

Clothed Model Open Studio with Eleanor Gause, Tuesday, 9 a.m. to noon March 13 and 20.

Creating with Polymer Clay with Martha Grattan, Tuesday, 6 to 9 p.m. March 13 and 20.

Poetry Immersion Extravaganza: Learn to Write, Read and Fall in Love with Poetry with Myra Klahr, Tuesday, 10 a.m. to 2 p.m. March 13.

Adult Tap with Bobby Logue, Tuesday, 12:30 to 2 p.m. March 13 and 20.

Zentangle with Meg Scott, Tuesday,

9:30 a.m. to noon March 13.

Beaded Bling-y Mixed Media with Kat Kirby, Thursday, 9 a.m. to 5 p.m. March 15.

Paint Sealife Creatively with Linda Benson, Friday, 10 a.m. to noon March 23.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or email info@bigarts.org.✱

Octifest Gala To Celebrate Ocean Education

Sanibel Sea School's annual fundraising gala, Octifest, will be held in a big top tent underneath the stars on Sanibel Causeway Island A on Sunday, March 11 at 6:30 p.m. Guests will enjoy a fun evening that will include drinks, hors d'oeuvres and dinner, stargazing, entertainment, and live and silent auctions.

Tickets are \$150 per person. All proceeds will support the 501(c)3 nonprofit's scholarship and outreach programs, and will help the organization purchase the equipment necessary to provide meaningful ocean education for all.

To reserve your seats, visit www.octifest.org or call 472-8585.✱



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Another Jazzy Evening At BIG ARTS



Janet Strickland, center, with Evan Palazzo and Elizabeth Bougerol of The Hot Sardines, an American jazz band that performed at BIG ARTS in February photos provided



From left, Philip and Roberta Puschel with Linda and Wayne Boyd



From left, Bob and Sarah Berendt with Carolyn and Ralph Clark



From left, Craig and Lynn Schneider with Robin and Doug Cook



From left, Michael and Laurie Chouinard with Barbara and Tom Olson



From left, Mika and David Filkins with Susan Heisler



From left, Tom Dunham, Judy Adler and Barbara Dunham

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Hello Shoppers of Sanibel,

When you shop Jerry's of Sanibel you'll experience much more than just quality grocery shopping and dining at Jerry's Restaurant.

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Before shopping at Jerry's Foods, you can enjoy the wonderful courtyard to relax with family and friends; it's a little piece of paradise teeming with colorful exotic birds! Stop by and say hello!

Regards,

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Book Review

The Twelve-Mile Straight



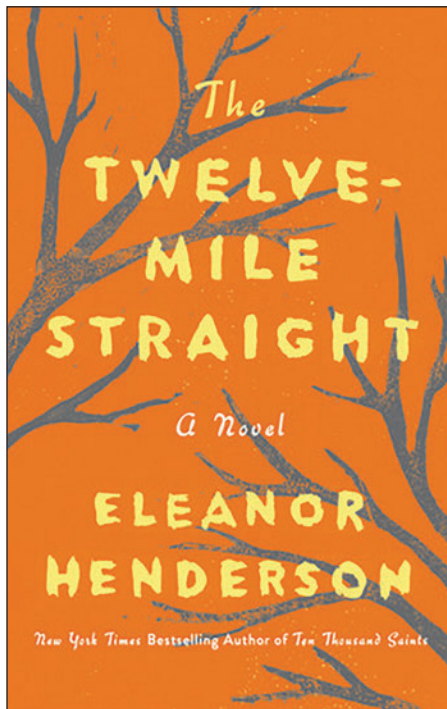
by Di Saggau

Eleanor Henderson's latest novel *The Twelve-Mile Straight* deals with a grim investigation in rural Georgia in 1930. In a house full of secrets, two babies are born to Elma Jesup.

Winnafred is light-skinned and Wilson is dark. Elma is a white sharecropper's daughter. A field hand, Genus Jackson, is accused of raping Elma and lynched. This is strong reading but anyone who likes a challenge will relish this gifted writer's ambitious novel. Set in the Deep South during the Depression, the book delves into questions of race, class and gender. We suspect that Genus is innocent, and he is.

Elma wants something finer in life and succumbs to the advances of Freddie Wilson, grandson to the man who runs the town. She gets pregnant and when her babies are born she claims Freddie fathered one child and Genus the other. From there the plot hustles forward until all of the secrets of the Jesup household are revealed.

Nan, a young, mute, black housekeeper is as close to Elma as a



sister. Together they raise the children, and it soon becomes clear that the ties that bind everyone together are more intricate than anyone could have imagined. As the truth starts to be revealed, a web of lies start to collapse around the family, destabilizing their precarious world and forcing all to reckon with the painful truth.

The babies are treated as a miracle by some townsfolk and a sin by others. They also attract the attention of a polio-stricken researcher who studies

sickle cell disease and the members of a chain gang who are paving the little back road on which Elma's family lives. *The Twelve-Mile Straight* is an

American epic that combines the intimacy of a family drama with the staggering presence of a great Southern saga.✱

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My fourth-grade daughter is stressed out. She's struggling a bit in math but she is a good student. She's too young to have such stress. What

can I do?

Kirsten, North Fort Myers

Kirsten,

Unfortunately stressed out kids are all too common these days, and childhood is fleeting. Elementary school may present challenges, and if your child is struggling with learning or has attention issues, school may be especially stressful. There are ways to help, and here are some suggestions for you.

Help her figure out how she's feeling:

Kids who struggle with learning and attention might not be aware that they're feeling stress. A good way to get conversation flowing is by talking with her when you are doing a routine activity. Keep your questions low-key and mention that you've noticed something has been bothering her. Help her put a name on what it might be. "Are you feeling scared about reading out loud in Ms. Smith's class?" Simply talking about feelings can be a relief.

Teach her to chunk:

A whole page of word problems or a five-paragraph essay can seem overwhelming. Teach her to make the task more manageable by breaking it into "chunks," perhaps groups of three questions, for example. By breaking larger tasks into smaller pieces, the task becomes more manageable. You may want to include a break time between chunks and make sure to praise her for completing each chunk of work.

Help her prepare for new things:

If your child is going to start a new activity, such as a music or gymnastic class, visit ahead of time. Let her meet her teacher and see the new setting. Ask the teacher to describe what she'll do the first day of class and answer any

questions. If the new activity seems familiar, your child won't feel nearly as much anxiety about participating.

Celebrate victories:

Most kids feel some stress when facing a new challenge but they eventually dive in because past success gives them confidence. Watch for opportunities to praise accomplishments, even very simple things. Knowing what success feels like may help her feel less overwhelmed and panicked when facing bigger challenges.

Make sure you have rituals and structure at home:

Coming home to an organized place and structure that stay the same can give your child security after a busy day at school and afterschool activities. When possible, stick to a routine. Maybe it's an afternoon snack, a walk with the dog and then homework. Create some structure for weekends as well. Too much time without a schedule can make kids uncomfortable.

Release energy with physical movement:

Stress can build up very easily. Give your child plenty of opportunities to release some of the pressure. Make exercise a part of everyday life for her and the whole family.

Find balance with afterschool activities:

Afterschool activities give fun and structure to the afternoons and free time, but don't go overboard or you'll make your child's stress worse. Choose activities carefully, and do your best to leave some days open.

Set clear and reasonable expectations:

You may simply want her to do the best she can on reading tests. You child may think she must get an 'A' on every test. Tell her specifically what you expect and that will lessen her stress.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱



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Jye's shared-prong earrings

photo provided

Spring Trunk Show Debuts At Jewelry Gallery

Jye, creator of exceptional pieces of jewelry, will have its first Sanibel Spring Trunk Show on Friday and Saturday, March 16 and 17 at Lily & Co. Jewelry Gallery, located at 520 Tarpon Bay Road.

Jye was founded more than 30 years ago by husband and wife team Jennifer Chang and Charles Ueng, who have become known for their pieces featuring lustrous South Sea and cultured pearls, and high-end designs of classic and contemporary diamond and precious gem jewelry.

"We are excited to host Jye for their first Sanibel appearance," said Dan Schuyler, who owns Lily & Co. with Karen Bell and is GIA certified. "Pieces by Jye are exceptional in quality and design and are truly works of art – using only G/VS-plus premium diamonds."

Jye is best known for the patented shared-prong diamond hoop earrings. Unlike traditional hoops where the diamonds can only be seen from the front, the unique twist in shape of Jye's earrings allows the diamonds to be seen from any angle.

Jye has become internationally-acclaimed for their timeless treasures. Instore's Indesign Awards recognized Jye as the Retailer's Choice for their baguette diamond "DNA" bracelet.

"They certainly create exceptional quality and innovative designs women will enjoy for years and years to come and are worthy of passing down for generations," added Bell.

Jye was recently featured in the 2017 summer issue of *Ritz Carlton Magazine*, where their Kunzite ring was featured on the Jewelry Style page.

For more information, call Lily & Co. Jewelry Gallery at 472-2888.✧



Olga Kern and Vladik Kern

photo provided

Piano Great And Gifted Son To Perform At Sanibel Music Festival

One of the great pianists of our time, Olga Kern, and her gifted son Vladik Kern will perform a joint piano concert at the Sanibel Music Festival on Tuesday, March 13 at 7:30 p.m. at the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way.

With family ties to both Tchaikovsky and Rachmaninoff, Olga has been a festival favorite since winning the Gold Medal in the 11th Van Cliburn Piano Competition. Since then, she has had an international career as a soloist, teacher and competition jury member. In 2016, she launched the Olga Kern International Piano Competition for pianists between the ages of 18 and 32. In 2017, she joined the piano faculty of the Manhattan School of Music. Vladik studied at Juilliard from 2011 to 2016. In 2012, he made Juilliard history when, as a pre-college student, he won the prestigious Van Cliburn scholarship. In 2016, Vladik became a Young Steinway Artist.

Olga will choose and narrate selections from Beethoven, Liszt, Debussy, Ravel, Rachmaninoff and Balakirev in a "surprise program."

Tickets may be purchased for \$50 each online at www.sanibelmusicfestival.org or by calling 344-7025. Tickets may also be purchased by cash or check only at the Bank of the Islands, 1699 Periwinkle Way, or at the door one-half hour before each performance.✧

The Launch

SATURDAY, MARCH 24TH

6:00 - 10:00 PM

location

The Sanibel Community House

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*Guests will enjoy dinner and drinks,
auctions, entertainment, and more.*

Proceeds will fund local conservation initiatives created by Coastal Keepers, a non-profit 501(c)3 corporation.

**Celebrating The Past,
Present and Future of
Our Coastal Heritage**



From page 26

CROW Calendar

CROW’s animal ambassadors will be present.

Wednesday, March 14, 12 to 1:30 p.m., \$35 per person, advance registration required – Lunch & Learn with Dr. Barron (seasonal program).

Spend part of an afternoon on CROW’s campus and join the hospital director for lunch. Learn about how CROW’s work is vital to Southwest Florida and beyond. Reservations include a boxed lunch catered by the Sanibel Deli and concludes with a tour of CROW’s hospital and rehabilitation grounds.

Wednesday, March 14, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, March 14, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW’s teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs

of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW’s animal ambassadors will be present.

Wednesday, March 14, 4:15 p.m., adults \$10, teens \$5, age 12 and under no charge, advance registration recommended – Speaker Series: The Story of Ospreys (seasonal program) presented by Claudia Burns, International Osprey Foundation volunteer.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their behavior is easy to observe, but not always easy to understand. This presentation uses photos, videos and recorded vocalizations to explain osprey behavior.

Thursday, March 15, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, March 15, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation). Virginia opossums are the only

marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida’s wildlife, playing an important role in the function of a healthy ecosystem. One of CROW’s animal ambassadors will be present.

Thursday, March 15, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended

for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, March 15, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Species Profile: American Alligators (daily presentation).

The American alligator is a large aquatic reptile and is one of two crocodilians native to Florida. Although it is hard to believe, this species was once on the road to extinction. With the help of conservation efforts over the last few decades, alligators have made a drastic comeback. This program discusses how this iconic species contributes to the overall health of Florida’s ecosystems and economy. One of CROW’s animal ambassadors will be present.*

From page 23

Sea Turtles

which may be secondary to spinal damage sustained from the boat strike,” said Dr. Bast. “A CT scan will be performed to further assess the extent of spinal damage, as well as any damage to her lungs which could be resulting in on-going air-trapping. Further testing will determine a prognosis for release.

“The loggerhead is swimming strongly; eating squid and fish like a champ, and is no longer requiring IV fluid therapy since its electrolyte imbalances have been corrected. It is

still anemic and is receiving iron injections regularly, and blood iron levels are being checked routinely to monitor progress. The turtle will not be released until the anemia improves markedly – at a minimum several weeks – but the prognosis based on clinical improvement so far is good.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*



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BIG ARTS Documentary Series

The Eagle Huntress

by Di Saggau

On Wednesday, March 14 at 12:30 p.m. at the Island Cinema, the second film in the BIG ARTS Critically Acclaimed Documentary Series will be shown. *The Eagle Huntress* is a salute to girl power, propelled by a humanly determined 13-year-old Mongolian girl on the brink of breaking through an ancient gender divide. By her side are her two faithful companions: a majestic golden eagle chick that she is about to transform into a mighty pursuer of prey, and her supportive nomadic herder father, a two-time champion hunter himself, who proudly oversees his daughter's own training so she can become the first female to compete in the Golden Eagle Festival. Aisholpan, a straight-A student and tomboy, is a courageous heroine to root for.

The most compelling sequence that filmmaker Otto Bell captures, one of many shot in precarious outdoor conditions, is when Aisholpan and her dad climb upon craggy unstable terrain so she can stealthily snatch her young eagle from a nest on a cliff while a watchful mama bird hovers overhead. The straightforward narrative and simple subtitled dialogue could have been plucked from the pages of a children's bedtime fable. Dad is a booster. Mom is OK with her oldest child not being interested in



domestic tasks. Even the Kazakh eagle-hunting elders are not villains, despite their old-school notions that girls are not brave enough to handle the challenge. *The Eagle Huntress* is an enthralling documentary about reaching a goal with bountiful family encouragement.

Tickets are \$7. Patrons can purchase tickets online at www.bigarts.org, at the BIG ARTS box office or the day of the film at the cinema just prior to the show. Island Cinema is located in Bailey's Shopping Center. Following the film, a discussion will take place.✧

Exhibit At Congregational Church

Each month, Sanibel Congregational United Church of Christ exhibits the work of one or more fine artists with local ties. Paintings by Dr. Leon Skolnick are on view in Fellowship Hall until the end of March.

"I first developed an interest in drawing almost 40 years ago while attending a concert," Dr. Skolnick said. "The particular piece of music that was being performed did not hold my attention so I began to sketch the performers on my copy of the program. Then my interest expanded to drawing both people and scenes, mainly with pastels. Several short courses in Pittsburgh enhanced these skills."

"The first major boost in my technique and confidence came as a result of a 10-day pastel course in the late 1970s in Le Pouldu in Brittany, France. The program was run by Linda Wallen, a well known Pittsburgh pastel artist."

"The second boost in my artistic creativity came as a result of my living on Sanibel after I retired from the practice of radiology. I met Gale Bennett and in June 2002, attended his workshop in Giverny, France. This experience changed my direction. Gale was a fantastic teacher. He encouraged me to shift from pastels to acrylics and to paint in a loose impressionist style that he so favored. More recently, my work evolved into a dynamic non-representational genre in which I have used a variety of non-traditional tools to apply paint to canvas – wads of paper, combs and cooking utensils."

"All the while my love of drawing has continued. I especially enjoy the Friday morning figure drawing sessions at BIG ARTS, guided by Carol Rosenberg."

The church is located at 2050 Periwinkle Way. All paintings are for sale, with a portion of the proceeds benefiting the church. The exhibit may be seen during office hours when Fellowship Hall is not in use and on Sundays after services. For more information, call 472-0497.✧



Work by Leon Skolnick image provided

BIG ARTS Monday Night Film Series

Maudie

by Di Saggau



The BIG ARTS Monday Night Movie for March 12 is *Maudie*, the true-life tale of arthritic Maud Dowley (Sally Hawkins). This is a tender tale set mostly in the isolated community of Digby in mid-20th century Nova Scotia. Maud has an indefatigable spirit and against all odds, after meeting fellow loner Everett (Ethan Hawke), her life starts to fall into place, including a career as a painter.

Hawkins turns in a heartfelt performance in a biographical drama that's lovely and gentle without ever becoming soft or sentimental. It's hard to see what Maud sees in Everett as he casts baleful glances at anyone and anything he encounters. But here is the chance of belonging somewhere and with Maud's positivism she seizes it, turning up at his tiny, rundown cabin of a home and refusing to take no for an answer. This odd couple gradually falls into a quiet kind of love. Maud – at age 34 – has little choice but to accept Everett's proposal, even though the man has nothing to offer other than four walls and a roof. As Maud says, "We're like a pair of odd socks."

Maud begins painting and puts out a "Paintings for sale" sign. As time goes on, her arthritis gets so bad, it's painful for her to hold a brush. Hawkins' performance is splendid. With the cards stacked so high against her ever doing anything with her life, she gratefully says near the end of



her life, that "I was loved." Even though Everett only shows specks of human decency, she was glad to have him and her art. This sensitive, beautifully acted film lingers long after the final frame and the Newfoundland locations are breathtaking. *Maudie* runs 115 minutes. The moderator for the evening is Stefi Irwin.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.*

Upcoming Programs At The Sanibel Library

As Sanibel Public Library enters Phase II of Your Library Reimagined project, the facility is open for normal operating hours. Look for the interim "main" entrance and outdoor book drop on the west side of the building. Phase II includes popular services like computers and printers, high speed Wi-Fi, children and Teen space, newspapers, reading porch, used books for sale and reference services. The other half of the library is being renovated for a new children's area, book sale room, and modular meeting places. The next phase is expected to open in early fall.

Stop by the tech area between 10 a.m. and 2 p.m. to test drive a virtual reality (VR) viewer on March 12, 14, 19 and 21. On those days, patrons age 10 and older can enjoy a five-minute VR experience. VR is a computer-generated simulation of images that creates environments that allow people to be "present" in an alternative environment.

The library will be running a demonstration of 3D printing between 10 a.m. and 2 p.m. on Friday, March 23. Visit the library to see 3D printers create a physical object from a design supplied as a digital file.

Duane Shaffer's popular World War II programs lectures will be held at The

Community House this season, due to the library's remodel project. His next program is at 10 a.m. on Monday, March 26. Shaffer will talk about Okinawa 1945: The Last WWII Battle in the Pacific.

Weekly children's programs are listed on the library's online calendar. Family Story time for young readers and their caregivers will be on Wednesday March 14 and 21 at 10 a.m., repeated at 1 p.m. This program helps develop pre-reading skills through songs and stories.

The After-School Crew (for children in kindergarten to third grades) will meet at 3 p.m. on all Thursdays in March. There will be favorite books, new books, never-knew-existed books, games, crafts, plus a snack provided.

Geared specifically for children in fourth through sixth grade, the After-School Clique will meet on March 20 and 27 at 3p.m. The group will be crafting, building, making, and playing, with books and a snack thrown in.

If kids love dogs and books, they can read to Bessie, a bearded collie and a Reading Education Assistance Dog. The READ program encourages children's love of books by providing a non-judgmental listener and furry friend. Bessie will be at the library on rain-free Thursdays in March, at 4 p.m. Readers can sign up on the spot, with the program finishing by 5 p.m.

No registration is required for these library programs. For more information, call 472-2483 or visit www.sanlib.org.*

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Zucchini and Parmesan Skillet Cake

- 1 pound zucchini
- 2 tablespoons unsalted butter
- 1 clove garlic, minced
- 2 tablespoons fresh basil, chopped
- ½ cup grated Parmesan cheese

Very thinly slice zucchini crosswise with a mandoline or other manual slicer. Heat 1 tablespoon butter in a 12-inch nonstick skillet over moderately high heat until foam subsides, then sauté zucchini and garlic, stirring, until zucchini is just

beginning to soften, about 8 minutes. Transfer to a bowl and cool 10 minutes. Add basil and salt and pepper to taste.

Melt remaining tablespoon butter in an 8-inch nonstick skillet and remove from heat. Arrange one fourth of zucchini mixture in a layer in skillet and sprinkle with one fourth of parmesan. Repeat layering 3 times. Cook skillet cake over moderate heat until bottom of cake is well browned, 5 to 7 minutes. Slide cake onto a large paper plate, then place skillet over cake and, holding plate firmly, invert cake back into skillet. Cook cake, shaking skillet frequently to prevent sticking, until underside is browned, 4 to 5 minutes more. Slide cake onto a platter. Cut like a pizza.✱



Zucchini and Parmesan Skillet Cake

photo courtesy Fresh From Florida

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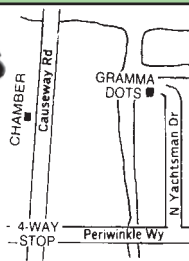
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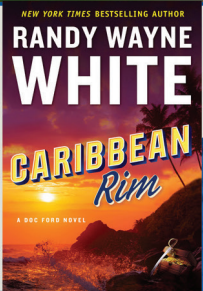


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81st Annual Sanibel Shell Festival Attracts Huge Crowds



Crowds filled the north room of The Community House on March 1 for the opening day of the 81st annual Sanibel Shell Show, where award-winning artistic exhibits were put on display photos by Jeff Lysiak



Sixth grader Kristian Schafer pointing out a banded tulip at the live shell demonstration area



Crab sculpture by Andrea Schopf



From left, Ken Vinson, Anne Joffe and Harlan Wittkopf at the Authors Table



Shoppers had a wide variety of shell crafts to select from



From left, Lenore Lawrence, Kathy Zoss and Herb Lawrence selling T-shirts



Hatsue Iimuru, an exhibitor from Japan, wore a kimono to the show. Her Sailor's Valentine entry won third place plus a Judges Special Award



Artistic entries by Margaret Gammon of Cape Coral and Ann Reardon of Sanibel

More Shell Festival highlights pages 17B-19B

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Noted Environmental Attorney To Speak At COTI Annual Meeting

by Mike Gillespie, Chairman COTI
Community Outreach Committee

David Guest, an environmental litigator for 35 years and former managing attorney for Earthjustice Florida in Tallahassee, will be the keynote speaker at COTI's annual meeting on Wednesday, March 21. For decades, Guest has been a major force in protecting Florida's most important natural features, the Everglades, Lake Okeechobee, and the state's mangrove forests and beaches from overdevelopment and pollution.

According to Guest, "Solving the hardest environmental problems by taking on the worst actors head-to-head can change people's attitudes about what is possible." He has successfully taken on the federal and state governments as well as corporate polluters.

Compliance With Clean Water Act

Among his successes were a litigation campaign that forced the state and federal agencies to comply with the Clean Water Act and set numeric limits for phosphorus and nitrogen pollution, first in lakes, rivers and streams, and later in estuarine and coastal water. He also helped stop what would have been the nation's largest coal plant next to Lake Okeechobee.

Amenendment 1 Litigation

Though recently retired from Earthjustice, Guest remains involved in the litigation to require the state to comply in good faith with Amendment 1, the citizen initiated Florida Land Legacy Amendment that was adopted by an overwhelming 75 percent of voters in 2014. That amendment was intended to allocate 33 percent of real estate doc stamp revenue to fund the Land Acquisition Trust Fund and to be used for the purchase and management of new lands through the Florida Forever program. The state legislature has interpreted the Land Legacy Amendment as allowing it to use those funds to cover ongoing operating expenses of state agencies instead of buying and restoring conservation and recreation lands.

The case is scheduled to be heard this July.

Guest will talk about a number of environmental issues of current interest, including the status of the Land Legacy Amendment litigation and the status and future of the Everglades.

Public Invited To Attend

The public is invited to attend the meeting at The Community House, located at 2173 Perwinkle Way. Coffee and Danish will be served at 9 a.m. The program, including announcement of COTI's Citizen of the Year, will begin at 9:30 a.m.

COTI invites your input on this and other issues affecting our island. Send an email to coti@coti.org. To read our past commentaries on island issues, visit www.coti.org. Or visit Committee of the Islands on Facebook.*



David Guest

photo provided

Shell Point Hosting Seminar On Sanibel

Shell Point Retirement Community is presenting the Shell Point Retirement Roadshow, a series of informational seminars that will be held in Sanibel, Bonita Springs, Naples and Port Charlotte in March. The meetings will offer guests the opportunity to learn about the resort-style retirement options and comprehensive lifecare available at the award-winning waterfront community located in Fort Myers.

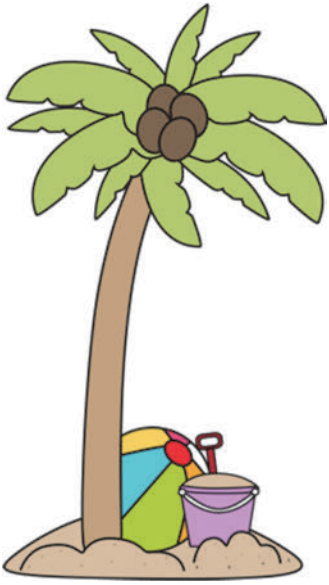
Residents from Sanibel are invited to attend the seminars at The Community House on Wednesday, March 14 at 9:30 a.m.

During these presentations, Shell Point's retirement counselors will explain the benefits received when becoming a resident at Shell Point, the benefits of lifecare, the numerous

retirement options available and an overview of the community. Once the presentation is complete, guests will have the chance to ask specific questions and schedule a visit to the community for a personal tour.

"We understand that people may want to learn more about Shell Point before driving from their communities," said Ronette Icsó, vice president of sales and marketing for Shell Point. "By bringing the presentation closer to their current homes, we are able to educate them on the many benefits of choosing to live at Shell Point. From this, they can determine if it is an option they would like to consider for their life planning, and if it is, they can take the next step to come for a tour of our beautiful campus and see it for themselves."

Admission to these seminars is free and refreshments will be served. Seating is limited, so reservations are requested by calling 466-1131 or registering online at www.shellpoint.org/roadshow.



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City Unveils New Panels On Heritage Trail

by Jeff Lysiak

Last Thursday morning on the grounds of Sanibel City Hall, two of the 22 new plaques being installed as part of the Sanibel Heritage Trail were unveiled, with members of the city's administrative staff, elected officials and longtime residents taking part in a 10-minute dedication ceremony on Dunlop Road.

City Manager Judie Zimomra hosted the plaque dedication, and was assisted by Sanibel's first mayor Porter Goss, Deb Gleason, chair of the Sanibel Historical Preservation Committee, and Don Adams, emeritus member of the committee and project facilitator, in unveiling both panels.

The first panel, entitled Preservation, shares details of the founding of Sanibel's Historical Preservation Committee, which credits Elinor Dormer as helping establish the group. The panel also noted the contributions of the Muench family, which donated the first structure – the Clarence



Sanibel's first mayor, Porter Goss, left, helping to unveil one of the 22 new panels along the Sanibel Heritage Trail last Thursday morning on the grounds of city hall. Also pictured, from left, are Billy Lees, Craig Henry, Holly Smith, Mick Denham, Chauncey Goss and Craig Chandler. photos by Jeff Lysiak

Rutland house – to the Sanibel Historical Museum and Village in 1982. The second panel, entitled Governance, discusses the

establishment of home rule on the island, the foundations of the Sanibel Plan and the local commitment to a high quality of life.

"If you'll notice on that panel, there's a picture of Porter Goss being served a restraining order challenging Sanibel's legality of becoming a city," Zimomra told the crowd of onlookers.

"Yeah," Goss added with a smile. "That looks about right."

Prior to the unveiling, Adams offered a toast to the new historic markers. "May this trail inspire all who love Sanibel to uphold and build upon its values forged by its inspiring past," he said.

Last August, the city unveiled the first panel – entitled Pioneer Families – along Sanibel-Captiva Road, a marker which noted the historic accomplishments of the Gavin and Walker families. Eugene and Velma Gavin attended the March 1 dedication ceremony.

"Oooh, I got goosebumps when I saw Miss Dormer's picture on it," Velma Gavin said after she saw the Preservation panel for the first time. "She was a very nice lady."

A total of 23 panels are included continued on page 8B



Eugene and Velma Gavin reading the panel dedicated to preservation efforts on Sanibel

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BIG ARTS Adds FORUM Speaker

BIG ARTS has added a special FORUM speaker, Stephen J. Hadley, who will speak at 7:30 p.m. on Sunday, March 18 in Schein Hall. Hadley served as national security adviser to President George W. Bush and is a principal of RiceHadleyGates LLC, an international strategic consulting firm founded with Condoleezza Rice, Robert Gates and Anja Manuel. The firm assists senior executives of major corporations within industrial, financial, Silicon Valley tech and other industries to successfully work with business challenges in major emerging markets.

Urged by past FORUM speakers to share his experiences and knowledge, Hadley looks forward to meeting with the island community and discussing current foreign affairs and national security issues.

"I look forward to engaging in an open discussion with the island community regarding risk factors to consider including economic, financial and political transitions in major emerging markets," said Hadley. "In relation to China, U.S. businesses need to put together a strategy for a China that is in transition and restricting access to U.S. companies and investors with ever-changing policies, regulations and politics."

Hadley served as the assistant to the president for national security affairs



Stephen Hadley photo provided

from 2005 to 2009. In that capacity, he was the principal White House foreign policy advisor to President George W. Bush and ran the inter-agency national security policy development and execution process.

"The one thing that I hope the audience takes away from my lecture at BIG ARTS is that America needs to stay engaged," concluded Hadley.

The BIG ARTS FORUM is sponsored by Northern Trust and Sue and Tom Pick. For ticket availability, call 395-0900 or visit www.bigarts.org.

BIG ARTS is located at 900 Dunlop Road.*

Condominium Manager Honored

submitted by Peyton Logan

The owners and long term guests of the original Sanibel Arms recently honored Nancy Wright, manager of the condominium for 10 years, by establishing a peaceful memorial in honor of her mother.

Wright said, "My mom was a wonderful guide and role model for me and I am truly honored by this recognition for the continued success our original Sanibel Arms community has had."

The memorial is a small area of flowers and plants with a bench set in front of a Hong Kong orchid tree directly across from the office. Wright said the plants and flowers were selected as friendly to a variety of butterflies because her mother was very fond of them.

"What was especially, warmly wonderful about this is that my friend, Monica DeBarr and her two daughters, Savannah and Autumn, designed it themselves. Monica, who now teaches at Shadowlawn Elementary School in Naples, worked for us at Sanibel Arms for six years, part of a wonderful team we've always had."

A native of Dearborn, Michigan, Alvilta Wright left her retail career to become a stay-at-home mom for Nancy and her sisters.

Nancy added with a smile, "When my sister visits from Michigan, we always visit mom's memorial and spend some good time together with memories."*



Sisters Patti Rousseau and Nancy Wright photos provided



Patti Rousseau and Nancy Wright at their mother's memorial



Tickets still available for Zonta's 17th Annual Tour of Sanibel Island Homes

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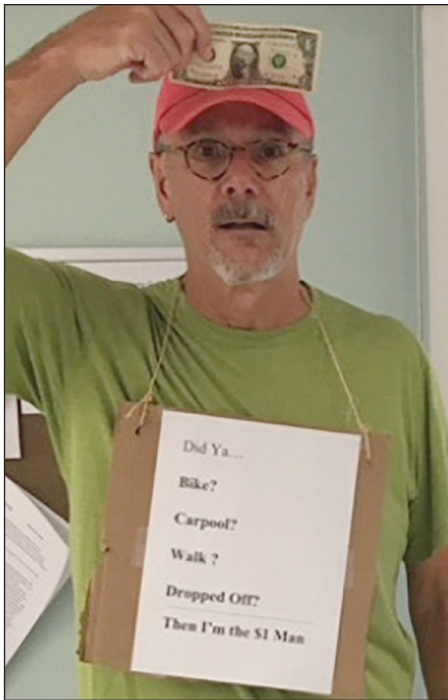


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began distributing single dollars to anyone arriving for activities who walked, biked, was left off or shared a ride. The reward program reduces parking demand at Island Seniors' site, Center 4 Life building, while reducing road traffic on Sanibel.

Around 30 people attend the 8 a.m. exercise class, another 40 or so attend the 9:30 a.m. class and yet another 30 attend activities beginning at 11 a.m. Island Seniors is a social program so members are encouraged to socialize in the kitchen and library after their classes. Thus, sometimes 60 people congregate at the Center 4 Life building. But there are just 46 parking spaces.

Island Seniors' board has been asked to add fitness classes to the afternoons but they are already filled with other activities such as bridge, mahjonn and special events or presentations. The board has explored other parking sites but either liability insurance or rental costs are prohibitive.

Last year, the board voted to award bikers, hikers and hitchhikers a badge for doing so. This award was not met with enthusiasm. However, the dollar program has resulted in as high as 20 people a day not bringing a car.

The program is aimed at high-season traffic. Launched on Presidents' Day, it will continue until the week after Easter. Island Senior volunteers who hand out dollars are Tom Addison, Pete Davis, Terry Dorr, Michael Holloway, Steve Kavalauskas and Dick Talsky.✱

Michael Holloway

photo provided

Island Seniors Address Traffic

submitted by Bud Reinhold

A major problem on Sanibel is road traffic, and the Island Seniors group is doing something about it.

Last week, Island Seniors volunteers

Fishing Club Meeting March 13



Rae Ann Wessel

photo provided

On Tuesday, March 13, the Sanibel Island Fishing Club will hold its monthly meeting in the north room of The Community House, located at 2173 Periwinkle Way. The meeting starts at 6:30 p.m. with a half hour meet-and-greet before the featured speaker begins her presentation at 7 p.m. There is no admission to attend and the angling public is invited. Pizza and refreshments will be available at a nominal charge.

This month's featured speaker is

Rae Ann Wessel, natural resource policy director for the Sanibel-Captiva Conservation Foundation (SCCF). She has been the recipient of numerous environmental awards such as the Charles Edgar Foster Conservation Education Leadership Award in 2013 and the Citizen of the Year Award from COTI that same year. Wessel has been involved with water issues for more than 30 years and continues to guide river and oxbow cruises for SCCF along the Caloosahatchee.

She will be giving the club members and visitors an update as to the status of progress in addressing water quality issues here on the islands from the nutrient-laden water releases out of Lake Okeechobee. She will focus on the Caloosahatchee and its estuary as well as what is happening with the planned water storage areas currently being explored to the south of the "Big O." Anyone on Sanibel who is interested in the future of water quality should plan to attend this informative presentation.

The Sanibel Island Fishing Club meets monthly through season and sponsors several group outings throughout the year as well as lending support for various fishing related charities and non-profit organizations such as LeeReefs, SCCF Marine Lab and Sanibel Sea School.

For information on joining the club, contact Warren Tiegen at 579-0354 or attend the next meeting. To learn more about the club, to view fishing photos or explore the fish recipe section, visit www.sanibelislandfishingclub.com.✱

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Historical Village Elects New Board, Officers

Judy Addison, Dorothy Donaldson, and Bill Rahe were elected to the board of directors of the Sanibel Historical Museum and Village at its annual meeting last week. Each was elected to a three-year term. According to the organization's bylaws, directors may serve two consecutive terms before being required to step off the board for one year before becoming eligible to serve again.

A long-time volunteer at the village, Addison came to Sanibel on the ferry in 1951 to visit her grandparents, who had built a cottage on the gulf in 1950. Addison is a native of Bexley, Ohio. She attended Northwestern University and graduated with a bachelor of music degree. Much of her volunteering has focused on music. She created and ran a music kindergarten while living in New Hampshire. She served as president of the Racine Symphony Orchestra and created their summer pops series. She also directed and sang in many choirs as well as being a member of the Junior League and many other church and community service groups.

Donaldson holds an undergraduate degree in English education, a master's in social work administration and a master's in public administration



From left, Judy Addison, Bill Rahe and Dorothy Donaldson

photo provided

with a concentration in finance. She worked in the public and not-for-profit sectors in New Jersey and New York, where she concentrated on managing and developing staff and programs, working closely with local communities and officials. In 2007, she "graduated

from work" and moved to Sanibel. Donaldson also spent 23 years in the Army Reserve Medical Corps where she specialized in personnel and administration. She retired as a Lt. Colonel in 1996. She currently resides on Sanibel nine months of

the year and spends her summers traveling, and in New York City. She has been a volunteer at the Sanibel Historical Museum and Village since 2008 and previously served on its board. In addition, she has been active with the BIG ARTS Chorus, FISH of SanCap and Community Housing and Resources as a board member.

Rahe retired in December 2000 from Eli Lilly and Company after a 35-year career. He was employed in the management of production and engineering operations. After retiring from Lilly, Rahe worked as an independent consultant to the pharmaceutical industry. Residing with his wife Stephanie on Sanibel since 2001, Rahe has served in several volunteer capacities with the Sanibel-Captiva Rotary Club, Saint Michael and All Angels Episcopal Church, Sanibel & Captiva Islands Chamber of Commerce, Sanibel Recreation Center, Sanibel Historical Village and Little Lake Murex Homeowners Association. He holds a BS degree in chemical engineering from Purdue University. He also holds MBA and JD degrees from Indiana University. He spent two years on active military duty with the United States Army.

After the annual meeting, the board met to elect officers. Bill Bachman will serve as president, Rahe will be vice president, Pete Halliday continues as treasurer and Gail Garlinghouse continues as secretary. This brings the number of board members to 14.✧

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Deb Gleason and Don Adams of the Sanibel Historical Preservation Committee unveiling the newest Sanibel Heritage Trail panel

photo by Jeff Lysiak

From page 4B

Heritage Trail

along the city's shared use paths. Each of the panels includes text and historic photographs addressing many aspects of Sanibel's unique heritage. In addition to the previously mentioned panels, topics include agriculture, architecture, causeway, commerce, community, conservation, education, environment, fishing, hospitality, navigation, racial integration,

recreation, wildlife and worship.

The Sanibel Heritage Trail project – launched in 2011 – is sponsored by the City of Sanibel, Sanibel Historical Preservation Committee, Sanibel Public Library, Lee County Tourist Development Commission (TDC), Southwest Florida Community Foundation and the Florida Humanities Council. The entire project cost \$13,391, with \$6,282 provided by a TDC Marketing and Visitor Enhancement Grant plus \$5,000 via a Florida Humanities Council grant.✧



These Sanibel School students who worked hard washing cars to earn money for their school trip to Washington, DC at the end of April, thank the community for their support

photo provided

Students Raise Funds For DC Trip

On February 24, nine eighth grade students, supervised by three parents and The Sanibel School's Assistant Principal Jamie Reid, washed more than 100 cars from 10 a.m. to 2 p.m. The students were raising funds for their trip to Washington, DC that is coming up in the end of April. These

young ladies and men hustled for four straight hours washing and drying cars and raised \$1,500 for their trip. This money will be divided among the nine students.

A huge thank you to the island community who supported the students in their effort to contribute to the \$1,200 cost of their trip through some very hard labor. And a big thank you to Sanibel Deli, who provided a pizza lunch for the students to help them keep up their energy.✱

Sanibel School Student Earns Scholarship



From left, Isabella, Sophia and Amy Sbarra, Take Stock In Children Mentor Coordinator Sheryl Verhulst and The Sanibel School Principal Chuck Vilardi

photo provided

by Jeff Lysiak

Sophia Sbarra, a sixth grade student at The Sanibel School, recently received a full tuition scholarship from Take Stock In Children, a Florida-based nonprofit organization that provides opportunities for a post-secondary education for academically qualified students.

"I was surprised at first, but I became very excited and happy that I don't have to worry about it in the future," said Sophia, 11, who received the scholarship on February 16.

The youngster, whose favorite classes include science and history, already has

lofty career goals.

"My career goal is to make a virtual reality veterinarian so I can operate on animals with a robot remotely," she added.

Her mother, Amy Sbarra, shared how proud she was of her daughter's accomplishments.

"She's worked really hard on getting her grades up this year. I've always known she was of gifted intelligence," said Sbarra, who pointed out that she had Sophia tested by an independent psychologist just before she entered first grade. "I've had to push her to get her to focus and apply herself. She's really focusing now and seems to most enjoy math, science and STEM."✱

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From left, Mary Bondurant, Robin Bast, Fred Bondurant, Cathie Lewis and Dr. Heather Barron
photo provided

Realtors Making A Difference With CROW

As part of CROW's 50th year celebration, the Forest Country Club in Fort Myers hosted an educational evening. In addition to the guests getting an opportunity to meet several animal ambassadors and have dinner, staff from Sanibel's Clinic for the Rehabilitation of Wildlife (CROW) provided information about the organization, its mission and history.

After dinner, board members, CROW's executive director and hospital director provided a presentation that explained recent accomplishments, research and the One World One Health approach to the care and rehabilitation of wildlife.

Members of the Sanibel & Captiva Islands Association of Realtors volunteer regularly for CROW and help to support its mission. The association is also a sponsor of CROW's 2018 Southern Comfort on Sanibel fundraiser.

For more information about 50 years of CROW and its continued mission to provide state of the art veterinary care for injured wildlife, visit www.crowclinic.org.✱

Community House Volunteer Of The Week

Out of wintry Michigan and into the Florida sun, Rick Goodrich reports that his wife, Kathleen, instantly fell in love with Sanibel as early as 1980. Goodrich took a little longer to succumb to the magic of the island. Now, he confides, "I wouldn't leave it for the world."

As retirement approached, the couple looked up and down both coasts of Florida. Sanibel continued to beckon and became their permanent home in 2012. Goodrich said, "When I walk into the Sanibel Community House, I always feel like something good is going to happen. I just enjoy the moment. There is a never-ending opportunity to help out. There are always interesting changes at the House."

Rick and Kathleen began to attend functions at The Community House and enjoyed the variety of events. He first volunteered at the Fun Fest. He enjoyed meeting new people, the involvement with the community and trying to help out where he could. It is this philosophy that has made Goodrich such a valuable member of the Sanibel Community Association (SCA) volunteer team. "There are so many things to do. It helps me enjoy retirement," Goodrich said.

Goodrich often speaks of his need to remain active and involved in retirement. He donates many hours to The Community House. You can find him welcoming visitors, working behind the scenes to prepare for events, setting



Rick Goodrich photo provided

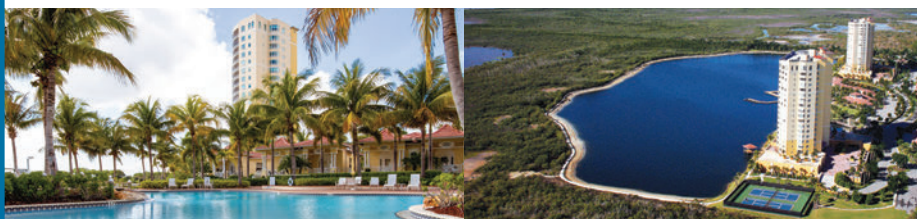
up the bar, or helping guests check in or find a seat for the various programs. You may have seen him last week in front of Bailey's selling raffle tickets for the Shell Festival.

Goodrich is also a member of the Hammerheads, who work with the Sanibel-Captiva Conservation Foundation (SCCF). They build, repair and renovate different projects around the island. He is also a board member of the Acoustic Music Society of Southwest Florida, which is dedicated to preserving and promoting bluegrass music.

This volunteer of the week has found his way to stay active and involved, and retirement seems to suit him just fine.✱

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Florida Domicile Program Offered

The Sanibel Captiva Trust Company is offering a roundtable seminar on how to establish Florida Domicile on Wednesday, March 14 from 3 to 4:30 p.m. at the Sanibel office board room, located at 2460 Palm Ridge Road.

The event is being hosted by Robin L. Cook, executive vice president of The Sanibel Captiva Trust Company and David M. Platt, wills, trusts and estates attorney at Henderson/Franklin Attorneys at Law. Cook will explain the importance of understanding the definition of "Florida Domicile" and why it is critical for new residents to follow steps to establish it.

"So often, new residents to the area believe that purchasing a home here and spending part of the year means they have 'domiciled,' which provides them with the privileges and benefits of Florida estate tax laws and protections," said Cook. "But that is not the case. There is much more to it and this is what we address at our seminar."

Seating is extremely limited in this roundtable format, designed to



Robin L. Cook photo provided
maximize time with the advisors. Reservations are required, along with \$2 million investable assets and higher. Reserve space by calling 472-8300 or sending an email to fsteger@sancaptrustco.com.✱



Dr. Jerome Jackson photos provided

Osprey Foundation Annual Meeting

The annual meeting of The International Osprey Foundation (TIOF) will take place on Sunday, March 18 and will feature Dr. Jerome J. Jackson, professor emeritus at Florida Gulf Coast University and Mississippi State University. Dr. Jackson, who is also an author and broadcaster, will discuss the wonders of fish-eating avians, including the magnificent osprey, other raptors and the swallow-tailed kite, which has nested on Sanibel in recent years.

The meeting will take place in the center room at The Community House, located at 2173 Periwinkle Way. Doors open at 6 p.m., the program starts at 7 p.m. with a short business meeting and updates.

The TIOF board voted unanimously to approve four internationally-focused



Jim Griffith, president of The International Osprey Foundation, with help from LCEC, adds some sticks to a newly-built osprey nesting platform to encourage new occupants

research grants in 2017 for a total of \$7,000.

Admission to the annual meeting is free for TIOF members; a \$3 donation is requested of others.

Osprey platforms on Sanibel and Captiva suffered some damage during Hurricane Irma last September and have required repair, replacement and other maintenance.

TIOF President Jim Griffith reported to the board that he installed or repaired six nesting platforms in 2017.

The 2017 nesting season produced 97 osprey chicks, up from just 54 in 2017. The 2018 nesting season is under way and continues through May, with groups of TIOF nest monitors checking them regularly and compiling data on chicks until they fledge.

Ospreys are a common sight on Sanibel and Captiva. Sanibel-Captiva Audubon Society's 2017 Christmas Bird Count on December 16 reported a total of 463 ospreys, up from last year's 417 count.✱

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Optimists Serve Up Tasty Food And Wine Festival



Members of the Sanibel-Captiva Optimists Club, from left, Frans Knox, Marit Hansen, Dani and Stan Howard, Frances and Mark Steger, and Randy Carson, welcoming guests to Sanibel Uncorked, the annual food and wine festival fundraiser
photos by Jeff Lysiak



From left, Staci Kothbauer, Jan McMahon and Jessica Hoffmaster



Randy Hamme, left, serving cooked shrimp and oysters to guests Hailey Lehman and Kurt Theissen



Chef Karl Hamme, left, offering appetizers to Sylvia Burns, Cheryl Brugliera and Scott Mowry



From left, Kathy Lacasse with Joan and Bob Gonser

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Michelle Tenbrook getting her glass refilled by Steve Nordstrom



From left, Fran Kieling, John and Fay Carney, and Jerry Crowe



Dan and Sharon Schuyler



During his live cooking demonstration, Chef Karl Hamme prepared Cuban pulled pork, vegetarian black beans and Mexican street corn



Crowds mingling under the tent at Lily & Co. Jewelry Gallery on Sunday afternoon



Optimist Club President Stan Howard

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From left, Kit and Lynda Traverso with VIP Realty Group Managing Partner Jim Hall
photos provided

Realtors Honored At Ceremony

During its annual recognition ceremony, VIP Realty Group announced that Lynda and Kit Traverso were Associates of the Year for Sanibel and Captiva. Additionally, the Traversos received VIP Realty's most prestigious individual prize, the All Company Number One Agent 2017, awarded to the top agent out of all of the company's offices in Lee and Collier counties.

Karen Bell and The Bell Team were recognized as Sanibel and Captiva's Top Team for 2017. The Bell Team also received VIP Realty's most prestigious group honor, the All Company Number One Team, awarded to the top sales group out of all of the company's offices in Lee and Collier counties.

Ted Benjamin was named Rookie of the Year for the Sanibel and Captiva offices, and the Top Rookie company-wide for all VIP Realty offices. Additionally, he was a first time President's Club member.



Ted Benjamin

Deb Smith was honored with the company-wide Marketing Excellence Award. She represented the largest number of buyers, and the largest number of buyers and sellers combined for all of VIP Realty Group. She



From left, Karen Bell, John Bates and Sherill Sims of The Bell Team



Jim Hall and Deb Smith

was also a first time member of the prestigious Champions Club. Deb Gleason was given the Cramer Award for her dedication and service to VIP.



Deb Gleason

The awards ceremony was held on February 23 at Kelly Greens Country Club in Fort Myers. Realtors from Sanibel, Captiva, Fort Myers and Naples offices were in attendance.✧

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Doc Ford's Joins Sponsors For Beer In The Bushes

The Sanibel-Captiva Conservation Foundation (SCCF) announced that Doc Ford's Rum Bar & Grille is returning as a major sponsor for SCCF's Beer in the Bushes fundraiser.

"This event literally would not be possible without Doc Ford's and all the other generous sponsors," said SCCF event producer Jeff Siwicke. "We couldn't keep the tickets reasonably priced and make Beer in the Bushes the good time it is without their incredible support."

Doc Ford's joins two other already announced major sponsors for this event. The Sanibel Captiva Trust Company is returning as presenting sponsor and Jensen's Twin Palm Resort & Marina is the 2018 band sponsor.

Beyond those three, SCCF also gratefully acknowledges the event sponsors in the following categories:

Keg – The Great White Grill, Superior Title, Pfeiffer Realty Group, David and Brenda Bass, and Bailey's General Store.

Growler – T2/Traders, Roberta and Philip Puschel, and Deborah La Gorce

Pint – McQuade General Contracting, Island Inn, Island Taxi, Deep End Pool Service, and RE/MAX of the Islands

Brew Crew – John and Kay Morse, Don and Joyce Rice, Bill and Shelley Greggs, Gwenda Hiett-Clements, Blake and Jan Devitt, Ron and Phyllis



SCCF's Jeff Siwicke and Erick Lindblad raise glasses with Marty Harriy and the Doc Ford's Sanibel team photo provided

Gibson, Tom and Linda Uhler, Chip and Nancy Roach, Bill and Tory Burch, Matzaluna the Italian Kitchen, The Sanibel & Captiva Islands Association of Realtors, Nanelle Wehmann, Greenwood Consulting Group, Mike Kelly, Diane and Leroy Neitzel, Pam and Clark Rambo, Elaine Adler, and Landmark Design of Sanibel.

Staged on the grounds of SCCF's Nature Center, the 7th annual Beer in the Bushes is set for Saturday, March 31 from 6 to 10 p.m. The headliner will be Keller Williams with More Than A Little, a live soulful R&B flavored band.

Local food trucks under the coordination of Catering by Leslie Adams

will offer a variety of dining options. All tickets include \$10 in TruxBux redeemable for dinner choices from any of the trucks.

Event proceeds support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed. Tickets at \$70 are likely to sell out and must be purchased in advance by visiting www.sccfbeer.eventbrite.com.

The SCCF Nature Center is located at 3333 Sanibel-Captiva Road. To learn more about event sponsorship opportunities, contact Cheryl Giattini at 395-2768 or cgiattini@sccf.org.

Free Electronics Recycling

Recycle responsibly and bring your old electronics to the back of Sanibel Congregational United Church of Christ on Saturday, March 10 between 9 and 10 a.m. The recycler, Brian Slager of eScrap Recycling, does not send anything to other countries, or to prisons or landfills. He reuses everything he takes. His recycling service is free and complies with all local, state and federal regulations. He destroys all personal and business data on hard drives and storage devices before disposing of them.

While he does not take glass-screen CRT televisions and monitors, LED and LCD televisions, printers and copiers, he does accept electric wire, keyboards, laptops, notebooks, computer towers, battery backups, hard drives, flat panel monitors, lithium batteries, automotive batteries, cell phones, standard phones and phone equipment, generators, industrial switching gear, hospital and medical test and monitoring equipment, gaming devices, VCR, DVD, blu-ray and audio equipment, GPS items, mainframes, circuit boards, automotive and industrial machinery and test equipment, electric motors, routers, speakers, external hard drives, smart phones, florescent light ballasts, marine electronics, servers, video equipment, electrical switches, circuit breakers and panels, starters and alternators.

The church is located at 2050 Periwinkle Way. For more information, call 472-0497.



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Rotary Happenings

submitted by Shirley Jewell

After the arts and crafts fair, it was back to normal for Rotarians this week. Lots of "thank yous" went around the room with appreciation focused on the number of man and woman hours that goes into the production of such an amazing fundraising event. Special recognition was also heaped on Rotarian Scot Congress, chair for this event, for stepping up to the plate and knocking it out of the park – job well done. All proceeds from the fair will now be transferred to the Rotary Club of Sanibel-Captiva Trust Fund, where funding projects are reviewed, vetted, discussed and voted on before distribution.



The business portion of our meeting last week was rather long, and I wondered if our speaker that morning would have enough time to present his program, but fear not. Dan Perkins, founder and president of the nonprofit foundation Songs and Stories for Soldiers, was up to the task. He didn't need a Power Point presentation, a video or a prepared script to explain what his nonprofit is about. He spoke from the heart.

Although Perkins retired from a rewarding financial career and has written a number of books, he was still driven to do something more. A military veteran himself, Perkins had a calling and a passion for helping fellow veterans returning from the front lines of war and trying to cope with being back home. There are those that have obvious bodily war injuries and those that have the hidden terror of mental stress from being on the front lines. Perkins said, "We know the price every active duty member of the armed forces pays. We want them to know we are working to do something for them."

Perkins had an epiphany moment. It was simple, but it was brilliant. Music, voice, a presence in the dark lonely hours can sooth all of us.

Perkins gave us some statistics that are eye-opening: the suicide rate for veterans is four times greater than the general population; women veterans suicide is 12 times greater; currently 600,000 veterans suffer with PTSD; it is reported that 55 percent of active duty women in

the armed services have been sexually assaulted but they are less likely to use veterans' services for help. Our men and women veterans have made some remarkable sacrifices for our country, and in some small way, we should pay them back by helping them when we can.

Perkins realized the struggles returning veterans face, struggles with PTSD, sleep deprivation, depression, loneliness, homelessness and thoughts of suicide. Sometimes, those lonely hours are unbearable, but distraction of the mind can help. "Plagued by unimaginable sights that are rerun over and over in their minds, they are thrust into a world with mixed emotions about our entanglement in foreign wars. Many are finding it difficult to adjust to what was once their 'normal life.' Every day in America, 22 veterans commit suicide. We lose more veterans to PTSD suicide than we have from the battles in which they fought," Perkins said.

Perkins then held up a small, clear plastic package with a programable MP3 player inside preloaded with music, books on tape, old radio programs, and more. This small package, this simple device, this does help. Songs and Stories for Soldiers distributes MP3 packages free to veterans and injured active duty men and women in hospitals who are trying to return to normal life. These MP3 players can also be personalized with programable media. The MP3 player fits in a small pocket or backpack, something that can be carried with you no matter where you go, and something that can keep you company and quiet your mind when need be.

According to Perkins' handout, "In just four years, Songs and Stories is partnering with 81 VA hospitals, clinics, community centers, veteran centers and homeless shelters. They have distributed over 13,000 MP3 players to veterans, helping them deal with the effects of traumatic brain injury (TBI), post traumatic stress disorder (PTSD), sleep deprivation, suicide prevention and many other health issues. Our motto is "Getting Soldiers Safely to Dawn." In other words, a full night's sleep where there has not been one, sometimes for years."

All Rotarians were extremely impressed. Such a brilliant idea with such a far-reaching result. For more information regarding Songs and Stories for Soldiers, check out their website: www.songsandstoriesforsoldiers.us.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**

Captiva Community Panel Report

As part of its update of the Captiva Code, the Captiva Community Panel wants to hear from the community. Use the link <https://www.surveymonkey.com/r/2018captiva> to access an online survey on a number of issues including water quality, traffic, beaches, development and vegetation. A link is also online at www.captivacommunitypanel.com.

Response are needed by March 30. Results will be discussed at the April 10 and May 8 panel meetings, and will be posted on the panel website. If you have questions, email captivacommunitypanel@gmail.com or call 489-2616.

Monday After The Masters is set for Monday, April 9 at South Seas Island Resort. Put together a foursome, become a sponsor, be a volunteer or just come out to watch golfers take on the resort course, all to support the Captiva Community Panel.

Foursomes are now being accepted and sponsorships are available. Go to www.matm2018.eventbrite.com.

The next meeting of the Captiva Community Panel is set for Tuesday, March 13 beginning at 9 a.m. in the Cone Rooms on Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items will be an update on the Captiva Code efforts and the Coastal Construction Setback Line changes, plus committee reports and update from other island organizations.

At 10 a.m., the third community input workshop will be held, focusing on transportation, traffic, road and parking issues, including: speeding on Captiva Drive; children driving golf carts; Blind Pass Bridge fishing rules; illegal parking problems in high season; gas-powered carts after 10 p.m.; transition to electric golf carts; loud music on rental golf carts; unauthorized car and golf carts driving down and parking on private streets and private lots; garbage and recycle cans left on the streets; road kill (dead rabbits) left on streets.

The next meeting of the Captiva Erosion Prevention District board will be held on Wednesday, March 14 beginning at 1 p.m. at Tween Waters Inn. Call the district at 472-2472 or go to mycepd.com for more information.*

Three Months To Hurricane Season

submitted by the City of Sanibel

Reminder: continue to use the 2016 hurricane reentry pass in 2018. The residential pass is purple, the commercial pass is tan. Our reentry pass easily identifies who and when persons are authorized to return after an evacuation. This program is all about safety and security, therefore, getting a pass requires a short application and specific documentation (shown on the application). See emergency management on www.mysanibel.com. Reentry passes are issued all year: do not wait until a storm threatens.

Family Emergency Plan – Completing this pre-formatted plan makes it your family's emergency plan. Packed with essentials on surviving a hurricane, it can also improve your quality-of-life during the event. The plan is on the county website at www.leeec.com.

CodeRED – Both the city and county use this tool to send targeted emergency alerts. You can receive alerts on multiple

phones such as your home and/or cell. Register for this free service on the city website at www.mysanibel.com (Quick Links on the right side).

Special Needs Program – The program provides shelter from a tropical storm or hurricane for those who live in a home and/or area that isn't safe from storm surge or wind, and who have no other safe place to go. It also provides transportation to a shelter for those who do not have a way to get there. The program is available to Lee County residents at no cost, but you must register by completing an application. Sanibel or Captiva residents contact FISH of SanCap at 472-4775 or you can register with the county on the website at www.leeec.com.

All Hazards Guide, Additional Information and Tips – A great resource on a variety of topics like preparations, shelters and contacts is the All Hazards Guide on the county website at www.leeec.com.

Flood Hazards – The Federal Emergency Management Agency lists the entire City of Sanibel as a Special Flood Hazard Area. Floods kill almost 200 people a year in the U.S., 50 percent of those are vehicle related.*



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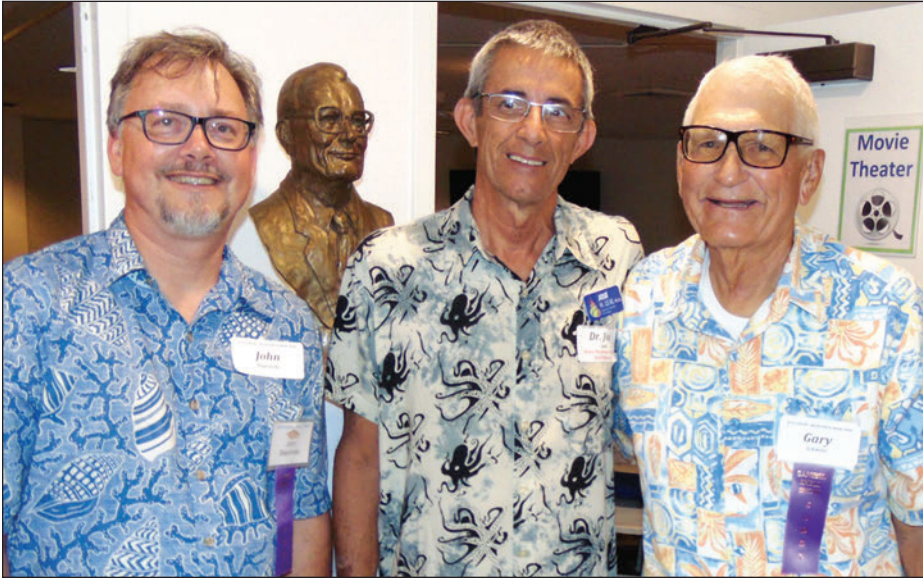
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Highlights Of The Sanibel Shell Show Judges Reception



From left, John Slapcinsky, Scientific Division judge; Dr. Jose H. Leal, science director and curator of the Bailey-Matthews National Shell Museum; and Gary Schmelz, Scientific Division judge at the 81st annual Sanibel Shell Show Judges Reception last Wednesday evening
photos by Jeff Lysiak



Sanibel-Captiva Shell Club Vice President Kathy Kapp and Sanibel Shell Show co-chair Joyce Matthys



She Sells Sea Shells owners Anne and David Joffe, who celebrated their 50th wedding anniversary on February 28



From left, Melissa Congress, award sponsor; Dorrie Hipschman, executive director of the Bailey-Matthews National Shell Museum; and Gretchen Falk, museum operations manager



From left, Artistic Division judges Phyllis Gray and Shannon Webster with Sanibel Shell Show co-chair Mary Burton



From left, Judges Reception chair Karen Turner with volunteer coordinators Linda and Stacy Edinburg



From left, Yuki Shima, Hatsue Iimuru, Yasuyuki Suzuki, Asuka Sekiguchi and Chihiro Katsumurta, exhibitors from Japan

Sanibel Shell Show Ribbon Report 2018

SCIENTIFIC DIVISION
Student Grades K-6 – Worldwide – Shells and/or sea life – Any source
1st – Dominic Baker, Cape Coral, FL
2nd – Matthew DeOreo, Manchester, MA
Single Shell – Sanibel-Captiva – Self-collected
1st – Bruce Schulz, Fort Myers, FL
2nd – Debi McBroom, Sebring, FL
3rd – Pam Boynton, Sanibel, FL
Single Shell – Florida-Caribbean – Self-collected
1st – Linda Powers, Englewood, FL
2nd – Doug Thompson, Lynn Haven, FL
3rd – Mary Ann Coke, Grand Blanc, MI
Single Shell – Florida-Caribbean – Any source
1st – Doug Thompson, Lynn Haven, FL
2nd – June Bailey, St. Petersburg, FL
3rd – Michael Gillmore, Fort Myers, FL
Single Shell – Worldwide – Self-collected
1st – James Cordy, Merritt Island, FL
2nd – Andrea Hutchinson, Palm Harbor, FL
3rd – Andrea Schopf, Lancaster, PA
Single Shell – Worldwide – Any source
1st – Andrea Schopf, Lancaster, PA
2nd – James Cordy, Merritt Island, FL
3rd – Gregory Curry, Sr., Key West, FL
Single Shell – Unusual Variants – Albinos, Freaks, etc. – Any source
1st – Anne Joffe, Sanibel, FL
2nd – Marilyn Healy, Fort Myers Beach, FL
3rd – Andrea Schopf, Lancaster, PA
Single Shell – Fossil – Shells and/or other sea life – Any source
1st – Victoria R. Sharps, North Fort Myers, FL
2nd – Anne Joffe, Sanibel, FL
3rd – Andrea Hutchinson, Palm Harbor, FL
Single Specimen – Sea Life (Other than shells) – Coral, echinoderm, etc. – Any Source
1st – Anne Joffe, Sanibel, FL
2nd – Phyllis Gray, Orlando, FL
3rd – Mary Giambruno, Bonita Springs, FL
SCIENTIFIC DIVISION
Multiple Shells – Florida-Caribbean – Self-collected
1st – Doug Thompson, Lynn Haven, FL
2nd – Amy & Bill Tripp, Marco Island, FL
3rd – Andrea Schopf, Lancaster, PA
Multiple Shells – Florida-Caribbean – Any source
1st – Doug Thompson, Lynn Haven, FL
2nd – Multiple Shells – Worldwide – Any source
1st – Pat & Bob Linn, Dunedin, FL
2nd – Mary Jo Bopp, Bradenton, FL
Multiple Shells – One Genus – Any source
1st – Gregory Curry, Sr., Key West, FL
Multiple Shells – One Species – To show color, form and/or growth – Self-collected
1st – Amanda Baker, Cape Coral, FL
Multiple Shells – One Species – To show color, form and/or growth – Any source
1st – Gregory Curry, Sr., Key West, FL
Multiple Shells – Educational – Intended primarily to teach – Any source
1st – Mary Ann Coke, Grand Blanc, MI

2nd – Donna Carey, Fort Myers, FL
Multiple Shells – Land or Fresh Water Shells – Any source
1st – Sheila Nugent, Gloucester, MA
2nd – Phyllis Gray, Orlando, FL
Multiple Specimens – Fossils – Shells and/or other sea life – Any source
1st – Gregory Curry, Sr., Key West, FL
2nd – Irene Longley, St. James City, FL
3rd – Marilee McNeilus, Dodge Center, MN
Multiple Specimens – Sea Life Other Than Shells – Coral, echinoderm, etc. – Any source
1st – Duane Kauffmann, Sarasota, FL
Multiple Specimens – Special – Does not fit into any other class
1st – BJ Shouppe, Palm Bay, FL
Best of the Blues – Previous winner of a Blue Ribbon – at any past Sanibel Shell Show
1st – Robert L. & Alice L. Pace, Miami, FL
Anne Joffe Sanibel – Superstar Award – Previous winner of a major award – such as du Pont, COA, PRI
1st – Ron Bopp, Bradenton, FL
ARTISTIC DIVISION
Hobbyist – Flower Arrangement – Made of Shells – Shells only
1st – Linda Dorn, Sanibel, FL
2nd – Joann Bucaida, Bonita Springs, FL
3rd – Ann DiRico, Sanibel, FL
Hobbyist – Flower Arrangement – Sea life – with or without shells
1st – Shanti Moore, Pompano Beach, FL
2nd – Susan Butwin, Canadensis, PA
3rd – Joann Bucaida, Bonita Springs, FL
Hobbyist – Single Flower – Shells and/or other sea life
1st – Shanti Moore, Pompano Beach, FL
2nd – Barbara Witty, Sanibel, FL
Hobbyist – Single Stem of Flower – Shells and/or other sea life
1st – Barbara J. Malbouef, Holland, MI
Hobbyist – Miniature Flower Arrangement – Max. 3in. x 3in. x 3in. – Shells and/or other sea life
1st – Tyler Schoenherr, Sanibel, FL
2nd – Leslie Anding, Sanibel, FL
3rd – Carolyn Donato, Sanibel, FL
Hobbyist – Miniature Picture – Max. 6in. x 8in. – Shells and/or other sea life
1st – Sharon Thomas, Indianapolis, IN
2nd – Shanti Moore, Pompano Beach, FL
3rd – Dorothy Harper, Fort Myers, FL
Hobbyist – Lamp – Shells and/or other sea life
1st – Ann Palmer, Vashon, WA
2nd – Scott Wilzbach, Cape Coral, FL
3rd – Diane Siciliani, Wellington, FL
Hobbyist – Jewelry – Single piece – Shells and/or sea life related
1st – Donna Timmermann, Sarasota, FL
2nd – Donna Carey, Fort Myers, FL
Hobbyist – Jewelry – Multiple pieces – Shells and/or sea life related
1st – Donna Timmermann, Sarasota, FL
2nd – Jeanne Ford, Fort Myers, FL
3rd – Shanti Moore, Pompano Beach, FL
Hobbyist – Shell-Related Needlecraft – No kits – Shells and/or sea life related
1st – Ann Reardon, Sanibel, FL
2nd – Margaret Gammon, Cape Coral, FL
Hobbyist – Holiday Decoration – Shells and/or other sea life
1st – Cynthia Skelly, Fort Myers, FL
2nd – Andrea Schopf, Lancaster, PA
3rd – Linda Powers, Englewood, FL
ARTISTIC DIVISION
Hobbyist – Single Sailor’s Valentine – Min 7 in., Max 32 in. – Shells and/or other sea life
1st – Joy Henderson, Lacey’s Spring, AL
2nd – Sally Arbib, Gibbs, St. Peter,

Barbados
3rd – Yuki Shima, Tokyo, Japan
Hobbyist – Single Miniature Valentine – Three inches or smaller – Shells and/or other sea life
1st – Mary Giambruno, Bonita Springs, FL
Hobbyist – Single Miniature Valentine – 4 inches min. 6 inches max. – Shells and/or other sea life
1st – Donna Wilson, Ocean City, NJ
2nd – Dianne D. Reich, Sanibel, FL
3rd – Yuki Shima, Tokyo, Japan
Hobbyist – Traditional Single Sailor’s Valentine – Max 14 x14 in. – Shells and/or other sea life
1st –Mary Hennemann, Florence, KY
2nd – Asuka Sekiguchi, Tokyo, Japan
Hobbyist – Double Sailor’s Valentine – Max 20 x 40 in. – Shells and/or other sea life
1st – Chihiro Katsumata, Shizuoka, Japan
2nd – Virginia Marcellus, Albany, NY
Hobbyist – Novelties – Animals, caricatures, etc. – Shells and/or other sea life
1st – Andrea Schopf, Lancaster, PA
2nd – Leslie Anding, Sanibel, FL
3rd – Carol Nottage, Sanibel, FL
Hobbyist – Flower Picture – Shells and/or other sea life
1st – Marti Gorun, Libertyville, IL
2nd – Carol Judd, Naples, UT
Hobbyist – Picture or Mosaic – Other than flowers – Shells and/or other sea life
2nd – Linda Sutherland, Fort Myers, FL
Hobbyist – Mirror – Shells and/or other sea life
1st – Andrea Schopf, Lancaster, PA
2nd – Marti Gorun, Libertyville, IL
Hobbyist – Wreath – Non-holiday – Shells and/or other sea life
1st – Pat Linn, Dunedin, FL
2nd – Shanti Moore, Pompano Beach, FL
3rd – Nora Mihelick, Fort Myers, FL
Hobbyist – Multimedia – Photo, painting, artistic rendering – Shell related – No actual shells
1st – Pamela Breitberg, Lauderdale by the Sea, FL
2nd – Donna Carey, Fort Myers, FL
3rd – Cheri Hollis, Sanibel, FL
Hobbyist – Shell Table – Must utilize shells and/or sea life – as a major component
1st – Joy Henderson, Lacey’s Spring, AL
Artistic Division
Hobbyist – Shell Box – Must utilize shells and/or sea life – as a major component
1st – Marti Gorun, Libertyville, IL
2nd – Carolyn Donato, Sanibel, FL
3rd – Lesley Blakeman, Wilmington, NC
Hobbyist – Miscellaneous – Not applicable to other classes
1st – Charlotte Connor, Ponte Vedra Beach, FL
2nd – Andrea Schopf, Lancaster, PA
3rd – Virginia Marcellus, Albany, NY
Hobbyist – Student Grades K-6
1st – Tristen Clements, Lacey’s Spring, AL
2nd – Marlie Pinheiro, Barbados
3rd – Hayden Osborn, Naples, FL
Hobbyist – Student Grades 7-12
1st – Julia Wilson, Ocean City, NJ
Professional – Flower Arrangement – Made of Shells – Shells only
1st – Barbara Walling, Sanibel, FL
2nd – Ann Stegner, Port Charlotte, FL
3rd – Lisa F. Fitzgerald, Lehigh Acres, FL
Professional – Flower Arrangement – Sea life with or without shells
1st – Barbara Walling, Sanibel, FL

2nd – Ann Stegner, Port Charlotte, FL
Professional – Miniature Flower Arrangement – Max. 3in. x 3in. x 3in. – Small shells and/or other sea life
1st – Constance Marshall Miller, Sanibel, FL
2nd – Robert Stuteville, New Burgh, IN
Professional – Miniature Picture – Max. 6in. x 8in. – Small shells and/or other sea life
1st – Charles Barr, Rockford, IL
2nd – June Lanza, Greenbrook, NJ
3rd – Vickie Cassady, Fort Myers, FL
Professional – Tree or Topiary – Non-holiday – Shells and/or other sea life
2nd – Carrie Madderom, Placida, FL
Professional – Jewelry – Single piece – Shells and/or sea life related
1st – Anita Gober, Sanibel, FL
2nd – Kathryn Perkins, Saddle River, NJ
3rd – Julie Anderson, Louisville, KY
Professional Jewelry – Multiple pieces – Shells and/or sea life related
1st – Mary Burton, Lehigh Acres, FL
2nd – Heather Rivera, Cape Coral, FL
3rd – Anita Gober, Sanibel, FL
ARTISTIC DIVISION
Professional – Shell Related Needlecraft – No kits – Shells and/or sea life related
1st – Melva Wilzbach, Cape Coral, FL
2nd – Victoria Ross, Fort Myers, FL
3rd – Peter Brimlow, Conway, SC
Professional – Holiday Decoration – Shells and/or other sea life
1st – Judy Dinnick, Toronto, Ontario, Canada
2nd – Constance Marshall Miller, Sanibel, FL
3rd – Nereida Arango, Noord, Safir, Aruba
Professional – Single Sailor’s Valentine – Min. 13 in., Max. 32 in. – Seashells and/or sea life
1st – David Rhyne, Sarasota, FL
2nd – Suzanne Dietsch, Wyanet, IL
2nd – Judy Dinnick, Toronto, Ontario, Canada
3rd – Constance Marshall Miller, Sanibel, FL
Professional – Single Miniature Valentine – Three inches or smaller – Seashells and/or sea life
1st – Denise Betourne, Gilmanton, NH
2nd – Kathryn Perkins, Saddle River, NJ
3rd – David Rhyne, Sarasota, FL
Professional – Single Miniature Valentine – 4 inches min., 6 inches max. – Seashells and/or sea life
2nd – Denise Betourne, Gilmanton, NH
3rd – Brenda Rice, Shreveport, LA
Professional – Single Med. Sailor’s Valentine – Min. 7 in., Max. 12 in. – Seashells and/or sea life
1st – Judy Dinnick, Toronto, Ontario, Canada
2nd – Denise Betourne, Gilmanton, NH
2nd – Gerda Reid, Marstons Mills, MA
3rd – David Rhyne, Sarasota, FL
3rd – Constance Marshall Miller, Sanibel, FL
Professional – Traditional Single Sailor’s Valentine – Max. 14 x 14 in. – Seashells and/or sea life
1st – Constance Marshall Miller, Sanibel, FL
2nd – Hatsue Jimuro, Yamanashi, Japan
3rd – Gerda Reid, Marstons Mills, MA
Professional – Traditional Double Sailor’s Valentine – Max. 14 x 28 in. – Seashells and/or sea life
1st – Victoria Ross, Fort Myers, FL
Professional – Novelties – Animals, caricatures, etc. – Shells and/or other sea life
1st – Susan Lloyd, Westport, CT
Professional – Flower Picture – Shells and/or other sea life



Cynthia Skelly won first place for her angel sculpture



Lions paw exhibit



Castle by Vignia Marcellus



Sugar skull by Susan Lloyd



Little Sheller by Victoria Ross



Single flower arrangement by Barbara Witty



Exhibit of specimen shells from Haiti



Urchin Temple Guardian by Andrea Schopf

1st – David Rhyne, Sarasota, FL
2nd – Betsy Studley, Yarmouth Port, MA
3rd – Sharlene Tessler, West Yarmouth, MA
ARTISTIC DIVISION

Professional – Picture or Mosaic – Other than flowers – Shells and/or other sea life

1st – Charles Barr, Rockford, IL
2nd – Alla Baksanskaya, Brooklyn, NY
3rd – Susan Lloyd, Westport, CT

Professional – Mirror – Shells and/or other sea life

1st – Carrie Madderom, Placida, FL
2nd – Nereida Arango, Noord, Safir, Aruba
3rd – Susan Lloyd, Westport, CT

Professional – Multimedia – Photo, painting, artistic rendering – Shell related – No actual shells

1st – Charles Barr, Rockford, IL
2nd – Marilee McNeilus, Dodge Center, MN
3rd – Constance Marshall Miller, Sanibel, FL
3rd – Ronald Lusk, Boca Raton, FL

Professional – Shell Table – Must utilize shells and/or sea life – as a major component

1st – Caryl Renz, Clearwater, FL
2nd – Mary Jane Swift, Largo, FL

Professional – Shell Box – Must utilize shells and/or sea life – as a major component

1st – Mary Burton, Lehigh Acres, FL
2nd – Betsy Studley, Yarmouth Port, MA
3rd – Susan Lloyd, Westport, CT

Professional – Miscellaneous – Not applicable to other classes

1st – Bobby MacPhail, Fort Myers, FL
2nd – Maggii Sarfaty, Easton, MD
2nd – David Rhyne, Sarasota, FL
2nd – Caryl Renz, Clearwater, FL
3rd – Judy Dinnick, Toronto, Ontario,

Canada

3rd – Carrie Madderom, Placida, FL
3rd – Hatsue Jimuro, Yamanashi, Japan

Collectibles – Antiques, fine art, unusual artifacts – Incorporating shells or shell motifs

1st – Anne Joffe, Sanibel, FL
2nd – Sarah Mitchell, Rochester, MA
3rd – Heather O'Keefe, Sanibel, FL

SCIENTIFIC DIVISION
du Pont Trophy – Most outstanding entry in show

Gregory Curry, Sr., Key West, FL
Conchologists of America Award
Doug Thompson, Lynn Haven, FL

Best Sanibel-Captiva Shells

– Self-collected

Robert L. & Alice L. Pace, Miami, FL
Best Florida-Caribbean Shells – Any source

Doug Thompson, Lynn Haven, FL
Howard Sexauer Award – Best worldwide shells – any source

Pat & Bob Linn, Dunedin, FL
Best Fossil Exhibit – Any Source

Gregory Curry, Sr., Key West, FL
Marilyn Northrup Award – Shell of Show: Self-collected

Doug Thompson, Lynn Haven, FL
Eugene & Evelyn Spencer Award – Best single South Pacific shell

Phyllis Gray, Orlando, FL
Shell of Show: Any Source

Gregory Curry, Sr., Key West, FL
Shell of Show: Fossil

Gregory Curry, Sr., Key West, FL
Elsie Malone Award – Best Student Exhibit

Dominic Baker, Cape Coral, FL
Best of the Blues

Robert L. & Alice L. Pace, Miami, FL
Anne Joffe Sanibel Superstar Award
Ron Bopp, Bradenton, FL

Judges' Special Ribbons

Irene Longley - St. James City - FL

Judges' Special Ribbons

Phyllis Gray, Orlando, FL

Judges' Merit Ribbons

Pat & Bob Linn, Dunedin, FL

ARTISTIC DIVISION

Myrtle Williams Weinstein Award – Best shell flower exhibit

Shanti Moore, Pompano Beach, FL

Gertrude A. Ford Award – Best miniature flower arrangement

Tyler Schoenherr, Sanibel, FL

Best Picture or Mosaic – Hobbyist

Marti Gorun, Libertyville, IL

Flo Ioreo Award – Best lamp

– Hobbyist

Ann Palmer, Vashon, WA

Wanda Will Award – Best jewelry

– Hobbyist

Donna Timmermann, Sarasota, FL

Dorothy K. Putnam Award – Best mirror – Hobbyist

Andrea Schopf, Lancaster, PA

Best Single Sailor's Valentine

– Hobbyist

Joy Henderson, Lacey's Spring, AL

Best Miniature Sailor's Valentine

– Hobbyist

Donna Wilson, Ocean City, NJ

Best Double Sailor's Valentine

– Hobbyist

Chihito Katsumata, Shizuoka, Japan

Bettie K. McGowan Award – Best Holiday exhibit – Hobbyist

Cynthia Skelly, Fort Myers, FL

Best Shell Related Exhibit – Hobbyist

Ann Reardon, Sanibel, FL

Terri Gosselin Award – Best Miscellaneous Exhibit – Hobbyist

Charlotte Connor, Ponte Vedra Beach, FL

Daniel E. Malone Award – Best exhibit in Student Classes

Tristen Clements, Lacey's Spring, AL

Best in Show – Hobbyist

Chihito Katsumata, Shizuoka, Japan

Best Single Sailor's Valentine

– Professional

David Rhyne, Sarasota, FL

Best Double Sailor's Valentine

– Professional

Victoria Ross, Fort Myers, FL

Bill Jordan Award – Best Miniature Sailor's Valentine – Professional

Denise Betourne, Gilmanston, NH

Best Medium Sailor's Valentine

– Professional

Judy Dinnick, Toronto, Ontario, Canada

Best Flower Exhibit – Professional

Barbara Walling, Sanibel, FL

Meta Neujahr Award – Professional – Best miniature flower arrangement

Constance Marshall Miller, Sanibel, FL

Best Picture or Mosaic – Professional

David Rhyne, Sarasota, FL

Best Miscellaneous Exhibit

– Professional

Bobby MacPhail, Fort Myers, FL

Captain Tom Clifford Award – Best in show – Professional

Caryl Renz, Clearwater, FL

Judges' Special Ribbons

– Professional

Hatsue Jimuro, Yamanashi, Japan

Judges' Merit Ribbons – Professional

Constance Marshall Miller, Sanibel, FL✱



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4. Sea-walled canal home in Shell Harbor -Sanibel

- 3BR/2.5BA situation on a private cu-de-sac with boat dock & lift
- Screened in pool overlooking canal & beach access w/ parking
- **\$1,135,000** EURO € 930,061

5. Heart of Captiva Village; "Belle Mar"

- 5 BR/ 5.5 BA stunning courtyard pool home with Chef's kitchen
- Concrete construction, travertine floors, and steps to the beach
- **\$2,599,000** EUR € 2,129,716

6. Very near beach, lake front home – Sanibel

- 4 BR/2.5 BA conveniently located off West Gulf drive with deeded beach access
- Pool with 2 story enclosure & swim up table, vaulted ceilings with light wood beams & clerestory windows.
- **\$1,049,000** EUR € 859,589

NEW PRICE



7. South Seas Beach Home – Captiva

- 4BR/ 3BA perfect for daily sunsets
- Fully upgraded, private deck, steps from the Gulf
- **\$3,445,000** EUR € 2,822,960

8. Newly Remodeled in Sanibel

- 3 BR/2 BA in the Dunes newly remodeled in 2017
- New pool cage, new roof, and newly enclosed lower level.
- **\$549,000** EUR € 449,870

9. Ventura Captiva

- 3 BR/3 BA townhome style condo with Bay views
- Conveniently located in Captiva Village
- **\$975,000** EUR € 798,951

10. Bayfront Home in Ferry Landing

- 3BR/ 2 BA home with private elevator, dock access & panoramic views
- 3rd floor master suite w/ updated master bath & private deck
- **\$1,749,000** EUR € 1,433,195

11. Sanibel Estates Canal Home

- 5 BR/4.5 BA remodeled home on navigable canal
- Unique, charming, with private enclosed swimming pool
- **\$1,099,000** EUR € 900,561

12. Build your Sanibel Dream Home – Vacant Lots

- 761 Donax St **\$279,900** EUR € 229,360
- 2307 Wulfert Rd **\$219,900** EUR € 180,194
- 5126 Sea Bell Rd **\$169,500** EUR € 138,894
- 5116 Sea Bell Rd **\$169,500** EUR € 138,894

NEW PRICE



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Tiffany, Jeff, Joan & Joe Burns



Kathy Haungs, Denice & John Beggs

Life Insurance

Slick Competition

J. Brendan Ryan,
CLU, ChFC, MSFS

Question: I recently received an offer for traditional universal life insurance (UL) from an agent. Then, trying to be a smart shopper, I called another

time. Because of this flexibility, one must be cautious not to accidentally underfund the policy.

Recall also that there is other flexibility in UL. Part of the premiums paid goes toward building up the cash value. The interest credited to the cash value of traditional UL is not fixed but rather varies with prevailing interest rates, though not in lockstep. And the internal monthly charge against the cash value (the cost of insurance (COI) charge) can vary and depends on the cost of the insurer's overhead, including the amount of death benefit they have to pay out over time.

So, when I quote a new policy for someone who wants UL, I set the premium for the proposal at a level that will allow the policy to stay in force with enough of a cash-value cushion to absorb minor changes in interest credited and COI charges without harming the future of the policy. For this calculation, I assume that interest rates and COI charges remain the same.

We know, of course, that conditions will change in the future. Positive change will allow the policyowner to lower his or her out-of-pocket cost while negative changes will require them to increase.

As for the possibility of having to increase payments, these increases can be managed easily to keep them small. One simply has to pay attention to the annual report that is sent each year. If the cash value goes down from

one year to the next, it is a sign to start paying attention. If it happens for two or three years in a row, the policyowner should call the agent or insurer and ask what premium increase, if any, is warranted. It will be modest. Paying attention to such minor changes will keep any premium increase modest. Ignoring it for a long time could be expensive.

The second agent whom you called and to whom you showed the first set of numbers could be "low-balling" his quote just to get your business. As explained earlier, UL has that sort of premium flexibility. But, if the premium

is not set at a reasonable level and causes dangerously low cash value in the future, that tactic will come back to hurt you.

How can you avoid this problem? Read the printed illustration that is required to be delivered to you by the time you receive the policy. It will be accurate though possibly hard to understand. Even more important is to deal only with an agent whom you know you can trust.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at jbryanclu@aol.com.✱

agent and showed him the quote that I had received from the first agent. He gave me a quote for the same amount of insurance, using the same policy with the same insurance company. But the premium that he quoted was a fair bit lower. Did the first agent try to cheat me?

Answer: Maybe, but maybe not. And maybe the second agent was the scoundrel.

Recall that UL has a flexible premium. Within limits, how much you pay is up to you. The minimum that you must pay is the amount needed to get the policy up and running. The maximum is dictated by tax law. (There are so many tax benefits to life insurance that Congress saw fit to limit the ability to take too much advantage.) Anywhere in between the minimum and maximum, the owner is free to decide how much to pay at any given

Superior Interiors

Shopping For New Wood Furniture?



by Barb Cacchione

There are many things to think about prior to beginning your buying adventure. What's the size of the piece? How do you plan to use it? What type of wood, color and

finish do you prefer?

Here are a few important facts about good quality wood furniture.

Furniture can be made of hard wood, maple ash, oak, walnut – or soft wood like pine. Trees that lose their leaves fall into the hard wood category. Trees that retain their leaves are soft woods. For example, because of the soft nature of the wood, a desk made of pine might not be the perfect choice for your new home office, unless you use a protective desk top.

Furniture can also be either solid wood, laminate or veneer. Laminate is a layer of wood or other product that is applied over a wood frame. Veneer is composed of layers of wood applied again and again over a wood frame. Veneers offer a variety of patterns to the wood, which tend to make the furniture more exciting.

Things to look for in well-constructed furniture:

1. Check out the drawers. Are they smooth to the touch on all sides? If the drawer is rough, chances are the quality might not be what you had in mind.

2. How are the corners of the piece joined? Dovetail joints are common in quality construction, but must be done in all four corners.

3. Corner blocking should include double dowels, which have been screwed and glued into place.

Granted, you have a lot to think about when looking for quality wood furniture for your home. But when you make the right quality selection, you will have a piece that will be perfect for your room, and will last a lifetime.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coincdecen.com.✱

Is your Estate Plan providing you COMFORT, CONFIDENCE & CLARITY?

**Craig R. Hersch**

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Rental Agency Adds To Team

Tween Waters Island Vacation Rentals has a new sales, service and marketing team, which includes Jackie Royka and Rachel Walsh. Royka serves as director of sales and Walsh serves as sales associate. Both work from the Captiva office.

Since 2012, Royka has been working with Sanibel Captiva Beach Resorts. As director of sales, Royka is committed to excellence and plans to focus on personal service and attention for the boutique rental company. She will be pitching potential vacation rental companies and marketing existing properties to prospective renters.

As a licensed realtor, Walsh is a dedicated sales associate with knowledge of rental agreements and sales and marketing techniques for vacation rentals. Her background working with the Clinic for the Rehabilitation of Wildlife provides her with a familiarity of the islands, and a unique skillset through her public speaking and daily responsibilities at the clinic. Walsh will be working with Royka on marketing efforts, new client acquisition and administrative support.

"We're thrilled to have a dedicated sales team at Tween Waters Island Vacation Rentals," said COO Doug Babcock. "Our focus is providing a positive vacation rental experience for both renters and owners, and Jackie and Rachel are prepared to lead that charge."✱



Rachel Walsh and Jackie Royka photo provided



Local board members and advisory board members, standing from left, Steve Brown, Al Hanser, Cheryl Giattini and Terry Igo. Seated, from left, George Heisler, Ginny Fleming, Hank Humphrey, Jim Pigott, Virginia Stringer and Chuck Kettman. photo provided

Local Advisory Board Appointed

The Sanibel Captiva Trust Company recently introduced the members of the 2018 Advisory Board – Ginny Fleming, Hank Humphrey, Virginia Stringer and Jim Pigott – all long-time residents of the Sanibel Captiva community. Fleming also served on the board of directors since the firm's inception in 2001.

"The members of our advisory board are respected leaders in our community in business and charitable efforts," said founder and chairman Al Hanser.

"Their perspective of our area and the needs of our community influence some strategic philanthropic and business choices for the trust company."

The group has contributed to the development of certain services and materials, as well, meeting the evolving needs of the trust company's clientele. Equally as important, they serve as vital ambassadors throughout the community.

"We are very grateful for the dedication of time and experience imparted by our advisory board members," said Terry Igo, CEO of The Sanibel Captiva Trust Company. "Their valuable contributions make a difference."✱

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Heavy Lifting And The Do-It-Yourselfer



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Twice a week I train with a personal trainer to help keep myself physically fit. During the training sessions, I will often bench press free weights. For a guy approaching 54 years of age, I don't do too badly. But my trainer always "spots" me, making sure that if the weight I'm lifting is too much, he's there to keep it from crushing my chest. Sometimes I lift when I'm alone and not in a training session. When I do this, I tend to lift less weight than I know I can handle because I don't want to be crushed when no one is there to help me if I find myself having unexpected trouble.

Which leads me to today's estate planning topic – do-it-yourself estate planning. I have come across many intelligent people who have invested quite well for themselves over the years and have diverse and complex family situations and intent for their assets. They shun financial advisors, estate planning attorneys and CPAs. "Why should I pay them to manage and plan for my money and my family when I do a better job on my own?" they often state.

I'm here to tell you, though, like the guy who tries to lift too much weight without a spotter, it's probably a mistake to go it alone with your estate and financial planning, especially as one ages.

Allow me to illustrate with two examples. First, we'll consider Marcus and Diana who have been married 50 years. Marcus has always done well investing in the market, and is adept at moving in and out of certain stocks and bonds when he should. He understands the capital gains ramifications of his decisions, and knows what he wants to sell if he needs cash to pay larger or unexpected expenses that arise from time to time.

Diana has never been involved in any of those decisions. In fact, she enjoys the freedom of leaving these matters to Marcus. So guess what happens if Marcus has a sudden stroke and can't carry out his normal duties anymore? Where does Diana turn? Who can step in and show her everything that Marcus knows so she can carry forward on her own? What costly mistakes might Diana make without Marcus' guidance?

Next, let's consider Peggy the widow. After her husband died, she actually did

quite well for herself. She studied the markets and maintained her estate plan, read *The Wall Street Journal* regularly and managed her money quite conservatively. She didn't see the need to employ a financial advisor or an attorney since things were working out quite well on her own.

But then Peggy became forgetful. The neurologist's report indicated that she had some form of dementia. Peggy already had a revocable living trust drafted online that named her daughter Ursula as the trustee. Peggy had the utmost confidence in Ursula, and explained everything that Peggy knew about investments and her intent to her. But Ursula was busy raising her children and had a busy career.

Managing her mother's money and paying her bills became a much bigger job than Ursula anticipated, so as Peggy regressed into further dementia, Ursula decided to engage the services of a financial advisor on her mother's behalf.

The recommendation was through a friend of a friend, and you can guess where it headed. The financial advisor didn't do well at all, with Peggy's portfolio suffering. It's likely that had Peggy been well and was convinced that she needed a financial professional on her team, she would have chosen a more seasoned advisor to manage her money and perhaps even have reflected on the advantages of having a qualified estate planning attorney review her plan before it was too late.

In both cases, wouldn't it have been better had the "do-it-yourselfers" engaged the services of a professional? That way the financial advisor would know what their client would do in a certain situation, and have knowledge as to the investment strategies followed, the unrealized capital gains that existed in the account, and a host of other facts that would likely result in a more successful outcome. And the attorney would be able to draft the documents that properly reflected and carried out Peggy's intent.

One never wants to "transition in a time of crisis" and that's exactly what happens in many do-it-yourself scenarios. There is no "spotter" there who can help with the heavy lifting if the do-it-yourselfer becomes too weak to act for one reason or another. When there is no spotter, there's always the danger that the weight of the job and responsibilities crush the do-it-yourselfer or their spouse or adult children.

So, if you see any part of yourself in these stories, please consider engaging the services of a professional that you take the time to interview and select. It will make life easier on you if anything should happen, and certainly will make life easier on your spouse or adult children who depend upon you to do the heavy lifting in your financial life.

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Shell Point president Martin Schappell leads Shell Point in celebrating 50 years
photos provided

Shell Point Commemorates 50 Years

Shell Point Retirement Community recently hosted its annual celebration which commemorated Shell Point's 50th year in operation as a leading independent retirement living community.



Musical entertainment was provided by two-time Grammy Award-winning singer Sylvia McNair

More than 1,200 residents gathered for the annual celebration to honor the nonprofit's half-century anniversary. During the program, Shell Point President Martin Schappell toasted the community's progress made over the past year and highlighted planned growth and development for the future.

"We are very proud of the legacy we have created and the many wonderful lifestyle enhancements that have been made to ensure Shell Point as a premier



Shell Point residents with Rita Southern, Springs assisted living director, standing, attended the annual celebration at Shell Point

destination for senior living," said Schappell. "Looking ahead, all plans for growth and development will strive to exceed the needs of our current residents as well as those who will join us in years to come. In doing so, we are confident we will also enjoy the continued success of Shell Point as a leader in the senior living industry."

Jeff Cory, executive director of The Legacy Foundation at Shell Point, had the honor of recognizing the inaugural members of the Legacy Society, as well

as numerous key donors whose 2017 contributions positively impacted the Shell Point community and its residents.

Attendees listened to musical entertainment by two-time Grammy-award winner Sylvia McNair and pianist Kevin Cole, who is deemed the world's foremost interpreter of George Gershwin music. Handcrafted desserts by local chocolatier Norman Love Confections hit the sweet spot, thanks to sponsorship from FineMark National Bank & Trust.✱

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Mets Boss Says Florida Football Great Will Play In Major Leagues



by Ed Frank

“I think he will play in the Major Leagues.” These were the recent words of Sandy Alderson, the general manager of the New York Mets. And do you know who he was referring to?

Yes, none other than Tim Tebow, the former Florida football great, who, at 30 years old, is attempting the rare move from professional football to Major League Baseball.

And what appeared as a publicity stunt 17 months ago when this venture began is now viewed as a more legitimate maneuver for Tebow, a former Heisman Trophy winner.

“He’s a tremendous representative of this organization,” said Alderson. “He was phenomenal for Minor League Baseball.”

As a rookie last season, Tebow advanced from Class A to Class A Advanced and could possibly start the 2018 season at Double A Binghamton, just two steps below the Majors.

Tebow was invited to the Met’s Major League Spring Training Camp in Port St. Lucie this year. In his firstgame, he struck out three times against three-time Cy Young Award winner Max Scherez of the Washington Nationals.

In his next at bat, however, he laced a single off highly-touted prospect Erick Fedde.

“I feel a lot more adjusted to the game. I have a much different approach and swing, so I can be a lot more patient seeing pitches,” the outfielder said.

Tebow devoted the better part of the past year revamping his swing into a shorter, compact approach. That still doesn’t mean he can’t “clang” baseballs off outfield fences as he frequently displays in batting practice.

Whether these changes will provide improved statistics will be determined as the 2018 season unfolds. He hit just .226 last year at the two levels of Class A ball.

Are Tebow’s chances of reaching the Majors still a long shot? Probably so. But you’ve got to give the guy credit for pursuing a dream few would ever pursue.

At 30 years old, the window opening to the Majors is narrow, just as it would be for any baseball player that age.

We should know relatively soon whether Alderson’s prediction that the former Gator icon “will play in the Major Leagues.”

A Vanishing Breed

If you follow baseball, you probably know that the hallmark of a solid starting pitcher is the ability to throw 200 innings of baseball in any given season.

But is it a thing of the past with the specialties of relief pitchers and the concern over arm injuries to starters making millions of dollars a year.

Just 20 years ago, there were 56 starters who threw 200 innings or more, led by former Boston Red Sox Curt Schilling’s 268.

By 2008, the number was down to 34, and last season there were only 15, headed by Boston’s Chris Sale, who tossed 214 innings.

It’s a change in the new age of baseball.

Spring Training Home Baseball Schedules

- Minnesota Twins – Hammond Stadium
 - Saturday, March 10 – Boston; 1:05 p.m.
 - Tuesday, March 13 – Baltimore; 1:05 p.m.
 - Wednesday, March 14 – Boston; 1:05 p.m.
 - Friday, March 16 – Tampa Bay; 1:05 p.m.
- Boston Red Sox – JetBlue Park
 - Thursday, March 8 – Tampa Bay; 1:05 p.m.
 - Sunday, March 11 – Baltimore; 1:05 p.m.
 - Thursday, March 15 – Toronto; 1:05 p.m.
 - Friday, March 16 – Minnesota; 6:05 p.m.*

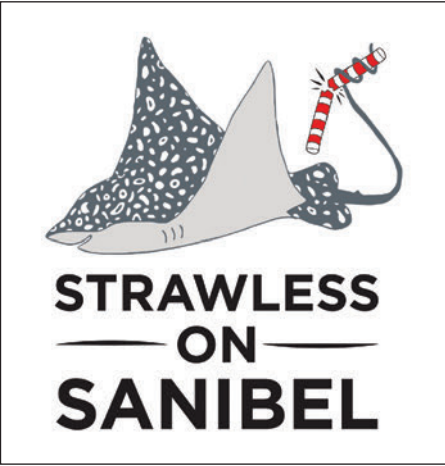


image provided

Coastal Keepers Conservation Initiative

On February 22, Coastal Keepers hosted a screening of *STRAWS*, an educational film about plastic straw pollution, at Sanibel Sea School. The well-attended event was part of Coastal Keepers’ new conservation initiative, *Strawless On Sanibel*. The *Strawless On Sanibel* initiative is designed to reduce the use of disposable plastic straws on the islands and educate locals and visitors about the harm single-use disposable plastics can cause to wildlife and the environment.

During the event, attendees were

encouraged to sample paper straws with their beverages. Participants also had an opportunity to view a variety of reusable alternatives to disposable plastic straws including stainless steel, brass, bamboo and glass straws. “Making environmentally friendly choices is easy, especially when it comes to straws,” said Conservation Initiative Coordinator Sam Lucas. “All you have to do is ask for your drink without a straw, or use alternative options such as compostable or reusable straws,” she added. Lucas hopes that Sanibel will become a fully strawless community in the near future.

Coastal Keepers, formerly the Sanibel-Captiva Chapter of START, creates and implements local conservation initiatives that promote and improve the future of marine resources, and our coastal heritage. To learn more, contact coastalkeepers@sanibelseaschool.org or visit www.sancapcoastalkeepers.org.

Coastal Keepers would like to thank its partners in conservation:

Bailey’s General Store; Bella Designs; Dan Hahn Custom Builders, Inc.; Doc Ford’s Restaurant & Rum Bar; *Island Sun*; Jensen’s Marina; MacIntosh Books & Paper; Sanibel Café; Sanibel Captiva Beach Resorts; Sanibel Catering Company by Bailey’s; Sanibel Fresh; Sanibel Gear; Sanibel Sea School; Sundial Beach Resort & Spa; The Bait Box; The Sanibel Captiva Trust Company; and Tim Smith Brick Pavers, LLC.*

SPORTS QUIZ

1. The Baltimore Orioles had only 19 stolen bases during the 2016 season. Name the last time a major-league team had fewer stolen bases for a season.
2. Kendrys Morales set a Royals team mark in 2015 for most total bases in one game (15). Who had held the record?
3. When was the last time before 2016 that the NFL had two games end in a tie in the same season?
4. How many consecutive years has the Kansas men’s basketball team won its opening game in the NCAA Tournament?
5. When was the last time before the 2016-17 NHL season (Toronto Maple Leafs) that three rookies each reached 60 points for the same team?
6. When Josef Newgarden (26 years old) won the 2017 IndyCar series championship, he was the youngest to do so since who?
7. When was the last time before 2017 that tennis star Venus Williams reached the semifinals of three majors in the same year?

ANSWERS

1. The Detroit Tigers stole only 17 bases in 1972. 2. George Brett had 14 total bases in a game in 1979. 3. It was 1997. 4. Eleven consecutive years entering 2018. 5. It was the 1980-81 Quebec Nordiques (Peter Stastny, Anton Stastny and Dale Hunter). 6. Sam Hornish Jr. was 23 when he won the title in 2002. 7. It was 2002.

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Shell Point President Martin Schappell with resident Maggie Tribby, whose gift made the project possible photos provided

Dedication Ceremony At Serenity Cove

Shell Point Retirement Community hosted a dedication ceremony on January 31 to celebrate the newly transformed outdoor area at Serenity Cove. More than 1,000 Shell Point residents attended the ceremony to celebrate the transformation of the large, man-made pond area behind the



Part of the new art installation at Serenity Cove

Resident Activity Center on The Island at Shell Point. Guests were treated to a country-style picnic in the now modern, tranquil and scenic place of reflection. Lunch included fried chicken with all the trimmings, and was served amid the sounds of bluegrass music.

The Serenity Cove beautification project was made possible by a generous gift from a Shell Point resident. The rejuvenation involved reconfiguring an existing island, installing surrounding seawalls and seat walls, and adding a water feature. The area now boasts wider walking bridges, shaded seating

areas, enhanced landscaping, fresh turf and updated irrigation. A new viewing platform and trellis were also constructed on the east side of the lake to complete the transformation.

"To enhance the beauty of this scenic environment, an attractive art installation was installed," said Adam Hinds, senior director of project development. "The installation showcases three stainless steel roseate spoonbills gliding past the viewing platform and over the pond."

The tranquil space, equipped with plenty of shaded seating, is ideal for small gatherings or quiet contemplation.*

Top Associates



Valerie Tutor



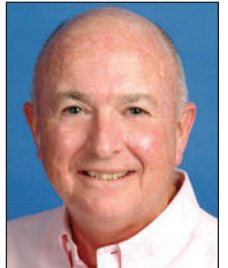
Brooke Brownyard

Valerie Tutor was the top sales agent for the month of February at Kingfisher Real Estate. Brooke Brownyard was top listing associate of the month.*

Top Producers



Chris Kirchner



Chuck Bergstrom

The top producers at RE/MAX of the Islands for January were: Christopher Kirchner, top producing sales associate; and Chuck Bergstrom, top listing marketing associate.*

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Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Louise Fitzgerald & Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the Center 4 Life. The featured book for Wednesday, March 14 is *The Orphan Train* by Christina Baker. The discussion will begin at 2:30 p.m.

AARP Driver Safety Course – Thursdays, March 8 and 15 from 1 to 4 p.m. Cost is \$20; AARP members receive a \$5 discount.

The Island Seniors, Inc. is sponsoring the AARP Driver Safety course. This is a fast-paced, interactive six-hour class for drivers ages 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers and help you maintain confidence in your driving. Participants will be eligible for a discount on their auto insurance. Contacting Ed Vander Hey at 292-4012 and leave a message. You need not be a member of the Island Seniors to attend but you must attend both classes in order to receive course certificate.

Minnesota Twins Spring Training Baseball Tickets – Members \$24 and \$34 non-member guests. Games are:

Saturday, March 10 vs. Boston Red Sox at 1:05 p.m.

Friday, March 23 vs. Houston Astros at 1:05 p.m.

Sunday, March 25 vs. Boston Red Sox at 1:05 p.m.

You must be a current Island Seniors member to purchase baseball tickets. Ticket sales are for limited time only. All sales are final. Transportation is on your own.

FISH Friendly Faces Lunch & Tour of New Facility – Tuesday, March 13. Cost is \$8 for members. Join FISH of SanCap volunteers and staff for lunch at 11:30 at George & Wendy's. After lunch, tour the new facility across the street and hear about the services, programs and workshops offered by FISH, meet staff and learn about ways to help. Advance registration is required by Friday, March 9.

Complimentary Memory Screening at the Center 4 Life – Wednesday, March 14, 9 a.m. to 3 p.m.

Angel C. Duncan from Neuropsychiatric Research Center of Southwest Florida (NPRC) will be conducting complimentary memory screenings. Duncan works with leading agencies in brain health initiatives throughout the world. She has an extensive background in counseling psychology as a marriage and family therapist, art therapist and neurosciences clinical researcher. Advance registration is required.

BIG ARTS Community Chorus Performing at Island Seniors Pot Luck – Thursday, March 15, 5:30 p.m.

The BIG ARTS Community Chorus will be performing at the Sanibel Recreation Center after the potluck dinner. This year, the chorus will give sample of their upcoming spring program. This performance is a highlight of the season so sign up early. Main course, drinks and dessert will be provided by Island Seniors. Bring a covered dish to share such as a vegetable, salad or casserole. No charge for members and \$5 per person for non-members. Call the center to sign up.

Walking Guided Tour of ECHO and Lunch at Farmers Market Restaurant – Tuesday, March 27. Cost is \$12 for members and \$17 for non-members.

Take a fascinating, guided tour of ECHO's Global Farm, the most creative working farm you have ever experienced. See unique demonstrations, plants and techniques useful to farmers and urban gardeners in developing countries. Experience the seven settings of the Global Farm which feature crops, techniques and animals from around the world. Goats, chickens, ducks, fish and rabbits are all found on the farm, and ECHO is home to one of the largest collections of tropical food plants in the United States. There will be demonstrations in the Urban Garden, a perennial favorite, which features some wacky, yet effective ways to grow crops where there is little or no soil. Lunch is on your own at Farmers Market Restaurant in downtown Fort Myers. Advance registration is required and carpool arrangements will be available.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

New: Rummikub – Tuesday at 1 p.m.

Hand & Foot – Thursday at 12:00 p.m.

New: Canasta – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays and

Select Thursdays – March 13, 15 and 20 at 8:30 a.m. (weather permitting) There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Sign-up is available for experienced kayakers two weeks prior to each launch date. Island Seniors, Inc. will provide kayaks, paddles and life jackets (which must be worn at all times). Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing (your shoes and clothing may get wet). Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✱

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Trust Company Supports Island Celebration

SanCap Cares, along with presenting sponsor The Sanibel Captiva Trust Company, announce the 18th annual Island Celebration to benefit Golisano Children's Hospital of Southwest Florida. Festivities begin at 6 p.m. on Sunday, April 8 at The Sanctuary Golf Club. Sponsorships are still available; contact SanCap Cares at 984-0381 for more information.

"We are so grateful for The Sanibel Captiva Trust Company's ongoing support of such an important cause," said SanCap Cares Committee Co-chair Valerie Tutor.

Golisano Children's Hospital opened the doors to its new building last May, thanks in large part to the millions of dollars raised from the Sanibel and Captiva community through SanCap Cares. In 2017 alone, islanders raised \$775,000 to outfit a new pediatric orthopedic operating room which will allow the children of Southwest Florida to stay close to home when they require complex surgery.

The hospital and its parent, Lee Health, are now embarking on an initiative to tackle pediatric behavioral issues in an effort to serve the many children struggling with mental health and developmental challenges. Monies raised at the 2018 SanCap Cares event will help fund the launch and operation



From left, Lee Health Chief Foundation Officer Skip Leonard, SanCap Cares Committee Co-chair Valerie Tutor, Lee Health System Director of Gift Planning Jeff Muddell and Sanibel Captiva Trust Company Wealth Services Advisor Steve Greenstein

of this program.

"It is important to us at the trust company that quality children's healthcare resources are available in our community," said founder and chairman Al Hanser. "This year, the funds raised will allow the hospital to deal with the burgeoning problem of mental and behavioral health. It is an issue that touches the lives of so many families on the islands."

"While we have several groups working on improving services and

increasing awareness around pediatric mental and behavioral health, there is much work to be done. I am grateful to the SanCap Cares committee and supporters for choosing to join us in taking the needed steps towards solving this problem," said Armando Llechu, chief administrative officer at Golisano Children's Hospital. "I'm also so thankful that Al and his team at the trust company remain such great partners in bringing the best children's healthcare to Southwest Florida."

photo provided

The Island Celebration will be an entertaining and "whimsical" evening with food, surprises, a special nod to The Masters and Augusta, and most importantly, a compelling "Give To Give" opportunity of wish-list items to support the hospital's programs.✱

Kiwanis Scholarships Available

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2018-19 school year. Scholarships of \$3,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available, including Sam Bailey's Islands Night Scholarships.

Eligible applicants must be Sanibel-Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection.

Applications must be submitted by March 30. They can be obtained on the Kiwanis website at www.SanibelKiwanis.org, by contacting Antoinette Radicchi at 579-0660 or antoinette@sanibelinsurance.com, Bill Traum at 671-0155 or billtraum@me.com, Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.✱

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Doctor and Dietician

Stroke, Dementia And Diet Drinks



by Ross Hauser, MD
and Marion Hauser, MS, RD

Diets high in sugar intake have long been associated with diabetes and cerebrovascular disease, both of which increase the risk of stroke and dementia. Many turn to diet drinks in an effort to decrease sugar and calorie intake. Is it better to exchange sugar-sweetened beverages with artificially sweetened beverages?

A study in the journal *Stroke* concluded that it is not. The study examined research from the 1998 to 2001 portion of the Framingham Heart Study Offspring cohort, which began in 1971 with 5,124 volunteers. The participants of the study responded to a questionnaire that gathered information regarding the consumption of fruit juice, noncarbonated sugar-sweetened fruit drinks and artificially sweetened soft

drinks. The researchers then compared the beverage consumption to a 10-year risk of stroke and dementia. The conclusion? Artificially sweetened soft drink consumption was associated with a higher risk of both stroke and dementia. When diabetes was identified, the association between artificially sweetened beverage intake and dementia and stroke risk was even higher. This may be because diabetics consume more diet beverages than non-diabetics. Nonetheless, even those without diabetes had a higher risk of stroke and dementia. Also, participants with hypertension who consumed artificially sweetened drinks had an elevated risk of stroke and dementia.

It is not unusual for individuals to consume artificially sweetened beverages in an attempt to improve their diet or because they have diabetes. Unfortunately, this study and other large health studies, such as *The Nurse's Health Study*, show that the diabetes and cerebrovascular risk actually increase with their consumption.

Simply put, diet soda is simply not a healthy choice. Stick to purified water. And if you crave the fizz, try sparkling water. There are many flavors available for variety. Or, you can make your own fresh, fun combinations like pineapple basil or cucumber mint. Cheers!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✧

Red Cross Youth Swim Lessons

Improve your child's comfort level and abilities in the water at the Sanibel Recreation Center. Group lessons are offered for youth starting at 6 months. Registration is on a first come, first serve basis. Cost per nine-week session for Sanibel Recreation Center members

is \$55 or \$73 for non-members. Any accompanying non-members must present a valid photo ID at the front desk. A class schedule with detailed lesson information is available at the rec center's front desk. Call the Sanibel Recreation Center at 472-0345 for requirements and class options.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, visit www.mysanibel.com.✧



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Beautifulife: The Entrepreneur



by Kay Casperson

I am an entrepreneur who loves all of the challenges and rewards that come with having the passion for going for what is in your heart regardless of the consequences. I also know that many of you have the same spirit of risk and reward as I do and understand exactly what I am talking about in terms of putting it all on the line.

An entrepreneur is an individual who will strive to make things happen because of a drive and ambition in their hearts that does not allow them to stop until they have reached the goal. In many cases, the next goal is right around the corner, and the wheels continue to turn without a real stopping point.

The most significant lesson that an entrepreneur has to learn is how to balance the constant desire to get things done and to reach the goal, along with the essential aspects of life like family, friends, wellness and spirituality. Finding this balance is an important step to living your most beautiful life.

I have compiled a list of attributes that contribute to the makeup of these unique individuals who have a passion for helping to build our communities, society and world:

Vision – entrepreneurs have an idea that is clear to them and is a path that will lead to continued success regardless of the obstacles they come across.

Determination – knowing that there will be setbacks and bridges to cross as well as brick walls that you cannot break

through, an entrepreneur will not give up or give in and will continue to find a way to keep moving forward towards success.

Focus – while it is easy to get sidetracked with ideas and input from others, these individuals will continue to have a laser focus on what it will take to make things happen and to keep things rolling in the right direction.

Integrity – staying true to who you are and what you stand for is a vital part of being an entrepreneur. Speaking the truth and knowing the truth is equally as important.

Wisdom – these individuals dig deep into their souls to pull out the knowledge to make all the difference in the world in fulfilling their dreams and the dreams of others.

Confidence – I do not know an entrepreneur who lacks the confidence in knowing that what they are representing is the best thing ever and will for sure meet the needs of many individuals.

Entrepreneurs have a special place in our world because they create jobs for people, they empower individuals and help to fulfill the dreams and needs of others by providing an opportunity that they might not have had without the unwavering spirit of an entrepreneur. Today and every day, we should celebrate entrepreneurs who put it all out there to make the world a better place for all of us.

My affirmation for you this week is: "I am thankful for the entrepreneurs who risk all to bring their visions to life to fulfill their dreams, and the dreams of many individuals around the world."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✧

New Moon Meditation Class

There will be a guided meditation class on the beach as the sun sets and the moon rises on Friday, March 16 beginning at 7 p.m. Meet at Alison Hagerup Beach Park, located at 14790 Captiva Drive.

This beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps. Suggested donation is \$10 to 15, will all proceeds benefitting the Sanibel-Captiva Conservation Foundation's sea turtle research program. Bring a towel or blanket to sit on.

For more information, visit www.ambuyoga.com or call 314-9642.✧



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dearRPharmacist

Weird Hidden Causes For Heart Attacks



by Suzy Cohen, RPh

Dear Readers: The beating sound of your heart is caused by the valves, they open and close routinely, and in a specific rhythm. Google is developing algorithms that can predict a heart attack by looking in your

eye! This, according to research published in *Nature Biomedical Engineering*.

Most heart attacks happen on a Monday. Not to be scrooge, but December 25, Christmas Day is the most common day of the year for heart attacks.

In an average day, your heart pumps about 2,000 gallons of blood around. Compare that to a 6-person hot tub that holds about 450 gallons of water. The fairy wasp has the tiniest heart on record, whereas blue whales have the largest one, about 5 feet long.

I received two questions today. The first came from Tom who lives in Oklahoma, and he asked me if antibiotics could impact his heart. Since antibiotics are drug muggers of almost all vitamins and minerals, the answer is "Yes." You need nutrients to keep your heart beating properly, because they catalyze the electric system.

Tom took Clarithromycin, as part of triple therapy for his ulcer. Clarithromycin is a popular anti-bacterial sold worldwide. The United States FDA has known about heart problems with this drug, and has been warning doctors not to prescribe it to folks with known heart disease for approximately 12 years. More data

was released recently that confirms that people who took the antibiotic years ago (for even two weeks) might have a higher risk of dying from heart disease years later. It doesn't matter what condition you take the drug for, whether it's for ulcers, sinus infections or wounds, it can still impact the cardiovascular system and FYI, it's not alone. Many antibiotics impact your heart.

So if your doctor prescribes the medication Clarithromycin (brand is Biaxin) and you already have heart disease or hypertension, I'd remind doc of your condition in light of the recent studies. Don't trust them to know everything. If you've had a heart attack or have heart failure, it's not out of line to ask for a different antibiotic. This reminder (about your medical history) becomes particularly important if you go to a walk-in clinic instead of your regular physician.

My second question came from Brad in Florida regarding his pacemaker. He asked if it can be hacked. Yes, theoretically. Never say never.

Unscrupulous creeps could hack a pacemaker and reprogram it causing it to do erratic pulsing, deliver potentially fatal shocks or stop it altogether by draining the battery. In order to do this, a hacker would need to know the brand name of your implanted device and its radio frequency. Then, we need an unethical person to reprogram that specific proprietary device, and he'd have to get in close range to tinker with the software. Sounds like a movie plot! So breathe easy because the odds are low that anyone would hack your pacemaker. Adverse events are more likely to occur with some MP3 headphones, metal detectors, certain cellphones or MRI diagnostic scanners. But for sure, don't worry about hackers.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Night For Life Fundraiser Nears

The 11th annual Night For Life fundraiser, sponsored by the Organ Transplant Recipients of Southwest Florida, Inc., will be held at Broadway Palm Dinner Theatre on Monday, April 2 from 5 to 9 p.m.

Tickets are \$35 per person and include a buffet dinner, program, entertainment, and silent and Chinese auctions. Entertainment includes rock and roll band Electric Lipstick. Doors open at 5 p.m. Auctions will be from 5:30 to 8 p.m. and the dinner buffet will be from 5:30 to 7 p.m.

This event raises money for the Fletcher Trust Fund, which was established in 2004 to assist transplant recipients and those awaiting transplant in Southwest Florida. It supports the group's purpose to provide a place for the sharing of medical experiences among members,

to provide public information and education on matters relating to organ transplantation and organ donation, and to provide "support" activities for transplant candidates, recipients, donors and families.

An average of 20 people die each day in the U.S. due to a lack of available organs and tissue donors. If you are interested in finding out more about registering to be an organ donor, visit www.donatelifeflorida.org/register.

For tickets, call David Weinstein 560-3401. To become a sponsor of the event or if you are interested in donating auction items, call 247-3073. For more information about Organ Transplant Recipients of Southwest Florida, Inc., contact otrofwfl@gmail.com.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information on the event, visit www.organsupport.org or the Facebook Page at www.facebook.com/pages/Organ-Transplant-Recipients-of-SW-Florida-Inc/456165927762457.✱

Got A Problem? Dr. Connie Is In



by Constance Clancy-Fisher

Q: I am a junior in college, an only child, and I never have felt as though I belonged anywhere. Even if I join a club or volunteer, I still don't feel a part of. What can I do to feel like I belong?

A: There could be various reasons for feeling as though you don't belong. Sometimes this is true more so for only children. Did you grow up feeling isolated and alone? Since you didn't have siblings, you may have been prone to isolation and have remained so. Belonging is a primal yearning we all seem to crave and want in our lives. It's a human desire to feel and be a part of. We often try to fit in and seek approval from others.

Perhaps we don't feel we belong because we have a deep fear of showing our vulnerabilities and fears. We put on a mask of a false self rather than showing our imperfections and humanness. We cover up our natural core of who we are with psychological defenses to protect us from the pain of rejection because we are imperfect. True belonging can occur when we take the risk to present our true authentic, imperfect selves to others and the world. Our sense of belonging

can never be greater than our level of self-acceptance. Showing up in the room minus the mask can give you a greater sense of belonging, belief in yourself and a boost in your confidence.

I believe there is so much more to a feeling of belonging. We really need to belong to ourselves first. As humans, we tend to reach out to be with others to feel a belonging when it starts with the self first. We also have to believe thoroughly in ourselves for that true belonging to be ours. So perhaps you have been reaching and yearning your whole life externally rather than looking on the inside. While you are an only child, perhaps you were never really alone. By that I mean truly being in your own uncertainty, vulnerability and fear of never belonging. Perhaps you have felt pressure to fit in and conform when what you are really looking for is your own individuality without the fear of losing yourself. Check in with yourself. Look at four quadrants; mind, body, spirit and emotions and write how you want to live wholly in balance, because the whole is greater than the sum of the parts. This process is the beginning of finding your own way on your path. Trust yourself that you will develop this strategy and it all begins with you.

Constance Clancy-Fisher, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.✱

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On Call Captiva Deputy	477-1000
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Florida Highway Patrol	278-7100
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Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc . .	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club.	facebook.com/sancapshellclub
Sanibel Youth Soccer	www.sanibelsoccer.org
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

Haven on Earth Animal League

Blueberry And Taters

Hi there! I'm Blueberry. I am a beautiful 1-year-old Russian blue kitty with bright green eyes. I am a very shy little girl and really need to be in a quiet home with someone that will give me time to adjust. I am currently staying with a foster mom. I am spayed and up to date on all vaccines. My adoption fee is \$75.



Blueberry photos provided

Hello, my name is Taters. I am a very pretty Calico girl. I'm only 6-months old. I am very shy and really need to be in a quiet home with someone that will give me time to adjust. I am currently staying with a foster mom. I am spayed and up to date on all vaccines. My adoption fee is \$75.



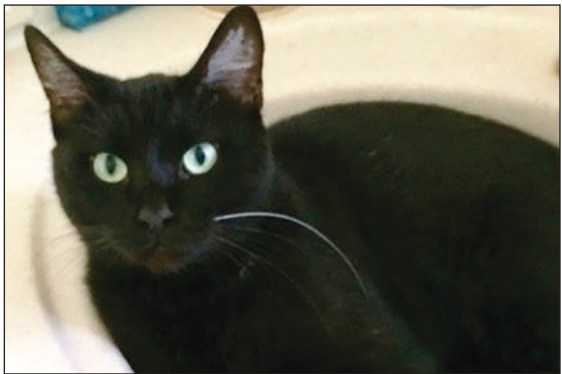
Taters

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.*

PAWS Of Sanibel

Bella Luna

Hello, my name is Bella Luna. I'm about 18 months old. I have been Vet checked, combo tested, spayed, wormed and had all my immunizations. I'm a Hemingway Kitty and have extra toes on both of my front feet. I love to play, and especially like to play fetch. You throw the ball, and I'll bring it back to you to throw again. If you can give me a forever home, call Pam at PAWS at 472-4823.*



Bella Luna photo provided

Lee County Domestic Animal Services

Reese And Ingrid

Lee County is rolling out the red carpet for celebrity pets during the month of March. Some famous felines and canines have taken up residence at the Lee County Domestic Animal Services shelter. Spin the lucky wheel for a chance at a reduction in your adoption fee from \$5 to \$25. With the 90th Academy Awards ceremony set for the first weekend in March, pets at the shelter that are up for adoption will have names of the stars such as Ingrid Bergman, Marlon Brando and Jack Nicholson to name a few.



Reese ID# A727382 photos provided

Hello, my name is Reese Witherspoon. I am a 4-year-old female pit bull who has really blossomed since I came to the shelter. Much like my namesake, I have gained confidence like Elle Woods in Legally Blonde and am beginning to know I can walk the red carpet with the best of them. My beautiful blonde coat is starting to gain its original shine as well. I am a gentle girl that had a rough start and now deserve my very own 'Oscar' in the form of a new family.

My adoption fee is \$50, but spin the wheel for a \$5 to \$25 discount.

Hi, I'm Ingrid Bergman. I am a 2-year-old female pit bull who is playing the celebrity canine role as you can see. If my 1,000-watt smile doesn't pull you in, my personality certainly will. I am a charmer right from the start. I am willing to dress up and just waiting for my dream part – the new addition to the perfect family.



Ingrid ID# A729746

My adoption fee is \$50, but spin the wheel for a \$5 to \$25 discount.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

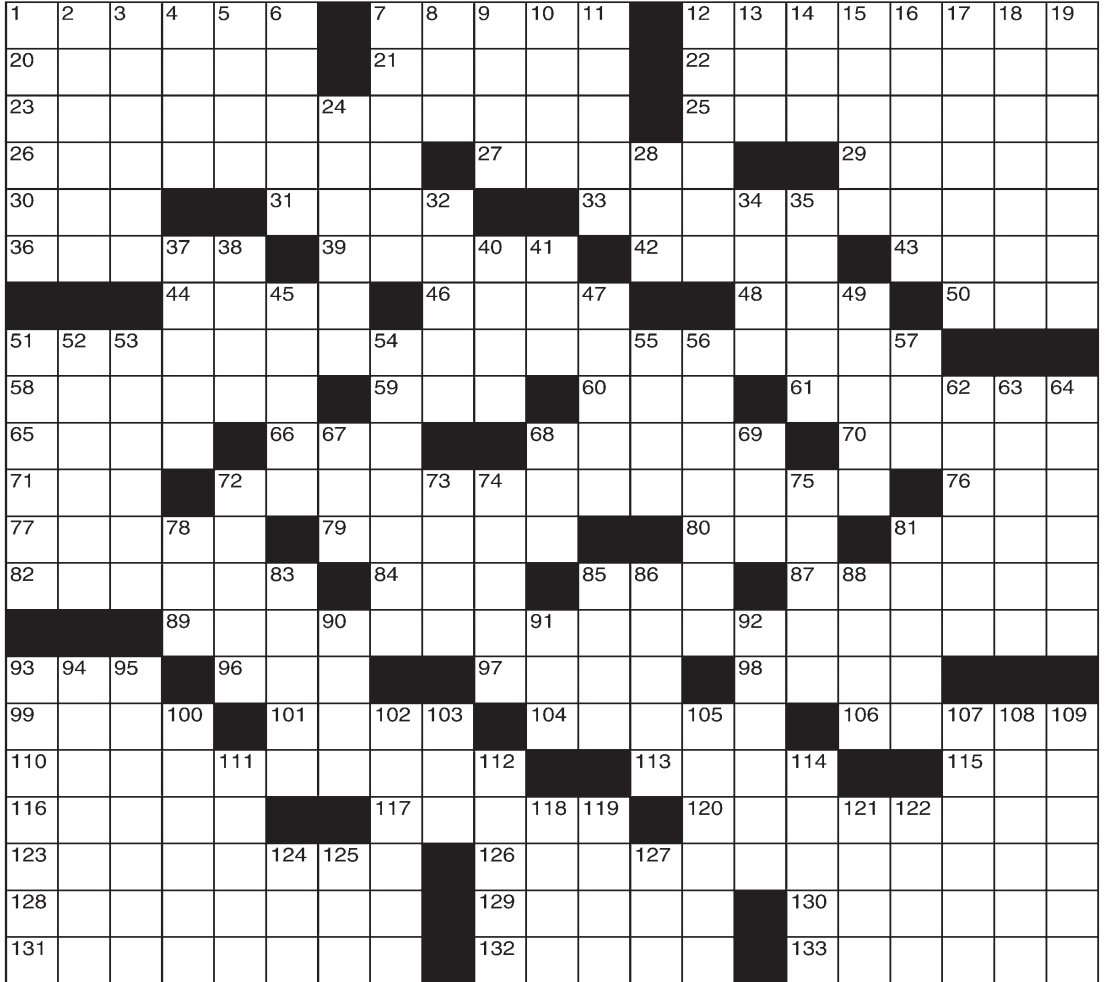
PUZZLES

Answers on page 37B

Super Crossword

IN HONOR OF LEAP YEAR

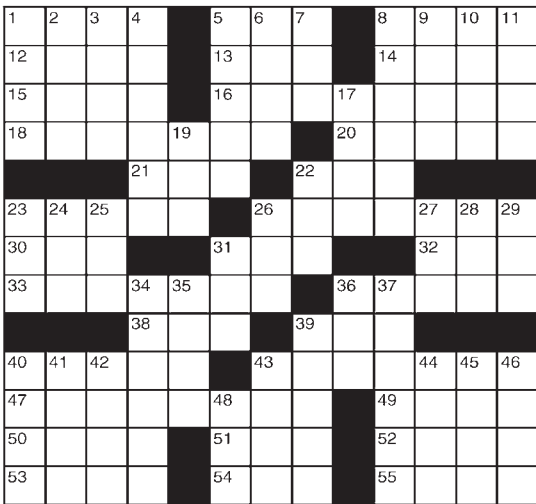
- ACROSS
- 1 Spanish squiggles
- 7 Blue Ribbon brewer
- 12 Places for military craft
- 20 Declare the truth of
- 21 — Brothers ("That Lady" R&B group)
- 22 Most rare
- 23 Elicit the stamp "NSF"
- 25 Pause with uncertainty
- 26 Web site facilitating job-hunting
- 27 In — (prebirth)
- 29 Credit card come-on
- 30 Bit of work
- 31 Little mistake
- 33 Chinese appetizer
- 36 Premolars, e.g.
- 39 Splendor
- 42 "Allow — introduce myself"
- 43 Mall
- 44 Austrian "a"
- 46 Nation due south of Iran
- 48 Maritime plea
- 50 Put a flaw in
- 51 Hell-bent
- 58 Got the soap out of
- 59 Slalom turn
- 60 "— won't!" (firm refusal)
- 61 Gave the slip
- 65 "That's —!" ("False!")
- 66 Its cap. is Boise
- 68 French subway
- 70 Beethoven's "Für —"
- 71 Drill Sgt., e.g.
- 72 Sky's high arch, figuratively
- 76 Abbr. on a rap sheet
- 77 "Inferno" author
- 79 Milo of movies
- 80 Hector
- 81 Skated
- 82 Nuts
- 84 "Whether — nobler ..."
- 85 Beatty of movies
- 87 In-house
- 89 Start following a trend
- 93 Acct. amount
- 96 — Paulo, Brazil
- 97 Spanish coin
- 98 Starting from
- 99 List abbr.
- 101 Lands in the ocean, to Henri
- 104 Leave the house
- 106 Sky twinklers
- 110 Go by plane
- 113 Bronze coin in Harry Potter books
- 115 — chi
- 116 Stupefy
- 117 Angel player Della
- 120 Transverse rail support
- 123 Courage
- 126 Track-and-field event
- 128 Tangles
- 129 Come next
- 130 Irish city near Killarney
- 131 Scares
- 132 — Park, Colorado
- 133 Indian lutes
- DOWN
- 1 iPad Air, e.g.
- 2 Côte d'— (country in Afrique)
- 3 Cocktail bar
- 4 Flashy hoops shot
- 5 Latin "Lo!"
- 6 Tool-holding buildings
- 7 Lawn lunch
- 8 Oar wood
- 9 Sky color, in Cannes
- 10 Religious branch
- 11 Rug rats
- 12 No longer sailing
- 13 See 73-Down
- 14 Univ. dorm monitors
- 15 BYOB part
- 16 Cast list
- 17 Froth made by waves
- 18 Ward of Miss Havisham
- 19 Pittsburgh footballer
- 24 Quinn who played Annie
- 28 Tachometer abbr.
- 32 Walks laboriously
- 34 "Who's there?" response
- 35 Nary a soul
- 37 Uptight
- 38 Animal skin
- 40 City of Iowa
- 41 Tit for —
- 45 Gymnast Comaneci
- 47 Cherry with the 1989 hit "Buffalo Stance"
- 49 Number of deadly sins
- 51 Chastain of soccer
- 52 Tin Man's container
- 53 Coalitions
- 54 Gives a hand at a card table
- 55 Mechanical learning
- 56 Carmen of "That Night in Rio"
- 57 East Indian lentil stew
- 62 Scripted lines
- 63 Inuit or Yupik language
- 64 Benumb
- 67 Tag team, e.g.
- 68 Deg. for a painter
- 69 Female cells
- 72 Hot planet
- 73 With 13-Down, it's risky to skate on
- 74 Opposite of east, in Spain
- 75 "By gar!"
- 78 Trump — Mahal
- 81 Elevator part
- 83 Send via PC
- 85 Stepson in "I, Claudius"
- 86 Thing read on a Kindle
- 88 Low cards
- 90 — sci
- 91 "O" in a letter, maybe
- 92 Essence
- 93 Isn't naughty
- 94 Super-insect of 1960s TV
- 95 City near Anaheim
- 100 More slothful
- 102 Means of exit
- 103 That lady
- 105 Mothers' brothers
- 107 Head Hun
- 108 Luise of "The Good Earth"
- 109 Long fights
- 111 Lavish meal
- 112 Giggly laugh
- 114 Wrongful acts, in law
- 118 Phoenix hoopsters
- 119 Once, old-style
- 121 Goa dress
- 122 Some jazz singing
- 124 Org. for pucksters
- 125 Mid grade?
- 127 Fitting



King Crossword

ACROSS

- 1 "If I may interrupt, ..."
- 5 Pen filler
- 8 Otherwise
- 12 African gully
- 13 Born
- 14 Sweetie
- 15 "Metamorphoses" poet
- 16 Make less intense
- 18 Disappointment
- 20 Shampoo directive
- 21 Author Buscaglia
- 22 Cravat
- 23 Fireplace minutia
- 26 Square dance party
- 30 — constrictor
- 31 Prompt
- 32 Court
- 33 Overwhelm
- 36 Archipelago components
- 38 Suitable
- 39 Modern-day evidence
- 40 Frighten
- 43 Dusk
- 47 Prison security measure
- 49 Pelvic bones
- 50 Baseball's Hersher
- 51 Varnish ingredient
- 52 Breaks a Commandment
- 53 Simple
- 54 Coloring agent
- 55 Slam-dance
- DOWN
- 1 MPs' quarry
- 2 Own
- 3 Tend manuscripts
- 4 Center
- 5 Halved
- 6 Night light?
- 7 Barbie's companion
- 8 Formed a vortex
- 9 Ponce de —
- 10 Cutting tools
- 11 Sea flyer
- 17 Great Lake
- 19 "— the ram-parts ..."
- 22 Pirouette pivot
- 23 Recede
- 24 Cattle call?
- 25 Satchel
- 26 Attila, e.g.
- 27 Hooter
- 28 Trouble
- 29 Ph. bk. data
- 31 100 lbs. Ogden
- 34 In an ominous way



- 35 Newspaper pg.
- 36 Hostel
- 37 Cruel treatment
- 39 Conical-cap wearer
- 40 — gin fizz
- 41 Cat of "Iron Chef America"
- 42 High cards
- 43 Vacillate
- 44 Hodgepodge
- 45 Victories
- 46 Doggerel
- 48 Antiquated

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U I T I S T C A R T N O C R B
T Q P W O S E L B A U L A V M
L K I H S D N O M A I D G E D

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Bonds
Cash
Coins
Contracts
- Deeds
Diamonds
Jewelry
Keys
- Licenses
Passports
Policies
SS cards
- Titles
Valuables
Will

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Despise									
AHOTEL	_____	_____		<div></div>	_____		<div></div>	_____	
Display									
UNFLAT	_____	_____	_____		<div></div>	<div></div>		_____	
Beyond									
TEDIOUS	_____	_____	_____		<div></div>			<div></div>	_____
Fiend									
TUBER	<div></div>								

TODAY'S WORD

4	8		5					3
		7		9			6	
	1				6	4		
		8	7				4	
	5				8			1
9				4		3		
	4				5			2
2			4				1	
		3		1		7		

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

BY
HENRY BOLTINOFF



Differences: Collar is smaller. 2. Birdhouse is missing. 3. Pot is different. 4. Sign is smaller. 5. Scarf is different. 6. Lamp is missing.



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FRIDAY
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High: 61 Low: 55




SATURDAY
Sunny
High: 66 Low: 50




SUNDAY
Sunny
High: 70 Low: 64




MONDAY
Partly Cloudy
High: 68 Low: 62



TUESDAY
Mostly Cloudy
High: 69 Low: 63



WEDNESDAY
Sunny
High: 72 Low: 66



THURSDAY
Sunny
High: 74 Low: 68

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	5:36 pm	12:48 am	None	None	Fri	4:41 pm	12:50 am	None	None	Fri	7:09 am	12:56 am	5:56 pm	9:58 am	Fri	7:46 pm	4:04 am	None	None
Sat	6:47 pm	2:06 am	None	None	Sat	5:52 pm	2:08 am	None	None	Sat	7:27 pm	2:08 am	None	None	Sat	8:57 pm	5:22 am	None	None
Sun	12:49 pm	4:14 am	9:15 pm	2:51 pm	Sun	11:54 am	4:16 am	8:20 pm	2:53 pm	Sun	1:01 pm	4:07 am	9:35 pm	3:48 pm	Sun	2:59 pm	7:30 am	11:25 pm	6:07 pm
Mon	1:07 pm	5:09 am	10:30 pm	4:21 pm	Mon	12:12 pm	5:11 am	9:35 pm	4:23 pm	Mon	12:20 pm	5:01 am	10:40 pm	4:44 pm	Mon	3:17 pm	8:25 am	None	7:37 pm
Tue	1:26 pm	5:54 am	11:29 pm	5:18 pm	Tue	12:31 pm	5:56 am	10:34 pm	5:20 pm	Tue	12:29 pm	5:49 am	11:35 pm	5:35 pm	Tue	12:40 am	9:10 am	3:36 pm	8:34 pm
Wed	1:41 pm	6:30 am	None	6:01 pm	Wed	12:46 pm	6:32 am	11:21 pm	6:03 pm	Wed	12:52 pm	6:30 am	None	6:20 pm	Wed	1:39 am	9:46 am	3:51 pm	9:17 pm
Thu	12:16 am	7:01 am	1:54 pm	6:39 pm	Thu	12:59 pm	7:03 am	None	6:41 pm	Thu	12:16 am	7:05 am	1:18 pm	7:01 pm	Thu	2:26 am	10:17 am	4:04 pm	9:55 pm

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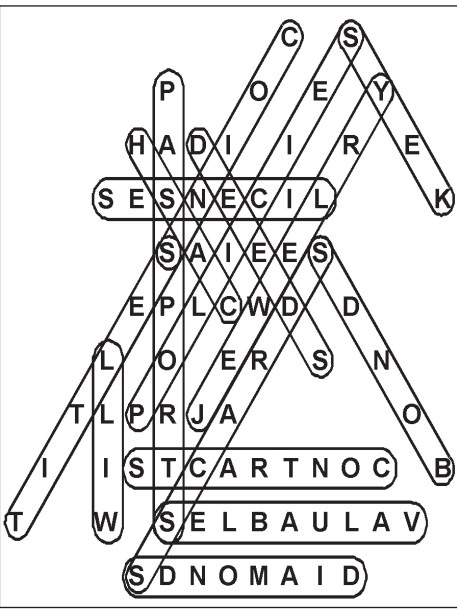
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SUDOKU

4	8	6	5	2	7	1	9	3
3	2	7	1	9	4	5	6	8
5	1	9	3	8	6	4	2	7
1	3	8	7	5	2	6	4	9
6	5	4	9	3	8	2	7	1
9	7	2	6	4	1	3	8	5
7	4	1	8	6	5	9	3	2
2	9	5	4	7	3	8	1	6
8	6	3	2	1	9	7	5	4

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3/2 ★ 3/9

ESTATE SALE

MARCH 10th and 11th, 9AM-4PM
9209 KINCAID COURT - CORNER OF SAN-CAP AND KINCAID - SANIBEL
LAZY BOY SECTIONAL, BEDROOM SET, LAMPS, TABLES, BOOKCASE, WALL/TV UNIT BEACH/SHELL DECOR, SHELL DESIGNS, XMAS DECOR, TOOLS, FISHING GEAR/TACKLE LINENS, TOWELS, DISHES, SMALL APPLIANCES, PICTURES. EVERYTHING MUST GO!
RAIN OR SHINE

3/9 ★ 3/9

MULTI-FAMILY GARAGE SALE

Living room, dining room and lanai furniture; electronics; home accessories; and more. March 17th from 9AM to 2PM - 1649 Sand Castle Road, Sanibel.

3/9 ★ 3/16

PSA

PUBLIC SERVICE ANNOUNCEMENT

ADDICTION SCREENINGS

Narconon can help you take steps to overcome addiction in your family.
http://www.narconon-suncoast.org
Call today for free screenings or referrals.
877-841-5509

3/2 ★ TFN

My Stars ★★★★★

FOR WEEK OF MARCH 12, 2018

ARIES (March 21 to April 19) You could have some problems with doubters who don't share your enthusiasm for that new project you're supporting. But use the facts to win them over to your side.

TAURUS (April 20 to May 20) Someone is impressed by how you managed to get your case to the right people, despite attempts to keep you on the outside looking in. Expect to hear more about this.

GEMINI (May 21 to June 20) Good for you – your gift for seeing both sides of a dispute helps cool down a potentially explosive workplace situation. Some family-related tensions also begin to ease.

CANCER (June 21 to July 22) Your determination to prove yourself is put to the test by midweek. Counting all the positive factors you have going for you will help you get over your self-doubt. Good luck.

LEO (July 23 to August 22) Several co-workers are still determined to resist coming over to your side. But don't let that stop you from presenting your proposal to the people who count. Stay the course.

VIRGO (August 23 to September 22) You might prefer to be taken on faith and not have to prove yourself. But the truth is, you need to offer more facts if you hope to persuade people to accept what you say.

LIBRA (September 23 to October 22) A family situation takes an unwelcome turn. While others might be looking around for answers, you'll soon sort it all out logically, and the matter will be resolved.

SCORPIO (October 23 to November 21) Someone might try to create doubt about your reliability for his or her own agenda. But your reputation and your colleagues' long-standing faith in you saves the day.

SAGITTARIUS (November 22 to December 21) An unexpected change of plans forces you to come up with an alternative by the end of the week. Look for colleagues to offer valuable suggestions.

CAPRICORN (December 22 to January 19) Nothing upsets the Goat as much as broken promises. But before you vent your anger, consider that this could ultimately prove to be a blessing in disguise.

AQUARIUS (January 20 to February 18) An old workplace problem you thought you had solved for good resurfaces. But this time, co-workers will take a more active role in helping you deal with it.

PISCES (February 19 to March 20) Be careful not to be misled by a negative reaction to one of your more important projects. If

you believe in it, then it has worth and is, therefore, worth staying with.

BORN THIS WEEK: Everyone appreciates your gift for finding beauty, even where it seems least likely to exist.

THIS WEEK IN HISTORY

- On March 17, 1762, in New York City, the first parade honoring the Catholic feast day of St. Patrick, patron saint of Ireland, is held by Irish soldiers serving in the British army.

- On March 12, 1903, the New York Highlanders join baseball's American League, changing its name to the New York Yankees in 1913.

STRANGE BUT TRUE

- It was Danish scholar and critic Georg Brandes who made the following sage observation: "Poor is the power of the lead that becomes bullets compared to the power of the hot metal that becomes types."

- You doubtless know who Thomas Edison

was – the American inventor of such things as the light bulb, the phonograph and the motion-picture camera. You never learned that he was blind, though, did you? Of course you didn't – he wasn't blind. However, even though he could see, historians say that when he was reading, he preferred Braille to printed text.

- Have you ever heard of a lipogram? It's a work of writing that deliberately leaves out one or more letters of the alphabet. For instance, in 1939 a man named Ernest Vincent Wright published a 50,000-word novel titled "Gadsby," in which the letter e was not used once – the longest lipogram in English.

- Those who study such things say that the trunk of an African elephant has more than 60,000 muscles.

- You might be surprised to learn that the White House had a telephone installed before indoor plumbing was.

- I have some bad news for lovers of the snooze button: Experts say that you're better

off not using it. Researchers have found that the last few minutes of sleep are more beneficial if they're uninterrupted, so it's better to go ahead and set your alarm for 10 minutes later to begin with.

THOUGHT FOR THE DAY

"I learned compassion from being discriminated against. Everything bad that's ever happened to me has taught me compassion." -- Ellen DeGeneres

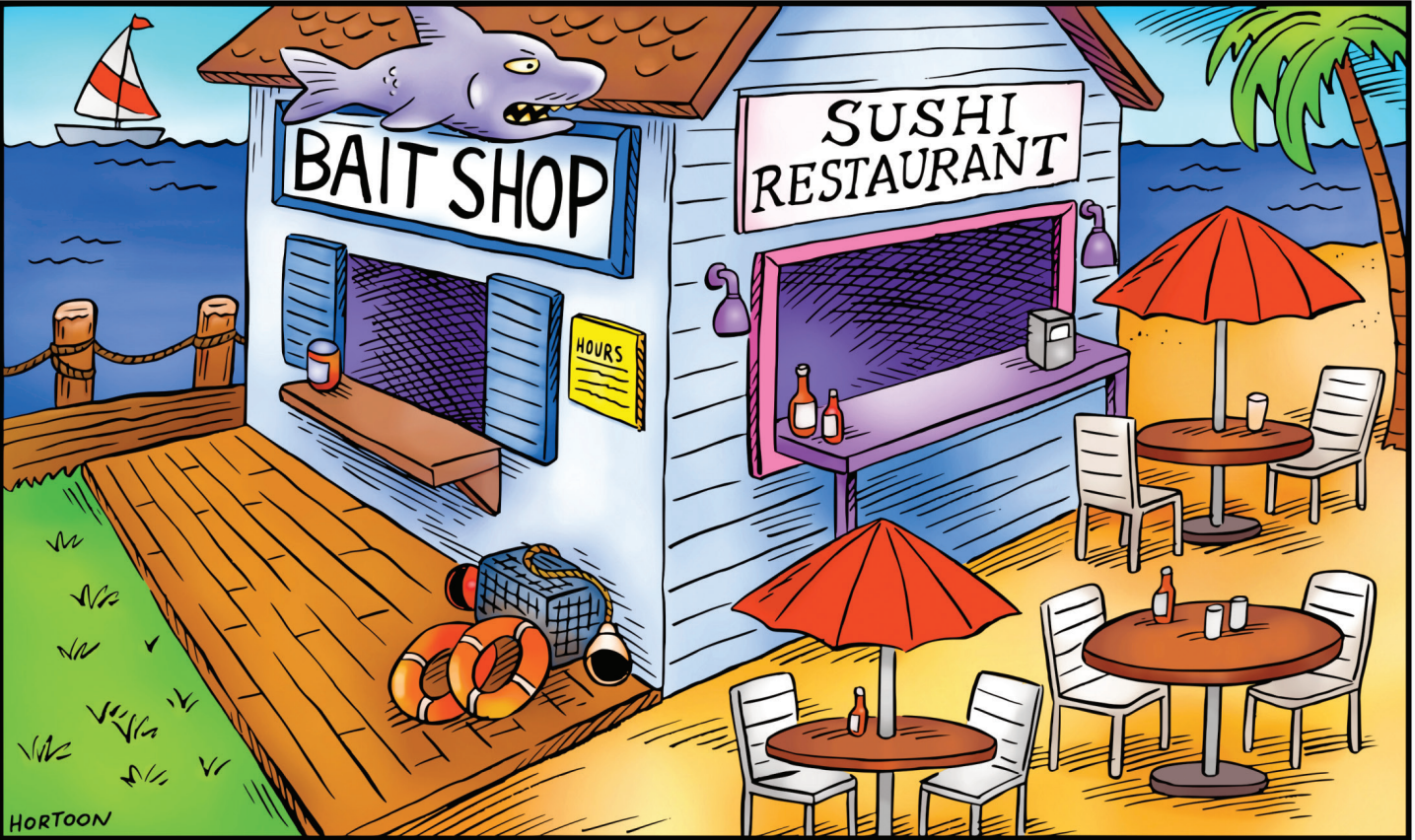
SCRAMBLERS

1. Loathe; 2. Flaunt;
3. Outside; 4. Brute

Today's Word

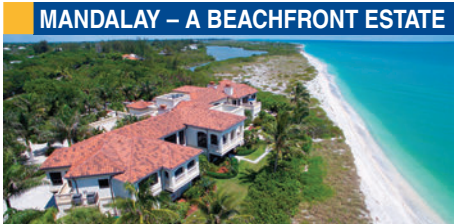
HUSBAND

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2002	4,470	\$5,200,000	\$4,850,000	34
Fa Lanes Bayview	Captiva	2002	3,635	\$2,799,000	\$2,250,000	64
Frowes Subd	Captiva	1948	3,585	\$1,800,000	\$1,884,500	0
Kinzie Island	Sanibel	1990	4,801	\$1,789,000	\$1,700,000	25
Victoria Cove Of Sanibel	Sanibel	1990	3,319	\$1,779,000	\$1,459,500	0
Jose's Hideaway	Captiva	1984	1,748	\$1,499,000	\$900,000	212
Fairview Isles	Fort Myers Beach	1980	2,456	\$1,495,000	\$1,355,000	35
Metes And Bounds	Captiva	1984	2,333	\$1,495,000	\$1,475,000	68
Cape Coral	Cape Coral	2005	3,875	\$1,300,000	\$1,140,000	33
Sanibel Estates	Sanibel	1984	2,640	\$1,295,000	\$1,186,810	92



MANDALAY – A BEACHFRONT ESTATE
6111 & 6089 SANIBEL-CAPTIVA RD., SANIBEL
• 10,700 S.F. of Mediterranean Influence
• Uncompromised Quality & Design, 700' of Beachfront
\$19,975,000 MLS 216039884
McMurray & Nette 239.281.4435



SEASPRAY - BEACHFRONT
1320 SEASPRAY LN., SANIBEL
• 4 BR, 5 BA Home with Majestic Setting
• Hardwood Floors, Impact Windows/Doors
\$3,550,000 MLS 217011639
Tracy Walters 239.994.7975



WEST IS BEST BEACHFRONT NEW LISTING
2611 W. GULF DR. #C102, SANIBEL
• Beautiful Gulf of Mexico and Beach Views
• 2 BR, 2 BA + Den, 1st Floor, Sunset View
\$1,349,000 MLS 218016361
John Nicholson 239.849.3250



POINTE SANTO WALK-OUT NEW LISTING
2445 W. GULF DR. #C3, SANIBEL
• Gorgeous 3 BR, 2 BA, Ground Level
• Spectacular Gulf Views, Income Producer
\$1,184,415 MLS 218015819
John Nicholson 239.849.3250



COMPASS POINT
1299 MIDDLE GULF DR. #232, SANIBEL
• Inviting 2 Bedroom, 2 Bathroom Condo
• Community Pool, Shuffleboard and Tennis
\$689,000 MLS 218005862
Tracy Walters 239.994.7975



BEACHSIDE BEAUTY AT SUNDIAL
1501 MIDDLE GULF DR. #G206, SANIBEL
• Fully Furnished 1 BR, Updated w/Tropical Touch
• 2nd Floor Unit Easily Accommodates 4
\$499,900 MLS 217067862
Fred Newman & Vicki Panico 239.826.2704

Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

North Carolina Locations: Cashiers/Lake Glenville, Highlands and Sapphire Valley/Lake Toxaway

RoyalShellRealEstate.com | 239.472.0078 | RoyalShell.com



POINTE SANTO DIRECT GULF FRONT
2445 W. GULF DR. #E35, SANIBEL
• 3rd Floor Unit w/Stunning Gulf Views
• Popular Complex, Excellent Rental Income
\$1,295,000 MLS 218006573
Andre Arensman 239.233.1414



PRIVATE NEAR BEACH
1321 SEASPRAY LN., SANIBEL
• Desirable Tennis and Pool Community
• Huge Lot, Lovely Setting
\$995,000 MLS 218002223
John Nicholson 239.849.3250



SUNDIAL
1501 MIDDLE GULF DR. #G204, SANIBEL
• Great Gulf View, Terrific Rental Income
• 2 Bedrooms, 2 Bathrooms, Newer Renovation
\$649,999 MLS 217049018
Brian Murty 239.565.1272



BEACHVIEW CC ESTATES
1204 PAR VIEW DR., SANIBEL
• Rare, Near Beach Building Lot, Private
• Golf Course Views, Deeded Beach Access
\$359,000 MLS 215051435
Cindy Sitton 239.810.4772



LAKE MUREX
580 LAKE MUREX CIR., SANIBEL
• Elegant 4 BR, 2 BA Near Beach Retreat
• 3,348 S.F., Short Walk to Beach Access
\$1,249,000 MLS 217075229
Cindy Sitton 239.810.4772



SUNDIAL - DIRECT GULF FRONT
1501 MIDDLE GULF DR. #E104, SANIBEL
• Spacious 2 BR, 2 BA + Den, Ground Floor
• Walkout Lanai to Beach, Exceptional Rental History
\$995,000 MLS 218013189
Brian Murty 239.565.1272



GREAT VALUE NEAR BEACH
3784 COQUINA DR., SANIBEL
• Very Spacious 3 BR, 3 BA Near Beach Home
• Gorgeous Lakefront Location w/Sunset Views
\$599,995 MLS 218001589
Andre Arensman 239.233.1414



78' NEW FLOATING DOCK
ST. CHARLES HARBOUR #A21, FORT MYERS
• Private & Gated w/24-Hr. Security
• Deep Water Marina in Beautiful Protected Cove
\$275,000 Call for Details
McMurray & Nette 239.281.4435



SEASPRAY BEACHFRONT PARADISE
1310 SEASPRAY LN., SANIBEL
• Spectacular, Completely Remodeled 4 BR, 4 BA
• Virtual Tour: www.1310SeaSprayLane.Info
\$5,795,000 MLS 218003649
The Radigan Team 239.691.6240



HIGH TIDE - WEST IS BEST NEW LISTING
2659 W. GULF DR. #B102, SANIBEL
• Desirable Gulf Front Corner Unit in West Building
• Unparalleled Gulf Views, Intimate 14 Unit Complex
\$1,795,000 MLS 218012994
Jason Lomano 239.470.8628



BEACHVIEW CC ESTATES
1304 EAGLE RUN DR., SANIBEL
• 3 BR + Office, 3 BA, Golf Course & Sunset Views
• Beautiful New Construction Ready Soon
\$1,225,000 MLS 218008471
Andre Arensman 239.233.1414



SUNDIAL BEACH RESORT NEW LISTING
1401 MIDDLE GULF DR. #Q404, SANIBEL
• Near Beach Unit w/Enclosed Gulf View Lanai
• Open Concept, Spacious Living and Dining Room
\$975,000 MLS 218014522
Fred Newman & Vicki Panico 239.826.2704



ISLAND DUPLEX GETAWAY
752/754 CARDIUM ST., SANIBEL
• Adorable 2 BR, 1 BA in Both Units, Steps to Beach
• All Updated w/Great Rental Income, Huge Backyard
\$599,000 MLS 217031292
McMurray & Nette 239.850.7888



SANCTUARY COUNTRY CLUB
2515/2517 WULFERT RD., SANIBEL
• Vacant Lot Showcasing #14 Green, Lake & Fairway
• Enjoy Amenities w/Dining, Golf, Tennis & Fitness
\$259,000 MLS 217063941
McMurray & Nette 239.281.4435